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# 启迪



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Riding to a Fulfilling Future

## 李昱言 Li Yuyan

剑桥大学  
University of Cambridge  
兽医学专业  
Veterinary Medicine

眼前这个女孩是今年被剑桥大学兽医学专业录取的北京爱迪学校英国高中优秀毕业生李昱言。但在她看来，被剑桥大学录取，只是自己在高中阶段取得的优异的学习成果，更重要的，这将是她奔赴自我之境的起点。

如果你对她稍微了解一点，你会发现，比起被剑桥大学录取，更让人印象深刻的是，她被马术引领着的成长故事，她完全诠释了这句话的内涵：“做好一件事，比天分和勤奋更珍贵的是，发自心底的那种热爱，当你保持这份热爱，其他东西会跟随而来。”

她身上有许多许多独一无二的故事，可能我们无法分享每个节点，但她身上坚定、勇敢、无所畏惧、诚实的骑士精神以及在成长路上绽放的光芒，是我们想要展现给大家的。

Meet Li Yuyan, Aidi BSE 2023 graduate admitted by Cambridge University, a budding young adult. For her, getting admitted by Cambridge is not only a culmination of her hard work throughout the entire high school period but also a brilliant new start to realize her life value.

The more impressive point about her beyond the Cambridge admission is her story with equestrianism, from which she tells us that compared with talent and diligence, passion is always the key to winning.

Time is so tight to unveil all her stories, but her resilience, braveness, honesty and her spirit of chivalry already speak for her in every aspect, and these are exactly the source of our admiration.

## 1 李昱言的老师们:

“这个聪敏又勤奋的女孩子，定能在兼顾学业与热爱的道路上越走越远！”

2023年刚开年，正和家人团圆的李昱言收到了兔年最惊喜的新年礼物：两封录取邮件，分别来自专业排名世界top1的皇家兽医学院和QS世界大学排名top2的剑桥大学兽医学专业。

两封以“Congratulations”为开头的邮件终是为这段充满坎坷的大学申请之路画上了圆满的句号。

“这一路真的太特别了，那么多意想不到的事统统发生了。”李昱言说道。

刚转学来到爱迪，因为课程进度不同，李昱言有将近40%的课程缺失，“那时候为了帮我快速跟上进度，老师们会抽出他们课下的时间为我补课、讲题，还会帮助我快速适应转学的新环境。”

疫情期间剑桥考试取消转成 POE (Portfolio of Evidence)，POE需要学校上传学生的学习证据作为剑桥重新评估打分的根

据，这十分考验老师平时给予的考核成绩和学生表现，全新的评分机制也充满了不确定性。

“但是最后我所有的科目都拿了A\*。”

“还有后来我决定重新申请兽医学专业的时候，需要老师帮忙重新写推荐信，老师真的很有耐心、不厌其烦地帮我改了好几版.....”再次谈起那段不算明朗的岁月，李昱言眼神里没有抱怨，她感激那段时光和许多给予过自己帮助的人。

李昱言发自内心地说，是他们一直陪伴在自己身边，让她跳出迷茫的焦虑期，用更平和、更宏观、更辩证的角度看待一切问题。

记得初来爱迪时，李昱言对自己的理想还不能清晰阐述，但是因为骑马是她从小到大的重要组成部分，她无比肯定自己未来的学习生活是想要兼顾升学与马术的“双重生活”，想要去到顶尖大学接受更卓越的教育和视野。

事实证明，她做到了“鱼和熊掌”兼得。

学术方面，在老师的帮助下，李昱言快速跟上上课进度，最终以5个A\*，包括数学、进阶数学、化学、物理、生物，雅思7.5 (小分7+) 申请了剑桥。除了优异的学术成绩，李昱言还利用课余时间参加了许多高含金量的国际竞赛，化学、数学、物理、经济国际竞赛等等。因为爱迪拥有34项国际竞赛考点，这更加便利了李昱言锻炼沟通演讲能力，扩充相关知识储备，增加自己的申请优势。

兴趣方面，在北京更加专业的马术训练场里，李昱言也在以自己的节奏进步着，每周都会前往进行高强度的马术训练，并和她的伙伴Eddie完成了一项又一项比赛，获得了中国第二届青年运动会马术项目第4名和全国青少年马术锦标赛决赛第8名的好成绩，向更高级别的赛事奋进。

一方面她要努力跟上缺失的课程进度，提升并保持了自己在学术上的优势，另一方面，她也要“挤”出足够的时间和精力，去发展自己的马术爱好。这其中需要付出的努力可想而知。

老师们将这个优秀的女孩专注奔赴目标所付诸的巨大努力看在眼里，教过李昱言的化学老师闫老师说，“昱言是一个勤奋又聪敏的女孩子，我们看到了她在学术上扎实的基础和向上的态度，看到了她对自己兴趣的坚持和目标的笃定，作为老师，我们尽力托举，希望能助力这个优秀女孩走上自己想走的路。”

## 1 Message from her teachers:

“This diligent and smart girl hit a balance between academic pursuit and strength development.”

At the beginning of 2023, Li Yuyan received her most wanted new year gift - offers from the Royal College of Veterinary Surgeons ( Vet ranking 1<sup>st</sup>) and Cambridge University ( QS ranking 2<sup>nd</sup>).

Her arduous journey of college application has officially come to an end with two congratulations emails, and for sure, the result is nice and sound.

“It has been an absolutely incredible journey, and many things happened in my life are out of my expectation.”

When she first came to Aidi, because of course arrangement, she missed 40% of the courses compared with other peers. “My teachers used their spare time to help me catch up, and help me to adapt to new environment,” she said.

During the pandemic, Cambridge adopted POE(Portfolio of Evidence) to assess students. POE is assessed through students’ daily academic performance which is uploaded by schools, that means it heavily relies on students’ daily performance. “But I gained A\* in all subjects finally.”

“When I decided to apply to Veterinary Medicine, my teachers helped me with my reference letter without any hesitation, and edited several versions.” Speaking of that gloomy time, Yuyan didn’t complain but remained thankful to everyone who helped her before.

Deep from within, Yuyan confessed that she could never get out of anxiety and confusion without their help, and besides, they helped her in developing critical thinking and see things from a



more profound perspective.

When she just joined Aidi, she didn’t quite understand what to do in the future. But there was one exception, equestrianism, a sport that has occupied most of her time since childhood. She was certain that she wanted to keep the balance between academic study and equestrianism and receive higher education at prestigious universities.

And indeed, she has made it in the end.

Academically, with the help of her teachers, Yuyan quickly kept up with her coursework and eventually applied to Cambridge with 5 A\*s in Maths, Further Maths, Chemistry, Physics and Biology, and an overall 7.5 in IELTS (sub-tests 7+). In addition to her excellent academic performance, Yuyan has also spent her time outside of school participating in many high-valued international competitions, including chemistry, mathematics, physics, economics competitions and more. As Aidi is a certified site for 34 international competitions, this has facilitated Yuyan’s communication

and presentation skills, expanded her knowledge base and boosted her application strengths.

In terms of her interests, she is also progressing at her own pace and receiving training in a more professional equestrian ground in Beijing, where she goes every week and has completed numerous competitions with her partner Eddie, claiming the 4th position in the equestrian event at the 2nd China Youth Games and the 8th position in the finals of the National Youth Equestrian Championships, moving on to higher levels of competition.

With a myriad of courses to catch up and extra time to be “squeezed” from her hectic schedule to develop her interests, she tried her best and her endeavors are seen by all.

There are no better ones knowing her better than her teachers. Teacher Yan who teaches Chemistry depicted Yuyan as a smart and diligent girl: “Her hard-working, optimistic attitude and her persistence in pursuing goals are all seen by us, as teachers, we will try our best to facilitate her path forward.”





## 2 由马术引领的成长之路

除了李昱言在学术表现上格外出色和优异外，如今我们所看到的坚韧、坚毅的女孩儿，她的成长也绝对少不了马术，这项在她生命中已经存在了14年的运动。

李昱言对马术的热爱自不必说，甚至在日复一日、长期艰苦的练习后，“天赋”“热爱”这些词都稍显苍白。

还记得初学马术时，在开始跳障碍之前，都要进行很长一段时间的略显“枯燥”的基本功训练，很多初学马术的孩子都会感到厌烦继而放弃，李昱言却乐在其中。就连她的妈妈都曾经问她：“学习马术是不是很烦？”但她全然不觉，她认为每次骑马都是一个全新的与马、与自然接触的机会，自己很享受每一次马术课。

李昱言说自己在一开始学马术的时候很容易落马，那时候体重轻，稍微一甩就飞下去了。每次遭遇这样的状况，都意味着一次巨大的危险。

“有一次我又从马上摔了

来，当时腿摔得动一下都很疼，连我们班主任袁老师都看不下去了让我去看医生，医生也说让我静养。但是第二天我仍然去了马场，因为那天有一场挺重要的比赛。”于是她就拖着受伤的腿一瘸一拐上了战场，圆满完成了比赛。

这么一项很苦很累并且时刻都冒着危险的运动项目，李昱言却从没想过放弃。

在爱迪学校英国高中开学典礼上，李昱言作为优秀学生代表致辞，她分享了很多她与马术难忘的故事。

她说，马儿是很敏感的动物。记得有那么几次，突然一阵微风或者一声汽车鸣笛，座下的马儿就跟遇到了天敌般，唰一下，像疯了似的绕着马场来回跑。这时候李昱言必须在猛烈的颠簸中，攥紧缰绳，压低身体，夹紧马身，如此才能让自己在马背上稳住身形，直到马儿精力发泄殆尽后，速度才会慢慢减下来。这让她学会遇到任何事情都要镇静、稳住自己。

她还说，马术是一项充满变数的运动，马儿并不是时时配合

的。“但是你不能去责怪马。因为人与动物配合是这项运动的独特之处，状况百出才是常态，而我们需要做到的就是尝试在驾驭和顺应时势之间寻找平衡。”李昱言也想得很清楚：有些事情是可以掌控的，而那些必然存在的不确定性，也必须学着接受。

还比如，“在面对每个障碍之前，骑手只有零点几秒的时间控制马去起跳，如果你的马是一个较敏感的性格，那更需要骑手去不断鼓励、控制它起跳。这也是为什么只有骑手有勇气和坚定的毅力才能完成这项运动，一旦连骑手都恐惧、畏怯了，就会很容易失败甚至被摔下马。”这也是马术教给李昱言最重要的一件事——勇敢面对一切，无论是生活还是学习，都要以一颗强大的心脏去面对。

最后的最后，她对学弟学妹们说了这样一番话：“马术引领了我的成长，它教会了我许多受用终生的道理，坚毅的品格、跨越险阻的勇气、失败跌倒后的再爬起。我想把这些成长经历分享，希望能给身处人生关键期的你们一些启发和力量，也愿每个人都能找到心中所爱并全力热爱。”

## 2 Navigate the path forward through horsemanship



Besides her brilliant school record, what actually shaped her resilience is equestrianism, a sport she has dedicated 14 years to.

No cheesy words are needed to describe her love for it, especially after years of hard training, it has gone beyond talent and passion.

When tracing back to the days she first met equestrianism, before the obstacle jump, basic training occupied most of her time. Many children find it boring, but Yuyan quite enjoyed it, even her mother wondered why she didn't show any sign of impatience. But for her, every class was a new experience, an approach to nature and horses.

Yuyan said that she was easy to fall off the horse in the beginning. At that time, she was light in weight and could fly off with a slight shake. Every time such a situation is encountered, it means a great danger.

“There was one time that I fell off from the horse and hurt my legs, every move was painful and my form teacher Yuan sent me to doctors, and I was advised to rehabilitate for a while. But I still made it to the ground the next day because of an important

match.” In the end, she finished the match with an injured leg.

It is such a tough and dangerous sport, but Yuyan has never thought of giving up.

At the BSE opening ceremony, she delivered a speech as a model student, in which she shared many of her unforgettable moments with equestrianism.

She said horses are very sensitive. Some slight sounds could trigger their nerves, like the wind and vehicles. In these cases, the horse, as if it had met an enemy, would swish and run back and forth around the racecourse.

Every time encountering this scenario, she had to tighten the reins, lower the body, and clamp the horse to stabilize her body on the horse's back. The speed would slow down when the horse was exhausted.

Cases like this teach her to stay calm in front of whatever she will face.

She also said: “Equestrianism is a sport full of uncertainties, and horses do not always cooperate. But you can't blame the horse because human-animal cooperation is what makes this



sport unique, it's the norm, and all I have to do is try to strike a balance between taking the lead and adapting their pace.”

Yuyan knows very well that there are some things that can be controlled, and for matters of inevitable uncertainties, she must also learn to accept.

For example, “When facing obstacles, the rider only has a few seconds to control the horse to jump. If the horse is very sensitive, the rider needs to constantly encourage it to jump. That's why only riders have the courage and determination to complete the sport, and once even riders are afraid and timid, they will easily fail or even be thrown off their horses.” This is also the most important thing that horsemanship teaches her, to bravely face everything, whether it is life or learning, one must face it with a strong heart.

Last but not least, Yuyan has a word for her younger peers, “I want to share with you my stories with horsemanship to inspire and encourage you, since it has shaped my character, practiced my resilience, and taught me to be brave in front of any obstacles. Hope you find your passion and go all out for it!”

### 3 重新思考未来，尽自己之力救助更多生命



当李昱言下定决心转换专业重新申请兽医专业时，很多人都表示了惊讶和不理解，要知道兽医学在英国属于医学院，英国医学院对国际学生开放名额极少，综合素质要求高，包括笔试、面试、实习经历等，申请难度很大；且医学专业课业压力大，学制长，极其考验学生的学习能力、耐力和内驱力。

真正触动李昱言换专业的是Eddie的故事，也就是李昱言现在的马。它是一匹勇敢果断的马，它身上有一种勇往直前的劲儿，这让李昱言控制Eddie跳过障碍的时候从不用担心它会突然逃避。

但是意外就这样发生了。在李昱言和Eddie配合最好、差不多是职业巅峰期的时候，Eddie遭受了一次很大的创伤——骨裂，这是一种对于马来说有很大概率无法治愈的伤病。当时昱言咨询了很多兽医，有八个都说救不了建议安乐死。有两个说只能保守治疗。

然而并肩作战了这么久，Eddie早就成为了李昱言不可分割的战友。没有一个人会愿意眼睁睁放弃自己的战友。她决定试一试，“那怕有一丝希望，总归要试一试的。”

李昱言和马工、兽医一起，每天连续不断地给Eddie重复打石膏、换药、喝汤药等繁琐的治疗工序，一直持续了四个月。

那段时间，Eddie被圈在了只能一步宽的缝隙里，腿不能弯曲不能跑跳，不能躺不能卧，甚至不能转身活动，唯一能做的就是站着吃草喝水。但它不吵不闹，那双透着黑亮的眼睛好像知道人类在努力救治它，它信任我们所有的操作。

没有人能准确地说出它不能被救活，但每个人和一匹马都好似坚定了一股信念，努力和病痛抗争，努力活下去。

奇迹般的事也确实发生了，Eddie挺了过来！

那一瞬间的喜悦和激动是无论多少次回想都难以忘却的，那一刻无比清晰感受到所有的付出都是值得的。而这位英勇的骑士终于能再度骑上她的战马奔腾于蓝天草地，并肩作战！而这匹英勇的骏马的传奇故事也将继续延续下去，生生不息！

这段经历也让李昱言萌发了转换申请专业的想法：“我查了很多资料，也慢慢了解了兽医学这个专业。我发现在中国，马的手术基本上都做不了，骨裂在中国基本就是不治之症，然而在外国有机会可以给马做手术，比如说骨裂可以打钉子，然后还有开腹手术。”



她内心深处渐渐萌生了一种使命感：如果可以去国外学习更先进的救治技术，是不是可以救治国内更多的马儿、更多的动物？

李昱言开始重新审视自己的未来。为了进一步探索，她来到兽医院做实习、做兽医助手、亲身体会救治动物的过程，在那里对于救治动物的学习和体验，最终让她确定了把兽医学作为未来专业的这一想法。

“这是一条能兼顾学术和兴趣的道路，也是一条承担了许多责任和使命的道路，我期待即将铺展开的大学学习生活能让我的学术和兴趣再度融合，我期望我所学到的知识能为中国兽医领域贡献自己的一份力量，去救治更多的生命。”

就是这样一个看似柔弱，内心却异常坚毅的女孩儿，一门心思扎进马术这个战场，从一个还不及马腿高的小姑娘，成长为拥有坚毅品格和无畏信念的骑士。也就是这样一个初来爱迪时还不清楚自己未来究竟要做些什么的女孩儿，她硬是凭借自己的“钻研劲儿”与无畏的信念，叩响了世界顶尖学府的大门。

而我们在亲耳聆听了她的志愿后，便更有理由对她的未来充满诚挚期待。我们也祝愿她，以锐不可当之势，在人生之路上策马踏平川，奔赴自我之境！



### 3 Reset the life path to save more lives

Many people couldn't resonate with her when she decided to apply for veterinary science since it belongs to the academic field of medicine with only a few seats open to international students. Students are required to possess excellent competencies and pass several assessments, including written tests and interviews. What's more, veterinary science is tedious and stressful, and its long-term education system also challenges students' ability, resilience, and self-motivation.

But what really prompts her to change career path is her horse Eddie - a brave and decisive horse that will never shrink from an obstacle ahead.

It is such a tragedy that happened in the best time of their life - Eddie was wounded and diagnosed as fracturing of bones. It is nearly a death call for horses and 8 out of 10 vets advised euthanasia to be implemented on him, and the other two suggested conservative treatment.

After such a long time, Eddie has become an integral part of Yuyan's life. She couldn't bear to send him to death without trying. "I have to try even if the hope is slim," she said.

The treatment lasted for four months. She repeated the basic treatment measures including putting on a

plaster cast, changing the dressing and feeding him with the decoction together with horse workers and vets.

During that time, Eddie was trapped in a gap only one step wide, and he couldn't bend or jump or even turn around his body, but he remained obedient, and deep from his black eyes, he seemed to tell everyone that he fully trusted them.

Even though there was no definite answer, everybody and the horse seemed to hold a strong belief that he would survive this catastrophe.

And it did happen later- Eddie made it through!

Yuyan could never forget that tearful moment when all the burdens were lifted and all the hard work paid off. Eddie could finally be back to race with his companion, and its legendary story will pass on from generation to generation!

"By searching tons of materials, I became interested in veterinary science. And I found it nearly impossible to implement surgeries for horses in China. A horse will be sentenced to death once the bone fractures happen. By contrast, surgeries are implementable for

horses in foreign countries, no matter nailing fractures or opening surgery."

A sense of commitment gradually rose from within, she began to seek possibilities in saving more domestic creatures by studying vet abroad.

Getting prepared for the career change, Yuyan strove for an internship in a veterinary hospital. She attended to those wounded animals herself and gave them the best care, and this experience has enhanced her determination to pursue further study in veterinary science.

"I choose a path out of my own interest and academic pursuit. The path is also a commitment, and it is my chosen fate. I wish to incorporate all the professional knowledge I gained into my future work, to help and to contribute more."

This is Li Yuyan, a girl soft in character but strong from within. Her dedication to horsemanship has shaped her into a brilliant rider. And it is exactly her fearless faith and resilient spirit that help her to enter the prestigious university.

After knowing her in person, we have every reason to believe she will craft her brilliance in the future. Sincerely, we wish her a fulfilling life of infinite possibilities with her beloved comrades.



# 毛南方

## Mao Nanfang

伦敦艺术大学  
University of the Arts London

2023年刚开年，来自北京爱迪学校艺术高中的毛南方就在自己喜欢的领域不断收到申请大学的录取通知：伦敦艺术大学计算机艺术专业本科录取、芝加哥艺术学院纯艺录取及 \$72000 奖学金、纽约视觉艺术学院录取及 \$94000 奖学金，还有马里兰艺术学院及 \$180000 奖学金、格拉斯哥艺术学院……

在教过她的老师眼中，这是个极具艺术天赋和才华的女孩儿，她总是有很多奇思妙想，她的思考有着远超出同龄人的深刻，她对情绪、日常、社会等细微角度的敏感度和共鸣常常让人惊叹于她深邃细腻的心灵。

我们曾担心于无法在文章中完整地展示她，但事实是，她也不应该被一篇文章所定义。不断挣脱自己身上的束缚，甩掉身上的标签，勇敢突破别人对自己的固有印象，也是毛南方努力去做的事。没有人或事能定义她，包括她自己。

正如这句话所说：“我们注定要在混沌和破碎中进化，一次又一次地重新建立起自我，成长为更复杂、更深刻、更能应对变化的人。”我们通过这篇系列专访一起走近毛南方的艺术成长～

To ring in the new year, what is better than getting admitted to your dream schools? At the beginning of 2023, Mao Nanfang, an Aidi Art Senior High School graduate, received offers successively from the University of the Arts London, School of the Art Institute of Chicago with a scholarship of \$72000, School of Visual Arts with a scholarship of \$94000, Maryland Institute College of Art with a scholarship of \$180000 and The Glasgow School of Art.

In the eyes of her teachers, Nanfang is a gifted girl with a creative mindset. Meanwhile, she sees things in a more diverse way compared with her peers - she has her unique angle in understanding people and this society.

We were once worried that this article was too short to unveil her, and in fact, she is a girl of infinite possibilities and no one can ever stereotype and conclude her with a few sentences. What she has always been dedicated to is breaking down the boundaries and stereotypes.

Just as the saying goes: "We are bound to evolve and reconstruct to become a better and stronger person." From our Offer Voice series, let's get close to her and her art life.

撕掉身上束缚的标签  
Breaking the Stereotype

成长为不被定义的年轻艺术家  
a Budding Artist Is Ready to Make Some Noise!

## 1 关于艺术：在尝试中突破局限

从小受到家庭熏陶，毛南方对艺术世界总是充满向往。十一年级转学来到北京爱迪学校艺术高中学习BTEC课程，她开始进行系统的艺术学习。

从一个热爱画画的女孩子，到以极具创意和思考的作品集申请到了伦艺等顶尖艺术院校录取，她仅用了短短两年的时间。

回顾这段经历，毛南方感慨自己有了很大的成长。

一开始自己只是喜欢画画、喜欢水彩，喜欢用线条、色彩蜿蜒出一个缤纷的世界。所以跟上BTEC课程后的第一个项目，她选择用自己最擅长的水彩创作一幅画，用浓淡适宜的五彩铺满整张画纸，把对日常的觉察和无法诉说的情绪融入到每一触画笔中。

作品出品时，受到了许多人的肯定。老师鼓励她继续创作，拓展自己的艺术边界。于是她开始自行摸索，把想到的都尝试一遍，挑战更多新的东西，看看会有怎样的效果。

于是，这个勇于突破的女孩子决定迈出自己的舒适区。在第二个BTEC项目中，她尝试了装置艺术和影像，最终以一个影像为最终的作品呈现。整个影像的色调稍微借鉴了自己当时很喜欢的王家卫那种比较艳丽复古的风格。

从调研与素材收集、材料选择与制作、影像策划和拍摄，毛南方发现自己很享受这个过程，“我可以很自由地去做自己感兴趣的领域，我会查很多资料，了解到很多从不了解的东西，这也



毛南方的水彩作品

是一个思维搭建和拓展、知识储备积累的过程，你总能在调研和复盘中发现新的灵感，发现你想探索的其他领域。”

这个过程中，她对艺术的想法渐渐发生了一些转变：“艺术不只拘泥于画画，它可以用不同的媒介去表达，可以承载很多东西。”

在复盘反思自己前几个作品的时候，新的困惑出现了：“拍摄现实生活中的场景，我觉得它太真实了，我有很多的想法都是凭空产生出来的，它不是现实生活的东西能够表达的。”她开始想，有没有什么艺术形式让作品更生动？

毛南方把当时能想到的很多媒介都尝试了一遍，最后到3D建模等计算机技术的时候，她发现这个的灵活程度很高。“一个是你可以结合很多种形式，也可以展现更多非现实的东西，另一个就是我觉得它是我们这个时代的产物，在呈现形式上某种程度展示了这个时代的多元、混合、虚幻又真实。”

除此艺术形式，还有什么可以改变？毛南方当时看到了一个艺术家的作品大受启发，那是一种每次看到都很想笑、很轻松的

感觉，“严肃的语调需要观者去尝试理解它、共情它，其实这个过程是会有点累的，我不想让大家都这么累。所以我尝试去掉了我作品里边严肃的部分，想要让它出来一个比较有趣的效果，像喜剧表演、像喜剧演员一样，把一个内核严肃的东西去轻松幽默地说出来。”

种种思考和尝试之后，毛南方完成了自己目前最满意的一个作品“Specials of the Day”。

天赋加上个人努力，在过去短短两年中，毛南方成为了在爱迪艺术高中成长与蜕变速度最快的人之一：从纯艺、影像到3D建模的媒介创新，从情绪达到状态叙述的内容升华，从严肃到诙谐的语调转变，她不断尝试不同艺术形式的重构和融合，打破、重塑、创新、拓展大概是其中的主旋律。

爱迪艺术高中教务长周周老师谈道：“在爱迪艺术高中，培养技艺只是一方面，我们更鼓励学生去多元尝试，在过程中培养创新思维、批判思维和艺术素养。因为向外探索越多，向内的东西就越丰富。而毛南方就是在这样丰富多元的向外探索和突破中，不断充实了自己的思想和内心。”

## 1 About Art - Seeking Breakthroughs from Breakdowns

Born in a family infused with an art atmosphere, the world of art was a wonderland for Mao Nanfang, and she began to study art systematically the year she transferred to Y11 in Beijing Aidi School.

It only cost her two years - from a girl of mere passion to a mature graduate with absolutely unparalleled artworks and accepted by prestigious art universities like UAL.

When looking back, Mao Nanfang did grow up big time.

In the beginning, she just liked drawing and watercolor, using lines and colors to create a colorful world. So for her first project after joining the BTEC course, she chose to create a painting in watercolor, which she is best at, using the right intensity of colors to cover the whole sheet of paper, incorporating her insights of everyday life and untold emotions into every stroke of her brush.

She gained a lot of recognition when her works were published, and teachers encouraged her to try

further to extend the boundaries of art. So she began to self-explore and challenge the unknown to see how it worked in the end.

In her second BTEC project, she tried installation art and video with a video clip presented at last. She imitated the styles of Wang Jiawei, vintage and lush, to tune her video. This brave girl finally stepped out of her comfort zone.

Mao Nanfang enjoyed the process of making a video, from research to material collection, from ideas to planning and to the final shooting, she indulged herself in it. “I was free to do what I was interested in, and I would look up a lot of information and learn a lot of things I never knew. It's also a process of building and expanding your mind and knowledge base. You can always find new aspirations and discover other areas you want to explore in your research and review,” she said.

Throughout the process, her thoughts on art gradually changed - art shouldn't be constrained to painting but many other mediums instead.

Besides, when looking back at her creations, a thought jumped out: “The real-life scene cannot fully unveil what I want to express, and is there an alternative medium of art that can tell the story?”

She immediately took action to try various mediums, and finally, she found an art medium combined with high-tech skills like 3D modeling that could work out. “It can help to illustrate many abstract ideas, and on the other side, it's a product of the age featuring diversity, chaos, illusion and authenticity,” said Mao Nanfang.

What else can be overturned? Mao Nanfang was enlightened by a master's work. Every time she looked at them, she felt happy and relaxed. “The serious and rigid part of artworks is hard to digest by the audience. I want to eliminate those in my work and try to express in a more humorous way.”

After all the trials and errors, she accomplished the piece that she is most satisfied with - Specials of the Day.

Within only two years, Mao Nanfang became one of the fastest learners in Aidi. She set foot into pure arts, video, and 3D modeling and elevated her expression from pure emotion to a more concrete statement. She tried to express herself through different art mediums and broke, reshaped, innovated, and integrated them when necessary.

Zhou Zhou, Dean from Beijing Aidi Art Senior High School, said: “We encourage students to extend their boundaries, help them foster innovative, creative thinking patterns, and elevate their aesthetic sense during their daily study. The more you extend outward, the more you gain from within. Mao Nanfang is the exact case here.”



Excerpt of 24/7 by Mao Nanfang



Excerpt of Specials of the Day by Mao Nanfang

## 2 关于自我： 很多面的“我”

从毛南方的艺术创作中也能看到，这是一个富有哲学思辨的女孩儿。在她的作品之中，我们始终能看到一个带着疑问、困惑与对艺术的热情，想要去寻找答案的身影。如此，与艺术朝夕相处的过程中，她对自我的认识和顿悟也在不断演变着。

毛南方说自己以前是一个喜欢归类总结的人，比如说“这个作品应该是关于什么的”、“这个作品应该要表达什么的”，在创作落笔前都必须要有个界限分明的框架。她也会像很多人那样选择先给自己贴标签，用一个标准去定义自己，然后从标签出发，去列举、添加各种元素。“大概是那时我一直想把自己归于某个群体中，从中获得身份认同与安全感。”

于是，制作自画像时，一开始她也如惯例般构思过如何做采访或者文字叙述介绍自己。但是，渐渐地她发现这是一件比较难的事情。



“我一直在反思为什么一定要把‘自己是什么样的人’总结出来？人是多维度的面向，以寥寥数字去定义自我，这很可能会扁平化一个人作为整体、立体的存在，局限了自己对自我的理解，也局限了别人对自己的认识。”

“那能否用一种更丰富、更有空间的方式去表达、介绍我自己？它可以给我自身以及想要了解我的人给予很大的空间，我有我想要表达的东西，你也可以在其中拥有属于你自己的想法。”

“Specials of the Day”由此而来。除了作为其中一个作品展示，它也被毛南方作为

她的“self-portrait”（自画像）用于自我介绍。

“比起介绍，更多是观察，观察我生活中特殊又日常的一天，由此可以衍生很多东西。比如火锅、鱼头等中国食物以及从餐厅到隧道的空间转换带有我身份象征和日常轨迹的元素，比如我的三维图像也出现在里面展示了我一部分真实的样貌和性格特点，比如不断变幻扭曲的空间是我对艺术多变性的追求，比如诙谐怪诞的3D画面是我现阶段的艺术风格等等。你都可以这个作品中了解到、感受到，这是我对世界的一种观察，以及自我身份的一种叙述。”

其实，现在毛南方仍然喜欢给自己贴标签，因为她发现贴标签不是错的，更重要的是，要有时刻甩掉标签的准备和勇气。“变化无时无刻都在发生，愿意接受改变，接受不确定性，并去不断甩掉自己身上原有的标签，突破自己的局限性，才是我们应该做的。”

## 2 About Self - A Girl with Many Faces

From her work, we can tell she is a girl with her own philosophic outlook, a girl who is always passionate, curious, and seeking answers. The more she delves into art, the more she knows her inner self.

Mao Nanfang said she was once a rigid person, and that she liked to put everything under frameworks before she even began. Like many others, she liked to put labels on herself for self-identity purposes. “Maybe I was too desperate to gain recognition from a certain group of people,” she said.

So when she began to prepare her own portrait drawing, she tried to define herself, but gradually she found out it didn't go as she planned.

“I always wondered why I insisted on defining myself, and I find it wrong. To define is to constrain, and it doesn't make sense to stereotype anyone. It will hinder your judgment towards other people.”

“So I began to wonder if I could express myself in a richer and broader way, through which I could show myself freely and meanwhile leave some space for others to guess and imagine.”

Inspired by it, Specials of the Day was created and used as a “self-portrait” for Mao Nanfang in her portfolio.

“My work originated from my observation of real life. To observe the daily happenings, I gained a lot of materials for creation, from Chinese cuisines like hotpot and fish heads to some elements in life that I feel related to, together with some locations that can trigger my imagination like diners and tunnels. For example, my 3D images also

appear in it to show part of my real appearance and character traits, furthermore, the constantly changing and distorting space is my pursuit of artistic versatility, and the witty and grotesque 3D images are my current artistic style, and so on. You can understand and feel it all in this work, which is an observation of the world and a narrative of my self-identity.”

Actually, Nanfang still enjoys labeling herself because she feels nothing wrong with labeling a person, but most importantly, one should be ready and brave to get rid of those labels anytime when needed. “Changes are uncertain, but the certain thing is that we should always be ready to accept those uncertainties and seek for breakthroughs.”



毛南方的作品之一“Specials of the Day”节选片段

### 3 关于社会：一个年轻却有力量的声音

在爱迪艺术高中系统性学艺术的两年时间内，受艺术潜移默化的影响和引导，毛南方看世界的视角有了很大的变化，在这个很多人忘记了世界真实模样的当下，她却仿佛逐渐揭开了自己眼前的遮挡，望向现实。

脊柱侧弯，你能想到什么？一种病理的表现？一种坐姿不正导致的体态上的病症？但在毛南方眼中，这可能会有其更引申的涵义。

她说自己之前独自在美国留学的时候，因为爸爸妈妈都不在身边，心理上和情绪上都处在低谷，自己常常喜欢侧趴在桌子上，慢慢地，就发展成了脊柱侧弯。

但是，除了表面的、病理上的原因，是否还有别的涵义？到底为什么我的脊柱会弯，而脊柱代表什么？除了表面的、生理上的，是否还有心理上和情绪上的？

针对这个疑问，毛南方做了很多调研。她看到了中国古代奴婢不得不深深弯腰以显示自己的服从，看到了非洲被奴役者在通往新世界的船上被大大压缩的生存空间，这让毛南方不禁思考：鞠躬、驼背或任何形式的身体压缩，是否是我们被外界挤压，向外界妥协、适应的一种象征？这是否是一个普世的状态：很多时候我们不得不提供自己的一部分去适应社会来获得生存空间？

她观察到了这种生活中处处可见的裂缝：“在这个时代，有一种隐形的力量去收缩人们的生存空间，但这种力量不止来自外界。为了迎合外界的标准，我们还需要被自我修剪，不管是自我、性格、快乐，还有来自各个方面的压制，让自己把自己收缩了。”

“我觉得特别像我们吃得那种豆豉鲮鱼罐头里面的鱼，它在辽阔无忧的大海里出生，然后被捕获，被送到流水线上，被画上红色的标记，被修剪掉不能入口的部位，被随意捏造一个状态，最后和其他被修剪过的鱼挤促地装在一个极其狭小的罐头里……”带着这种思考，这个年轻的女孩儿决定将它展现出来，用艺术创作出来。

在这时，她看到了一幅作品《收缩》——人被巨大的塑料薄膜包裹住，这启发了毛南方尝试不同

的方式来挤压一个人的身体。于是她设计了一个等比例放大的“罐头”装置道具，人必须以蜷缩的姿势进入，她还在其中加入了自己的表演，去表现被挤压被束缚却又无力挣脱的一种状态。

最后的最后，她在作品集中表达了自己的困惑：“这难道是现代进化论的方向吗？难道现在人们进化的都已经没有脊椎了吗？向一种很软体的状态进化，大家都是可以随意被塑造或被捏造的一个状态吗？”

来自一位年轻艺术创作者发自内心的叩问，细微却有力量。

她有锋利的一面。她会避开所有外界试图贴在她身上的标签，她会躲避成长故事的陈言老套。有时，她还会对问题提出不同的看法，在讨论中再次理清自己的思路，保持不断质疑，再质疑，永不停歇。

她也有柔软的一面。因为她见识的深度、对生活的体察、对情感的共鸣，让你感觉这个内秀于心的女孩儿一直用她敏感细腻又充满奇幻想象的精神触角，感知生活中细微的细节，这大概就是艺术创作者所拥有的天赋吧！

而从另一个侧面，她的成长故事也让我们看到，新一届像毛南方这样具有艺术天赋的爱迪艺术学生们，所持有的对未知未来的不设限、对艺术纯粹的热爱和执着、对现实深度的观察和思考。也正是他们，将自己的才华与能量源源不断地注入到作品之中，艺术才获得了经久不衰的魅力和生命力。



毛南方的作品“Offering”节选片段

### 3 About Society - An Observer and Philosopher

During the systematic study of the past two years at Aidi, she has been deeply influenced by art and her way of perceiving this world has changed dramatically. While others' eyes are getting blurred when looking at this world, Nanfang sees her path forward even more clearly.

Speaking about scoliosis, what are you picturing now? Is it a pathological manifestation, or a physical disorder caused by improper sitting posture? In the eyes of Nanfang, she interpreted this in a very different way.

When looking back to the days she studied abroad in the US, without her parents' company, she was in bad mental and emotional conditions and often bent her back to lie sideways on table. Gradually, she caught the scoliosis.

But besides physical disorder, does it imply other meanings? What causes it? Maybe it's a manifestation of mental and emotional problems?

Out of curiosity, Nanfang did a lot of research. When reading about Chinese and African ancient history, she found that servants and slaves had to bow deeply to their masters. The African slaves had to squeeze their bodies to fit in the narrow space on the ship to the new continent. These pictures triggered her imagination - is bowing a sign of compromise? Is it common that we have to hide part of ourselves to adapt to this society?

She sees those constraints are everywhere in our daily life. "In this era, we are all shaped by a transparent force that not only comes from the outside but also from within. To meet the universal standard, we have to polish ourselves and learn to conceal our ego and self-awareness."



"Sometimes I feel we resemble the canned fish. Instead of swimming freely in the vast sea, it is caught and labeled by a red mark, then sent to the production line, and ends up being sealed in a tiny space like all the others." Having this picture in mind, Nanfang decided to make it real through art creation.

Right at that moment, the masterpiece *Contraction* struck her - a human being wrapped and trapped by a plastic film. This piece enlightened her. Finally, she designed a "can" that fits the body size of a human being. Instead of "lying" freely inside, the person had to squeeze the body to fit in. Nanfang also added some performance when presenting this work to showcase how fragile and struggling the person was when getting trapped.

At last, she stated her confusion in her portfolio, "Is it normal? Does it comply with the evolution philosophy? Being shaped and shorn freely, do modern people have no spines?"



Excerpt of Offering by Mao Nanfang

It's the voice from a young artist, minor but powerful.

She has her edges, trying to get rid of those labels that others put on her all the time. No more cliché, as she said firmly. To question and to be questioned, she never ceases her steps in exploring this world and challenging the conventions.

There is also tenderness from within. She always observes the minor changes that happen in her daily life and interprets them with her sensitive and delicate approach. This may be a special talent that artists possess.

But on the other side, from her story, we can tell that Aidi students, as gifted as Mao Nanfang, have the exact same vision that the future is of infinite possibilities. The pure love they have for arts is the source of vitality of their works, and that's also the exact impetus to make art more mesmerizing and lively.



## 赵奇恩 Zhao Qien

洛杉矶音乐学院  
Los Angeles College of Music

在人群中，他的存在并不会主动捕捉人们的目光，他并不张扬，但你很难忽视这个男生。当你看进他的眼睛时，你会发现那里有着无限的故事，仿佛藏着一片海洋。在闲适沉着的气质下，是对于音乐与生活蓬勃的热爱与敏锐的感受力。

他十年级偶然接触到了音乐并从此彻底爱上，十一年级毅然决然从综合类课程转入音乐专业学习。从最初接触音乐，到现在被音乐厂牌收录数首原创作品的音乐制作人，从近乎为零的乐理基础，到接连被洛杉矶音乐学院、MI 现代音乐学院、旧金山艺术大学等知名音乐院校录取，在不到两年的时间内，他飞快成长为一名才华横溢的音乐人。

本期访谈，我们将一起走近北京爱迪学校艺术高中毕业生赵奇恩的音乐成长故事，欣赏他的原创作品，感受音乐为他带来的巨大改变。

In the crowd, he is not noticeable. But when you look into his eyes, there are stories behind them. Under his easygoing outlook, his passion and sensitivity for music and life are hard to ignore.

He encountered music in Y10. He fell in love with it and decided to transfer to music study. Within only two years, he has grown from an amateur to a budding producer admitted to famous music colleges such as Los Angeles College of Music, MI College of Contemporary Music, and Academy of Art University. Let's get a closer look at his story and original music, and see how music impacts his life.

才华横溢的音乐少年，请保持热爱，奔赴下一场山海！  
A Music Genius with His Own Sonata

## 1 初识：在人生的旷野 中来一场狂飙



“之前我甚至怀疑过自己的智商，因为和别的同学比起来，我对学术类课程提不起兴趣，也学不明白。”他尝试过也努力过，但是，毫无起色的成绩让他对任何专业都没有那种具体而清晰的归属感。

不过，在赵奇恩看来，这就是他分为上下篇的高中生活的一小部分，上篇是困境，下篇是新生。

十年级获得人生第一把吉他，十一年级第一次接触乐理知识、尝试编曲，让他初尝创作的喜悦，后来他也成为许多艺术高中老师不断称赞的学生之一；从转专业至大学申请不到一年的时间里他不断创作打磨，发表了数首连业内制作人都给予肯定的原创音乐。

从小甚少接触音乐近乎零基础的他，从来没想到未来的自己会在一个完全陌生的领域来一场大冒险。然而就是这场与音乐的邂逅，让他在音乐制作、编曲创作上迸发出惊人的天赋与潜力，并迅速蜕变成成长起来。

对于这位挣扎着长大的男孩儿来说，音乐像一束光照进了他

的生活，带着他找到了自己的天赋与人生方向所在，也找到了照亮心灵的希望与光芒。

2021年，一个新的选课机制正式启动——由爱迪美国高中&艺术高中副校长杨一帆发起、各学部教师带头的跨学部互通选课让很多学生兴奋不已，这个机制的初衷便是：“让更多学生在多元探索和找寻中发现自己精神世界的归属之地。”

对当时的赵奇恩来说，「互通选课」的出现恰逢其时：“在我正好对音乐与创作产生了兴趣想去学习和了解更多的时候，这个尝试的机会就适时地出现了。可以说，正是在艺术高中第一次接触的、由副教务长李语桐老师主讲的音乐乐理课的这段经历，让我真正确立了自己在未来转向深耕音乐的决心。”

在李语桐老师看来，赵奇恩对于音乐的感知能力和敏锐度超乎常人。她谈道：

“你会发现，他创作的灵感如汨汨源泉般，有人可能需要通过理论方法去塑造，他却好像脑子里天生就有这些东西。

他在音乐中体察到的精神满足，在音乐中获得的认可和肯定，与同样热爱音乐的同伴们在一次次艺术创作和熏陶中缔结的友谊，让正处于迷茫之中的他找到了印证与共鸣，也加强了他想要在音乐上继续去探索的念想。

更重要的是，他的执着和对音乐蓬勃的热情打动了我。作为老师，我们还曾担忧过半路转音乐赛道的艰辛、困难和难以适应，他却十分坚定地、以十二分努力地往前走到了让每个人都想象不到的高度。”

他会自发地在学习音乐方面花费更多的时间和精力，每天坚持练琴、听歌、学习乐理知识。

他会一边认真听讲，一边在笔记本上记下满满当当的重点知识，学习变成一件快乐的事情。

他会因为抠一首歌的细节熬到凌晨，像海绵一样吸收各种各种知识，自学各种和弦指法，完全没有厌烦。

这和赵奇恩之前自暴自弃、迷茫甚至有些摆烂的状态截然不同！他仿佛被注入了活力，对生活的一切充满了朝气蓬勃的展望。

在观察和接触这个男孩儿的过程中，李语桐老师看到了赵奇恩的潜力与才华，当这颗音乐的小萌芽还亟待外界确认的时候，她不吝自己的鼓励和支持，助力赵奇恩转高中往音乐方向发展，“他是一个极富音乐天赋和才华的学生，他在音乐创作上的灵性之高，让我们老师都常常惊叹，这让我对他未来在音乐发展上的可能性充满了期待。”

## 1 Back to the Beginning - An Adventure Starts from a Bold Decision

“In the past, I even doubted whether I was inherently incapable of managing academics, and it never interested me.” He tried and failed, and he could not see any improvement, which brought him a feeling of loss and loneliness.

Looking back, that chapter of his life was over, and he has turned over a new leaf.

Y10 and Y11 were milestones for him, during which he received his first guitar, got to learn music theory, and tried to arrange music. In less than one year from transitioning to music study to applying for university, he published several original songs which gained recognition from industry experts.

Being a stranger to music for his entire life before joining Aidi, he never thought about any further explorations in this field. But it happened, and the first enchanting meeting with music left marks in his soul and sparked his potential in producing and composing music. Now he is a rising star.

For him, music is like a beam of light in his life, leading him to the future and igniting hope from within.

For Qien, this happened exactly at the right time. “The opportunity showed up when I became interested and intended to learn more about music. Precisely, it was when I took the first class of our vice dean Yutong Li that I made up my mind to further explore the world of music.”

In the eyes of Ms. Li, Qien excels in sensing music compared with others. She said: “He has these endless inspirations in producing songs which just comes out of nowhere, like he is born with them, while others may have to be trained to acquire.”

“He finds solace from music, and also commendations from other people. Along the road, he forged deep friendships with those who shared the same vision in music, and they also empowered him to explore further in the field of music.”

“But more importantly, what really impresses me is his passion and obsession with music. As his teacher, we were once worried that he couldn’t handle the stress of learning music halfway. But he made it, conquered it, and reached the level that none of us had imagined before.”

He would spontaneously spend more time learning music theory, practicing music skills, and listening to more songs.



He would take detailed notes when taking classes, stay up late only to finalize some details of a song, and absorb all kinds of knowledge and fingerings like a sponge.

Learning became an enjoyment for him. He didn’t show any impatience amid the tour of study.

He suddenly changed from the inside out, no longer a boy who always felt lost and laid back. It seemed that he was injected with new vitality and would march forward with a completely confident look.

Teacher Yutong spotted this budding music talent at the very beginning, and gave him countless encouragement and support to help him transition to the path of music. “He is such a genius and we are all astonished by his talent. We are looking forward to hearing more exciting stories from him shortly.”

## 2 升华：筑好地基，磨练思维，极限创作

天赋是一种馈赠，它可以在某些关键节点上推动前进，但却无法替代每一步的积累。对于音乐的学习，你必须以热情与努力持续浇灌，它才会回馈你以盛大的惊喜与更为明朗豁然的风光。

放在赵奇恩身上就是，在一年半学期内完成从零基础学习到作品集准备到院校申请的过程，很难，他必须付出千倍万倍的努力去夯实、积累、沉淀。

直到现在，赵奇恩还清晰地记得最开始自己努力跟上课程的崩溃，当音乐系的同学们很早就开始学习更高阶的学习、开始创作的时候，他甚至没有学习过五线谱和熟悉音乐理论。然而他却并没有放弃。

在课上，赵奇恩同时跟着10年级和11年级的班级进度学习专业课程。在课外，他必须不断地通过自学来弥补自己音乐的基础，上网查询、虚心向老师或圈内人士请教，以便尽快跟上课程进度。

扎实了音乐基础之后，赵奇恩开始学习编曲和制作，跟着爱迪艺术高中邱成龙老师学习掌握宿主软件Ableton Live使用技巧、编曲知识还有效果器理论。

对此赵奇恩深有感触，因为他第一个音乐demo诞生于库乐队——一个苹果ipad自带的编曲软件，他一度十分依赖这个操作和功能都很简单的创作工具。

“老师的专业指导真的很重要，他们帮我规范化、专业化了很多知识点，我一开始就是自己

随意尝试，感觉好像就可以作出一个不错的作品，但其实完整系统的音乐训练和专业的技术工具都是必不可少的，这样会帮助我在未来的创作中避开一些弯路，训练我更加精准的感受力和表达力，而不只是一个无从表达内心的、粗糙的作品。”

而对电子音乐的启蒙则源自爱迪艺高音乐系独家定制的“爱迪&环球音乐创作营”，学生们会在职业制作人的带领下深入音乐产业并完成一首曲子的创作。

在专业的录音棚中，赵奇恩完整地经历了一首歌从无到有的诞生流程，包括歌曲定调、作词作曲、配和弦、编曲、添加效果器染色、做各种创意的效果、编辑音色、录音、剪辑，还有混音母带等等。

这些体验给了赵奇恩很大的触动。他甚至把制作人编曲和调效果器的全过程完整录像，回家以后反复观看，同时自己开始做一些电子音乐，整一些好玩的合成器插件，捏自己的音色，实验各种效果器。他以“发现了新大陆”来描述这段经历带来的体会。

后来，他多次投稿音乐厂牌成功，也做了越来越多的曲子，拥有了越来越丰富的经验，也喜欢上了越来越多不同的电音风格……

后来，他多次参加丰富的校园艺术活动和艺术高中实践活动，积累登台演出的表演经验，尽情展示自己的才华……

后来，他陆续收到MI音乐学



院、洛杉矶音乐学院等顶级音乐学院电子音乐制作专业offer，用努力和实力逐渐获得了更多人的认可和肯定！

仅短短三学期的时间，赵奇恩凭借天赋、热爱加上个人努力，成为了在艺术高中音乐系中成长与蜕变速度最快的人。这一切的一切所经历的日日夜夜，每每想来都热泪盈眶。



## 2 At the Moment - Hone the Skills and Keep Grinding

Talent is a gift, it can lift you up at some critical stages but cannot substitute the great power of daily accumulation. Like studying music, only by persistent endeavors and great passion can it bring you rewards and lead the way to the wonderland of music.

As for Zhao Qien, he had to work a thousand times harder than his peers to study music from the ground up and to complete the university application and portfolio preparation within only one and a half years.

Until now, memories of the time when he worked hard to catch up with his classmates because he had just started to learn music theory while others already took advanced courses are still vivid. And thanks god, he didn't give up.

In the classroom, he had to catch up with Y10 and Y11 courses simultaneously. Outside the classroom, he had to build the foundation of music study through self-study, googling and humbly seeking advice from teachers or insiders, in order to keep up with the course as quickly as possible.

Zhao Qien began to learn composition after the foundation was laid. Guided by music teacher Chenglong Qiu, he learned the skills of using the software Ableton Live and acquired knowledge of composition and theories of the effects unit.

Zhao Qien's first demo was created by the Garage Band - an Apple software for composing music. He once relied heavily on this tool, which was easy to use with simple functions.

“But what really matters is my teachers' instruction. They taught me all the knowledge of music theory, which totally overturned my initial understanding of composition and made me realize systematic training and professional tools were irreplaceable, and that will further benefit my future creation and practice my sense and expression of music.”

His enlightenment towards electronic music originated from a study tour, Aidi & Universal Music Camp, through which students were instructed by professional producers to complete the creation of a piece of music. Inside the top-notch recording studio, Qien went through the whole process of producing a song, including setting the pitch, composing lyrics, matching chords, doing all kinds of creative effects, editing sounds, recording, mixing master tapes and so on.

The whole experience left a great impression on him. He even recorded the whole process of composition and went through the video back and forth at home. Meanwhile, he began to make some electronic music himself. Through the process, he utilized different kinds of synthesizers to set different tones and effects. He described the experience as “discovering a new land”.

Later on, many of his submissions to record labels succeeded. Along with that, he produced more and more demos of different styles.

Meanwhile, he exposed himself to many on-campus art activities and social practices, through which he showcased his talent and sharpened his techniques.

At last, his high school journey ended up with several offers from prestigious universities like Los Angeles College of Music and MI College of Contemporary Music, majoring in Electronic Music Production. He is widely recognized by more people for his endeavors and craftsmanship.

Within only 3 semesters, Qien became a shining star at Aidi for his talent, passion and endeavors. When looking back, his eyes are brimmed with tears of appreciation and happiness.

### 3 坚定：成长为更专业的音乐制作人

对于未来，赵奇恩想更深入地了解电子音乐制作。

近些年，电子音乐制作渐渐成为一个热门专业，专业学习中所用的炫酷设备，编曲创作所拥有的更悦动的节奏和超强的氛围感染力，都让年轻人青睐不已。然而，也正是这些让电子音乐在大众眼中常常带有刻板印象。比如，电音就是从街边的动感舞曲中受到启蒙的“土味disco”；借助于先进设备和软件技术，音乐创作就不需要学习完备的音乐理论和基础知识……

“其实并不是。电子音乐的应用范围非常广阔，表演、广告、游戏、电影等，都可以与电子音乐相结合。尤其随着时代发展，各行业对声音的需求也越来越多元。在以前，一曲音乐可能会在作曲家头脑中构思写下后由乐器演奏出来，比如猫和老鼠的背景乐就是由交响乐团演奏出来的，但现在几个音乐制作人用一些效果器或一些合成器完全可以实现。

但这并不是说有了先进设备和软件技术，音乐创作就不需要学习完备的音乐理论和基础知识了。我从来不相信电子音乐制作这个专业比其他音乐专业更简单。这是一个需要大量的音乐积累和重复性训练的专业，同样需要完整系统的音乐体系，需要对工具的熟练掌握，需要对各种音乐风格的学习和尝试。”

赵奇恩向我们介绍了他在艺高上过的一门和声与曲式课，其中就会学习到很多交响乐的理论知识并需要自己尝试去创作，从弦乐四重奏、铜管五重奏到交响，一步步提升，“神奇的是，我以为我做不出来，我一直认为这是音乐院校的研究生才可能写出的作品。但是老师就一直鼓励我让我去试试。结果我去试了一下，发现我能做到，做得还挺好。这也发展了我原生交响乐创作的能力。”

“同时，在学校，我也有很多可以交流的志同道合的同学，在音乐创作中，与圈内优秀前辈以及同学的交流是非常重要的，这会给我的创作提供一个很好的氛围，也让我学习到很多。”

不过他也清楚，对于音乐创作，自己还太年轻了，要成为真正能独当一面的、专业的音乐制作人，



自己还需要付出更多努力。但目前对他来说已经很满足了：找到了自己真正热爱的方向，获得了来自大家的鼓励和肯定，收到了Dream School的录取，这些都让他精神抖擞、感受到了巨大的成就感。

面向未知的未来，他一如当时转学音乐的果敢和坚定：怀揣自己的音乐梦，以破除万难的勇气不断走下去。

细细聆听赵奇恩的音乐成长，对他来说，音乐不仅仅是一种爱好，更是他生命中的一股不可或缺的力量。无论是沮丧、孤独、低谷还是不被理解的时候，是音乐给了他重新启动生活的勇气和可能。

从选择进入艺术高级中学音乐开始，他的人生仿佛按下下一个启动键，一个迷茫、困惑、无助的男孩儿仿佛找到了自己的精神之境，他也从此生根发芽。

他说自己真的很感谢当时勇敢的自己，很感谢支持他如此“冒险”的父母，很感谢一直鼓励他的老师们——为他打基础的李语桐老师、教他软件工具的邱老师、帮他搭建作曲框架的王老师……这一切的一切，让他成长为了今天阳光、自信、乐观的模样。他也衷心地建议学弟学妹们，“如果你也热爱音乐，那就大胆去追吧！”

### 3 Look Beyond - Become an Up-and-Coming Music Producer

When looking beyond, Qien wants to dive even further into the field of electronic music.

These years, Electronic Music has become a popular major. It attracts more and more youngsters with its cool facilities, charming beats, and great atmosphere. Meanwhile, many people stereotype electronic music as street music or disco music. Some of them even think that it doesn't involve any musical theories or basic knowledge.

“It's totally the opposite. The application of electronic music is very broad, including fields like performance, advertising, games and films. In the new era, people's needs for music are becoming more diverse. Back in the old times, composers had to write the rhythms first and then perform through instruments, and that was how the background music of Tom and Jerry was made. But now, composers only need effectors and synthesizers to illustrate a song.”

“But it doesn't imply that we no longer need systematic learning and training, on the contrary, it requires us to practice even more than the traditional way of composition, not only mastering the tools but also trying all kinds of music styles.”

Qien introduced a course he took in art senior high, harmony and musical form, through which he learned many orchestra theories and tried to create by himself, from the string quartet and brass quintet to symphony, improving step by step. “I thought composition was difficult and maybe only graduate students from art schools could nail it, but it turns out that I am also capable of doing it. If you never try, you'll never know. It also built my strength of composing symphonies.”

“What's more, I found many companions around. We shared the same vision in music and I found networking very important. The vibe here contributes to my creation, and I indeed learned a lot.”

Deep down he knows he has a long way to go, but for now, he is content with himself, because he has found a career he really wants, gained recognition from others, and been accepted by his dream schools. Those are all strong adrenaline and dopamine that prompt him to go further.

Facing the unknown, there are always difficulties, but the looks of difficulties may be deceiving, and by persistent efforts, one can conquer them all. Here he stands, strong and undefeatable.

Music has not only been a hobby, but a habit and an indispensable part of his life. Music is the key to restarting his life and kicking away all the depression, loneliness, and misunderstandings.

Qien's destiny was totally altered at the moment he stepped into the building of Aidi Art Senior High School, and a new, brilliant budding artist was born.

He feels grateful for his “reckless” decision to transition to the path of music, and thankful to his parents who always stand alongside with him, Ms. Li who taught him the fundamental knowledge, teacher Qiu who helped him master all those tools and facilities, and teacher Wang who helped him build the composition framework. Without them, he wouldn't become so sunny, confident and optimistic. At last, he shared with his younger peers: “Pursue the light of your heart, whatever it takes.”



## 郭丰铭 Guo Fengming

新加坡国立大学  
National University of Singapore  
计算机专业  
Computer Science

细数爱迪十年路，积跬步至千里！  
Persistence is the Portal to Greatness

眼前这个男孩儿，自信、健谈。采访过程中，无论是陷入沉思还是回答问题，他的目光中总是透露着坚定与真诚。

郭丰铭，北京爱迪学校澳洲高中优秀毕业生，以本届 WACE 国际高考最高分 98.9，早早收获 QS 世界大学排名 Top11 新加坡国立大学的 offer，更是被 QS 专业排名 Top6、竞争最激烈的“计算机专业”录取。

值得一提的是，他自小学一年级就来到爱迪学校，从那时起便与爱迪结下 12 年的缘分。许许多多的老师看着郭丰铭从一个稚嫩懂事的孩童一步步成为现在积极而蓬勃的 WACE 国际高考状元，而对于他自己来说，能在这里度过自己的整个年少时光，这本身就是一件值得欣喜和骄傲的事儿了。

Meet Guo Fengmin, who is not only a confident boy and a great talker but also a scholar who scored the highest - 98.9 in ATAR of Aidi WACE this year and got admitted to the most competitive computer science program ( QS 6<sup>th</sup> ) at the National University of Singapore( QS 11<sup>th</sup> ).

What is notable about his story is his 12 years of experience at Beijing Aidi School. From a little Y1 boy to the best graduate of WACE now, his story has been witnessed by many Aidi faculty members. He feels proud as an "Aidier" and cherishes the time he spent there.

## 1 在适合的阶段做恰当的事，自然而“缓慢”的成长之路

郭丰铭一直不慌不忙，在他身边的人看来，他有着“同龄人少有的那种从容不迫”。他张弛有度地安排着自己的学习和生活，他不在外面报补习班，按着自己的节奏把学习计划表上的“待做”一一打勾，兼顾WACE高考和大学申请的时候也有条不紊，业余还能留出时间来打游戏放松大脑。

在“卷”风盛行的时下，郭丰铭这种状态稍显独特。但回顾他的过往，又觉得这种状态才是最好的状态。

小学阶段，他早早就开始住校，在学科老师和生活老师的帮助下，养成了良好的学习习惯和时间管理能力。在完成了作业和练习之后，在课堂之外的舞台上，他会和小伙伴约着打板球疯跑一下午，会随心地用五彩橡皮泥搭建心中的树屋，也会用乐高积木构建模型来一场星球大战。在艺术领域、体育活动和其他下午课外活动项目中，他以充实而愉悦的方式，收获了一个充满欢笑的童年回忆，也收获着受益终生的教育体验。

初中阶段作为承上启下的一环，将找到自我定位和发展方向放到重要位置。在升学指导课上，学业规划老师为每个学生做了专业兴趣和职业测评，向他们解释各种职业的内容，帮助他们拓宽视野、了解各行各业，从中发现自己的兴趣所在。也是那个时候，郭丰铭有了探索自己未来的专业方向和职业规划的意识，最终确定了计算机这一专业。



后来，他升入澳洲高中，在跟着课程进度的同时开始向外探索，为大学学习计算机专业做准备。他加入计算机俱乐部，学习了好几种计算机编程语言；在老师的推荐下，参加了各种计算机国际竞赛，为课内知识做有效的拓展和补充。

他印象很深的一次学习体验是10年级的PBL Science项目式学习课程。

据PBL指导老师分享，这是爱迪澳洲高中与创新中心合作、以现实世界中航天项目为蓝本的项目式学习课程，为期近一年，整合了核心课程知识如物理、化学、空间科学、编程、建模、英文公共演讲，是国内迄今为止跨学科最广泛、时间跨度最长、最为前沿的PBL教学方法的践行。学生需要经过PBL Science组织的严格选拔，参与到一系列包括设计太空中测量质量装置、设计和构建封闭的生态系统、学习AUTO-CAD以及使用CAD设计太空模型、机器人项目等课程中进行广度和深度的学习。

郭丰铭在航空领域专家的带领之下参观了航空航天博物馆，学习像科学家一样思考，自己收集数据，分析数据，解决实际问题，自己设计并动手制作了一个小机器人——可以远程控制机器臂实现伸缩和抓取，帮助航天员进行高危作业。

在老师的指导下，他查了很多资料，学了很多课堂上没有的知识，又将它们和课本知识结合起来进行实践。“当年轻人被充分地赋权、主动将知识扩展到课堂以外的時候，深度学习就会发生，与之带来的就是思维的构建和眼界的飞跃。”教与学创新中心总监Russell Hazard如是说。

你会发现，这个男孩一路以来的过程都是在适合的阶段做适合的事：培养习惯、享受童年、探索兴趣、确定专业、钻研学术、保持专注，而每个环节又因为老师的从旁规划和自我意识的觉醒而显得从容不迫。他有必要的支持和推动帮助他走在正确的航线上，引领成长，也有充足的空间去探索自己的兴趣，做自己感兴趣的事。

“让孩子‘慢慢’长大，不必揠苗助长。”这也是北京爱迪学校刘丽校长曾对很多忧心孩子成长的家长说过的：“孩子的发展和成长有其规律，在适合的阶段做恰当的事，以恰当的步调行进，让孩子了解自己、知晓自己的兴趣所在、也明确自己要在大学里追求什么，继而成为一个身心健康而完善的人，最终成就他们的整个人生。”

## 1 Start Small and Grow with Time

Fengming has his own pace - no matter in arranging his studies or planning for after-school life. Unlike others, he never took tutorial courses but kept track of his own study by setting up goals from time to time. Even in the most hectic period when he needed to submit a college application while preparing for the examination, he had some spare time to play computer games to relax.

A Chinese character “Juan”, which means involution, has gone viral recently. But surprisingly, he does not get influenced by this trend but sticks to his own pace.

In primary school, he applied to live on campus and fostered good study habits and time-management skills there. In extracurricular activities, he would spend an afternoon playing cricket with his friends, build a treehouse out of colorful plasticine, and build Lego models of Star Wars. In a fulfilling and joyful way, he gained a childhood memory full of laughter and a lifelong educational experience.

Secondary school plays a role in bridging the pedagogical and structural gaps between basic education and higher education, and meanwhile, finding a career niche is of great importance for students at this stage. In the career advisory classes, students could gain insights into their career path through analysis and assessments conducted by the career advisers. At that time, Fengming figured out his own career plan and his desired major - Computer Science.

During his high school time, he further stretched his computer knowledge by learning a couple of computer languages and joining a computer club. He also actively participated in several international computer competitions as guided by his teachers to gain extra knowledge in this field.

What truly impressed him was his experience in the PBL Science project in Y10. The PBL Science project was jointly initiated by Aidi WACE and Aidi Innovation Center. The project employed the most cutting-edge PBL theories and incorporated core courses like Physics, Chemistry, Space science, Programming, Modeling, and English public speaking into the project study. By referring to the space projects in real life, students received rigorous selection and systematic study to design mass measurement devices in space and build complete ecosystems. Students were also encouraged to learn AUTO-CAD to design space models and robots.

Led by the professionals, Fengming also visited the space museum and gained insights into space science knowledge. Inspired by that experience, he designed a small robotic arm that could help fetch and grab things for astronauts, thus helping them complete space missions.

Guided by his teachers, he looked into tons of materials and integrated the paper knowledge with practical experiences throughout the entire PBL study. “When young people are empowered and encouraged to learn outside of the classroom, they will develop a deeper link with knowledge, and along with that, a new structure of thinking will be built,” Russell Hazard, director of Innovation Center said.

Do the right thing at the right time - that's how Fengming did for the past 12 years. He enjoyed his childhood time while developing potential interests. He delved into academics while staying focused on his own goals. His success is attributed to not only his persistence but also the wise guidance from his teachers.

“For children, let them start small and

grow in time,” this is the philosophy that Lily Liu, headmaster of Beijing Aidi School believes. “We follow the principles which encourage children to grow at their own pace. We encourage them to seek answers from within so they can develop to the fullest. A clear understanding of self is the premise to build a fulfilled life in the future.”



## 2 特别的高中生活，也是厚积薄发的开始

2020年可以说是全球的“黑天鹅年”，新冠疫情打破了所有人的生活节奏，也包括当时正在上10年級的郭丰铭。当他回忆起因为疫情而居家学习的日子，不禁说道：“这一年真的太特别了，从那时候开始，我们反复经历居家、返校再居家。”

居家学习时，很多人可能因为远程学习的方式而懈怠，而郭丰铭却开始发力。线上ClassIn学习中课上实时对话、多人互动、学生管理、课后评价、作业及时收发、测验报告等多功能、人性化的设置，让郭丰铭能紧跟老师的课程进度，按照自己的节奏学习课程、查缺补漏。

“老师会跟我们实时沟通，在每个节点提醒我们。我们跟着学业进度走，并找到自己的节奏。高效率、专注力、内驱力、自制力、忍耐力、进取心，这些都是必备的素质。”

慢慢地他形成了属于自己的一套学习方法，“我会提高课堂学习效率，在一个较完整的时间里专注学习，合理安排自己的学习计划和时间。另外一定要提前规划专业，这样参加竞赛时也会有放矢。”

对于课程，面对一般考试不会出现的知识或者是大学才会涉及的知识，郭丰铭也会通过不断地查资料、询问老师，直至彻底理解。

在很多老师眼中，郭丰铭

是一个思维非常活跃的学生，他喜欢深度思考，提出问题，并不断钻研。“在他身上，我看到了一种‘不得到答案不罢休’的执着。他非常享受知识融会贯通那个时刻的喜悦，这种感受又会激励他去提出新问题，去寻找答案。”教过他物理的胡老师这样说道。

郭丰铭提到，他真的很感谢澳高的老师们，是他们线上线下耐心地讲题，安排大学的笔试面试辅导、不遗余力地加持和鼓励，陪伴他克服一道又一道考验。“不管是剑桥的笔试还是面试，老师们都全程陪伴，全力指导，整个申请的过程令我受益匪浅。”



## 2 High School Life - Small Steps Make Big Differences

A “black swan incident” happened in 2020 and interrupted almost everyone’s routine life. When recalling that time, Fengming said: “It is such a special year. Because of COVID-19, we had to move back and forth from school to home.” During the remote study, many peers might feel laid back. But unlike them, Fengming maintained a close-knit connection with teachers and followed every ClassIn procedure including real-time dialogue, multi-person interaction, after-class evaluation, homework receiving and sending, and examinations.

“Through real-time communication with our teachers, step by step, we followed the study schedule and gradually developed our own study pace. Efficiency, focus, self-

motivation, self-constraint, patience, and tenacity are all essential qualities we need to keep going.”

Gradually, he developed his learning method, “I would improve my efficiency inside of the classroom and set a fixed period to study, and besides, it’s better to locate the preferred major earlier, so you will know better how to choose the international competitions to attend.”

For academics, Fengming would make sure to master every detail, even for the knowledge that wouldn’t be tested. He would also go through them in detail and ask teachers for guidance if needed.

In many teachers’ eyes, he is a student who is active in mind and

deep in thought. He is a “questioner”, and always ready to brace for the unknown. “Through him, I see an obsessiveness, a belief that never ceases the finding for answers. He just purely enjoys it, and it prompts him to constantly discover the unknown,” said his physics teacher Hu.

Guo Fengming once mentioned that he was grateful to his teachers. Their patience, company, and encouragement have kept him going from the beginning till the end. Without them, he would never be the man he is now. “Especially during the Cambridge admission, no matter the interview or the written test, they have all accompanied and guided me and I indeed learned a lot from them.”



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### 3 12年，他与爱迪见证彼此的成长

作为几乎在爱迪长大的学生，郭丰铭在爱迪发生的故事很多很多，我们无法用一书页的篇章完整讲述，只能用寥寥数语来勾勒出一个大体轮廓——

2010年，一个懵懂稚嫩的小男孩儿一步三回头地踏进爱迪敞开的校门，在欢迎仪式上，老师们以热情昂扬的致辞欢迎他，告诉他正式成为爱迪“大家庭”的一员，而这个小男孩儿也用稚嫩而骄傲的声音告诉别人今天自己正式成为一名小学生啦。

在这里，他创造了无数个“第一次”个人纪录：

第一次离家住宿、第一次

交到挚友、第一次当众演讲、第一次挑灯夜战为了完成作业、第一次参加竞赛站在讲台上领奖、第一次参加PBL做出了令人振奋的成果、第一次真正享受独处的时光、第一次确认了自己的梦想……

成长和蜕变，就是在这样的过程中悄然发生：从一开始忐忑、生疏的尝试，渐渐变成自信、游刃有余的日常。从承受分离焦虑的小豆包，到每时每刻都很快乐的活泼少年，到最终被名校录取的精英。

在这里，他也见证了爱迪的逐渐完善：越来越多助力学生充分探索的机会和资源、一幢幢崛起的体育艺术学术场地、越来越完善的课程、越来越多年轻朝气的面孔加入爱迪这个大家庭……

12年，如白驹过隙，一闪即过。

毕业典礼上，在老师与家人的见证下，他穿着毕业服，从校长手中接过毕业证。自此，这个在爱迪度过12年时光的男孩将开启大学生活的全新篇章，由此走向更广阔的未来。也正如校长对每个毕业生所期望的那样：“祝你们前途似锦，道路辉煌。”

从1年级到12年级，郭丰铭让我们看到了爱迪K12一贯制教育培养学生的最终模样：有充分探索的快乐童年、不设限的成长经历、清晰坚定的人生航线，有求真求实、探索钻研、知行合一的特质。他将带着这些专属的特质和品格，带着这些珍贵的经历和记忆，自此坚定而自信地走向更为广阔的大学生活及未来！

### 3 12 Years at Aidi, Where Little Wish Grew to a Towering Tree

Aidi has almost witnessed Fengming's entire childhood. His school life can not be concluded in this single article, but the memories of the pathway he has walked through and the milestones he has achieved are vividly alive every time he recalls them.

On a sunny day in 2010, a little timid boy stepped into the main gate of Aidi. Welcomed by his teachers warmly, he delivered a short self-introduction in the classroom, showing the whole world that from that day, he officially became a primary student and a member of this close-knit community.

Aidi has witnessed his many "firsts" - the first time leaving home to live on campus, the first time making a best friend, the first time delivering a

public speech, the first time staying up all night to complete homework, the first time showcasing PBL research result in public, the first time enjoying being alone and the first time selecting his career path firmly and clearly.

He set high and noble goals for himself, and he knew of no better life purpose than pursuing the great and the possible. From a young and timid boy to a budding scholar admitted to prestigious universities, he did grow up big time.

He also observes that changes are taking place here at Aidi: more opportunities, more refined school facilities, more complete curriculums, and more young faces appearing in this big community.

12 years have passed in a blink of an eye.

At the graduation ceremony, wearing an academic dress, he held the graduation certificate passed by the headmaster. From that very moment, a new age was ushered in for him. Just as the headmaster wishes: "The future is bright and promising for every graduate from Aidi school."

From Y1 to Y10, Guo Fenming's success is not only a good example for his peers but also a culmination of the Aidi K12 education model. All those important traits that Aidi fosters, including persistence, tenacity, and concentration have contributed to his success, and he will carry them to an even broader stage of life. Sail on to the new frontiers from now on!

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## 温佳琪 Wen Jiaqi

新加坡国立大学  
National University of  
Singapore

2023年3月，北京爱迪学校澳洲高中优秀毕业生温佳琪一连收到两封满意的 offer，一封是 QS 世界大学排名 Top11 新加坡国立大学录取，一封是 QS 世界大学 Top54 香港城市大学录取及涵盖了四年学费、共计 740,000 港币的国际学生顶级奖学金。

这个女孩儿就是有这样的实力。她一举夺得本届 WACE 国际高考最高分 98.9（代表成绩超越全球 98.9% 考生），高考科目选择了难度最高的数学方法、专业数学、物理和化学组合，还利用课外时间参加了许多竞赛并得奖、参加了康奈尔大学暑期课程。

通过和温佳琪的接触以及老师的评价，我们对她的印象也变得更加具体：在老师长辈眼中她乐观自律、果敢坚毅，在同学朋友眼中，她热情直率、积极向上，一直有着明确的求学目标并为之努力。但她又没有被这些标签牢牢框住，她自主选择、勇敢发声，有着清晰的认知和表达。

本期系列访谈，让我们一起走近这个逐梦新加坡国立大学、想让数据“说话”的理科女孩儿。

Wen Jiaqi, Aidi 2023 WACE graduate, moves her academic journey to the next stage with her head held high as she just received two prestigious university offers in March - one from the National University of Singapore (QS World University Ranking #11) and one from the City University of Hong Kong (QS World University Ranking #54) with a top scholarship for international students covering four years of tuition fees, totaling HK\$740,000.

Jiaqi scored 98.9 in ATAR (surpassing 98.9% of students across the globe), the highest among her peers at Aidi. What's terrific is that she chose the most difficult subjects - Math Methodology, Professional Mathematics, Physics, and Chemistry to be examined. In her spare time, she also attended many international competitions, won dozens of awards, and enrolled in the Cornell University summer course.

Through talking to the teachers and people who know her, her persona becomes even more specific to us - an optimistic, passionate, and tough girl who sets her goals high and clear, and is willing to perish in the pursuit of them. But on the contrary, she seems unwilling to trap herself in those stereotypes, and she chooses to stand tall to face the infinities of the future instead.

Through this article, we will unravel her marvelous journey to the National University of Singapore, and her stories with "Data".

数据驱动的时代，  
In a World Steered by Digital Technology,

我想让数据来“说话”！  
Data Speaks Louder than Words

## 1 找到适合自己的路， 心无旁骛地走下去



十年级从公立校转学来到北京爱迪学校的温佳琪也曾度过一段“适应期”，记得之前自己要在繁重的课业下争分夺秒地复习着，而在爱迪语言中心学英语的每一天却都充满欢声笑语，那一刻她真切感受到了这里与以往学校的莫大不同。

每个班不到20人的学生数量，班主任和学术老师对每位学生的高关注度，自由包容的教育氛围，多元广泛的校园活动，最重要的是她觉得自己作为独立的个体是被尊重的、被引导的，她第一次有了掌握自己人生航线的感觉。

“可能这是教育理念的不同。”温佳琪说，“爱迪的学习生活让我们更加自信，也更懂得如何科学规划自己的时间。”

在爱迪的三年，是快乐充实的三年。即使中间经历了数次居家学习的坎坷，温佳琪稳步上升的学术成绩和逐渐清晰的人生目标印证了她一路以来的成长和蜕变。

还记得来学校的时候温佳琪的初衷很简单——不想在枯燥的题海和应试教育中挣扎。但现在她却是在这些“作业”和“习题”中找到了学习的乐趣。

因为爱迪的作业不是堆山积海的习题手册，而是一个个由浅入深、徐徐展开的项目，随着课程内容的逐渐丰富和加深，温佳琪也逐渐获得了“像玩游戏一样攻克一个个难关”的快乐。

在高一和高二的时候，温佳琪的课余时间从没参加过课外辅

导，在她看来只要紧跟老师的进度，保证专注，一起复习，一起查漏补缺，晚自习和自习课的时间完全足够完成学业任务。

这样的高效率，也看在老师眼中：“温佳琪的专注力和学习效率特别高，对待学习心思纯粹，平时她也是一个班级的领导者，用她的领导力光环影响着同学们，这样的好心态、好品质也是她能够拿到新加坡国立offer的原因之一。”

谈到大众认知里“无人监督、老师鞭长莫及、学生自律意识差”的线上学习的看法时，温佳琪有不一样的感受：“老师们实时沟通、认真负责，更加系统和多样化的学习体验，更行之有效的课程设计和课堂活动，都让我的学术成绩在居家上课时达到一个新的高度。”

“而且这样一段特殊时期的学习经历也为我带来了许多意外的惊喜——在老师的引导下，我也逐渐成为自我赋能的独立学习者。我还有我的一些同学不仅养成了良好的学习习惯和对自我负责的学习态度，还培养了独立自主的学习能力，而这些，都是终身学习的核心要素。”

现在的温佳琪，早已褪去了当初的拘谨和稚嫩，变得眼神坚定、目标明确、思路清晰，在不断修正理想、不断认识自己的过程中，她找到了一条适合自己的道路，“就像自己曾以为会按部就班经历高考，然后回到家乡工作的我，又怎么会想到会在国际教育的机缘下，开辟一条全新的统计学钻研之路呢？”

## 1 Sail on to the Dreamland that Is Already Nestled in Heart

Jiaqi went through her “adaptation period” at Aidi in Y10 after transferring from a public school. Compared with the struggling hours spent in study and the tired faces she met every day in public school, she found that this place was brimmed with smiles.

With less than 20 students in each class, form and academic teachers can focus more on individuals. And meanwhile, with a more enabling and diverse environment and the student-centered philosophy as the guiding principle here, for the first time, she felt that she was given the power to navigate her path forward herself.

“Perhaps the differences stem from the school’s founding commitment,” said Jiaqi, “I’ve become a more confident person since I joined Aidi, and I’m also more able to manage my own time.”

Aidi witnessed her rise in academics during the past three years, and even amid several online study periods due to the pandemic, she still thrived to pursue a better score. And the results didn’t fail her, for sure.

Her original aspiration was simple and clear - getting away from the tedious exam-oriented education and tons of assignments. But at Aidi, she was surprised to find that those assignments no longer looked “crappy” to her.

Unlike the conventional way of study, curriculum topics are tailored for the overall knowledge in general education, with the depth of course content designed for ease of progression and the scope of knowledge that gradually widens with each semester. So like playing Mario Bros, she found that studying here was of great fun.

In Y10 and Y11, Jiaqi never attended any extra tutorial classes because she perceived the course arrangement and study time were already abundant inside the classroom.

Teachers describe her as a highly productive and persistent student, “Jiaqi has a strong focus on study and meanwhile she is a great leader in the cohort. These are all important qualities recognized by the National University of Singapore.”

Speaking of the “unsupervised” online study, Jiaqi holds a different viewpoint. “Through real-time discussion, systematic online training and intriguing curriculum design, my scores have reached the new heights.”

“Furthermore, an unexpected gift was unraveled alongside the online study - I grew to be a self-motivated independent learner. Through this, my classmates and I gained healthy learning habits and fostered independent thinking, these are all essential elements for becoming a lifelong learner.”

No longer a child, Jiaqi became a girl with firm eyes, clear goals and a rational mindset. She crafted her own path forward amid the countless reflections toward herself and the world. “Originally I thought I would go back home for a job after graduation, but who knows, now I’m ready to veer off to the realm of statistics somewhere across the continent.”



## 2 数据驱动的时代， 用统计学解决问题

早在11年级，温佳琪就定下自己大学的专业统计学，她说自己选择统计学是一个水到渠成的过程。

升入高中之后，爱迪澳洲高中副校长马立娟很早就开始跟每个学生谈各自对未来的规划，所以温佳琪早早就有了思考大学专业的意识。考虑到自己比较擅长数理学科，她开始关注数学领域的相关专业。

其中，对她影响较大的一位老师是数学老师张雪颖，她是位认真负责的老师，她敏锐地观察着每位学生的学习心理和状态，又细致地矫正每个学生在学习细节上的失误。澳高三年，温佳琪打下了扎实的数理基础知识，也领略到数学的内在严谨逻辑联系，从中感受到数学的快乐。

除了她在数学教学上极高的专业度外，最令温佳琪感到意外和钦佩的是，张老师数学课程内容里的“有趣、贴近生活”，很大程度上启发了温佳琪。“这让我意识到原来除了在应试考试中获得高分外，数理知识还可以有其他更深远更有价值的意义。”

后来，温佳琪接触了解了统计学这一专业，她深有感触：“统计是一个可以在方方面面得到应用

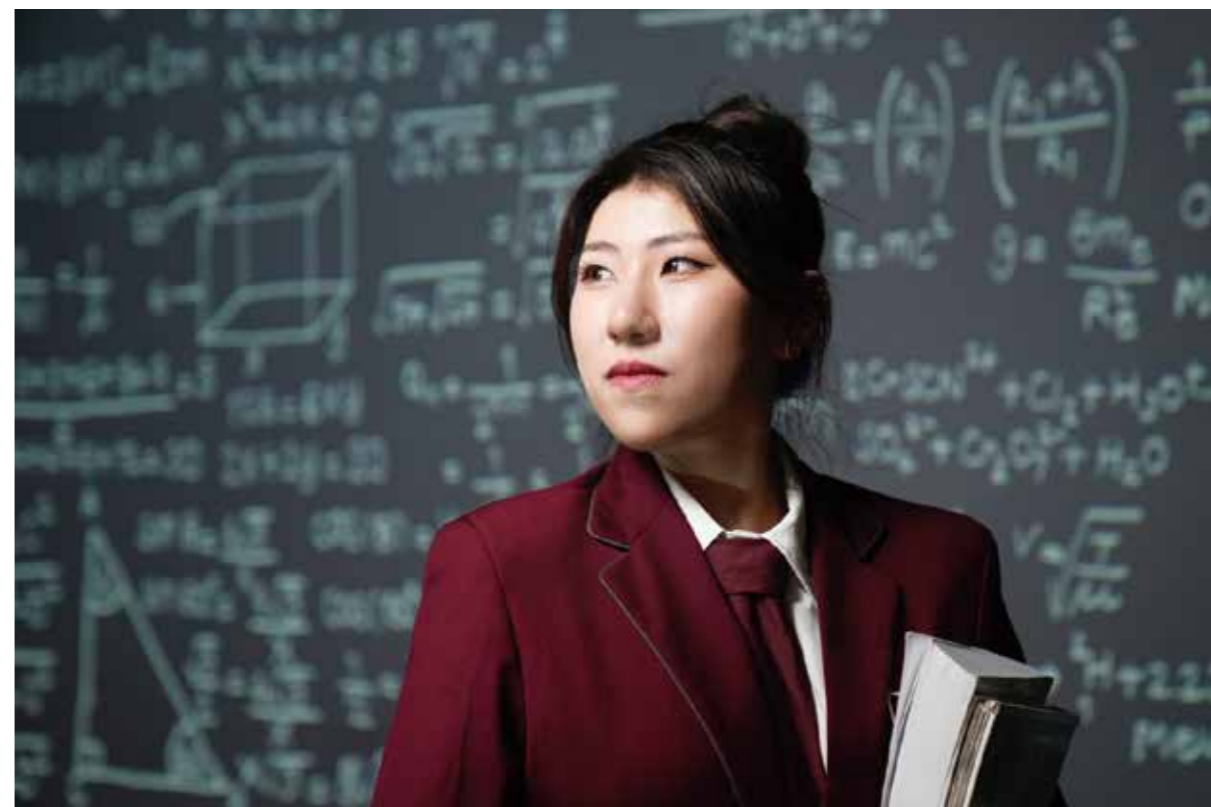


的专业：例如飞机的延误概率、未来的降水概率、企业承受的金融风险能力和蒙受损失的上限以及生物、公共卫生等等.....用上统计学知识，便可迎刃而解。”从此，统计学便在温佳琪心里扎下了根，她觉得这门学科实在很有意思，便有了入门的兴趣。

为了能进一步学习，温佳琪参加了康奈尔大学的暑期课程，学了更多更高阶的统计知识，也让她更开阔了眼界，自学了一些如Python、R语言等技能，尝试用不同于别人的视角去看待和解决问题。

“世界正在急速走进信息时代，很多东西都变得可量化、可分析，很多结果都要由数据来支撑、决策，身处于大数据时代的我们，必须用数据说话。”温佳琪希望用数据驱动的方法解释世界许许多多的问题和困惑，去解读世界、去解决现实问题。

“未来二十年是统计学、数据科学的时代。”温佳琪一直坚信这一点。



## 2 Statistics - Harness the Science Power to Solve Real Life Problem

Jiaqi has set statistics as her future major early in her Y11.

Immediately upon entering senior high, WACE Vice Principal Ma Lijuan organized a one-on-one talk with each and every student for their future goal-setting. That's exactly when Jiaqi began to think about her future pathway. Initially, she narrowed down her choices to math-related majors since she prides herself on mastering science subjects.

A person who cannot be ignored here is her math teacher Xueying Zhang, a discreet person who values academic rigor and remains attentive to every student's needs. With her help, Jiaqi has laid a solid science foundation and meanwhile found pleasure in learning mathematics.

In addition to her academic expertise, teacher Zhang also makes the curriculum interesting and practical. She gave examples of real-life problems being solved through science and digital literacy, and this resonated with Jiaqi: "I realized the value here, not just for high scores, but also for solving problems, which means a lot to me."

As she began to understand statistics, she enthused, "The application of the literacy of statistics is universal, like predicting the probability of a plane's delay and the probability of precipitation, calculating the business risk for companies and the maximum loss they can take, solving biological and public health problems and so on. By harnessing the power of statistics, they could all be solved." Statistics

took root in her heart the first time she encountered it.

To extend her knowledge, she took a summer course at Cornell University, from which she learned more advanced theories and widened her perspective. She learned some practical skills like Python and R language and tried to solve problems in a more diverse way.

"We are entering the information era at a fast pace and quantitative measures can be taken in many ways to solve problems. Face it, data speaks louder than words under many scenarios." Jiaqi wants to further explore this field and tackle problems through statistics.

"Statistics and digital science will dominate our upcoming 20 years," she said firmly.



### 3 选择教育,与其说是选择学校,不如说是选择老师

人生是由许许多多的选择造就的。温佳琪目前的几个选择,她自己都很满意:选择国际路线,选择爱迪澳洲高中,选择统计学专业,选择新加坡国立大学.....

“在爱迪,我可以按照兴趣在自己喜欢的领域尽情探索,在课堂上,我们可以就一个观点与老师深入探讨,或者当我发现了一个新的解法,我就暂时‘扮演’了老师的角色,而真正的老师会坐在讲台下,耐心听我讲完并投来赞许的目光。”

温佳琪说,澳洲高中很多老师都是这样的:理念前卫、博学多才、教学方法灵活多元、课堂风格生动有趣。也正是这些“非一般”的教师一路相伴,才带给温佳琪“包容”“自由”的感觉。

比如,化学学科丁雪老师,爽朗笑声和热烈活跃的气氛是她的“课堂标配”。她会用积极向上的方式激励大家再往前冲一冲,为高考努力冲刺。

比如物理学科胡海,同学们都亲切地称其“海哥”。他的课堂形式非常多样,不只局限于教室里,还会带学生去到课外去实践,他像朋友一样随和,每次下课后还会跟学生们唠上一唠,“能够在传道受业解惑的同时与我们打成一片,简直是我心目中理想的老师。”

“我很喜欢这样的学习环境,这和我性格很契合,没有那种很压抑的感觉,反而十分轻

松愉悦。情绪是会相互感染的,和老师相处的每一天都让我觉得很开心,这也正向促进了我们的学习。”温佳琪笑称,在这个过程中,她感觉整个人都焕然一新了!

在这里,温佳琪也深刻感受到了课堂里的老师才是决定教育质量最关键的因素之一。一所学校,如果没有“人”身处其中,也将只是空空如也、没有生气的地方。在爱迪,老师、学生、家人们——所有身在其中的人,共同构成这个朝气蓬勃的大家庭。

申请季中一个意外的小惊喜:QS世界排名第54的香港城市大学也向温佳琪抛出了橄榄枝!还给了她足以覆盖四年学费、超七十万的奖学金!近年来

香港地区大学成为内地学生和家喜爱的热门大学。香港地区的申请标准日趋提高,在招生时,甚至拒绝过很多A-Level有至少3个A\*的学生。

然而温佳琪笑着说虽然顺利拿到了offer和奖学金,但这个小小惊喜并不影响她逐梦新加坡国立大学的决定,她和父母达成共识——“新加坡国立大学是个非常好的学校,我们都不想错过这个机会!”

新加坡将是温佳琪的下一站,她已经联系了许多澳高往届的学长学姐,提前了解需要的准备。对未知的未来,她没有一点害怕,反而充满了遇见新世界的激动,她也坚信有挑战才有进步,对未来她也会全力以赴!



### 3 Faculty Quality Weighs More than Institution Itself

Our lives are shaped by many choices. The choices she made have been worthwhile and have given her great satisfaction, from choosing Aidi WACE to studying statistics at the University of Singapore.

“Here, I could freely explore the field I like, discuss deeper with teachers in the classroom, and if I found a new solution, I could even be a teacher myself to illustrate to them all, while my true ‘teacher’ sat in the classroom with others and gave me an approving look.”

“Advanced, knowledgeable, open-minded, and humorous” are the keywords when Jiaqi described WACE teachers, and they not only imparted knowledge to her but also incubated an inclusive and free learning environment there.

Chemistry teacher Ding Xue makes a name for herself with her crisp voice, warm smile, and humorous style of teaching.

Physics teacher Hu Hai, known to his students as “Brother Hai”, has a very varied teaching style. He does not confine his teaching to the classroom but takes his students out for extra-curricular activities. He is also as relaxed as a friend. “He is exactly the kind of teacher I admire because he is so knowledgeable and at the same time a friend to each of us,” said Jiaqi.

“I really enjoy studying here because it suits my character, and I have never felt restricted here, but rather so liberated. Good emotions contribute a lot to my studies,” she said, smiling.

It was here that she began to realize that it was the teachers, not the institutions, that really mattered - in other words, it was the people who mattered most. A school can never be “full” without a bonded community consisting of teachers, students, and parents.

In the middle of the application

season, a surprise came her way - the City University of Hong Kong (QS #54) sent her an offer letter with a scholarship worth CNY700,000. Recently, universities in Hong Kong have become top hits for domestic students and their parents. Along with that, the entry threshold has been rising consistently and even students with 3 A\* got rejected.

Though Jiaqi couldn't be more excited about this news, she still sticks to her original choice - the National University of Singapore. This decision is supported by her parents, “We shouldn't turn down the National University of Singapore since it's such a nice place.”

As she sets sail to Singapore, she contacts many WACE alumni for further information there. Instead of being intimidated, her heart brims with passion and excitement. She has made the right choice at the right time. Future, here she comes!



# 李宇航

## Li Yuhang

曼彻斯特大学  
The University of  
Manchester

大众视角下，北京爱迪学校国际高阶十二年级（GA12）李宇航同学的经历可谓之为“逆袭”：

六个月的时间减重 120 斤，一年的时间从成绩平平到被世界 Top28 曼彻斯特大学录取，从之前的迷茫到现在的找到人生方向。

他自评自己不是一直一帆风顺、早就找到方向的学霸，没有绝顶聪明的头脑、一精万精的天赋，只有比别人较晚觉醒的意识和习惯性的努力，但他也达成了自己设定的目标，站上了通向更宽广未来的道路起点。

而这一切的一切，源自一个契机，一个想要改变自己和现状的信念，一个不甘于当下的野心，一个对广阔未来无限的畅想。但是，念头谁人都有，甚至可能产生万万千千，相比仰望星空，更重要的是行在当下，他是怎么做到的？他是如何突破过去懈怠的自己，奋力挣脱出来？

本期系列访谈，让我们一起聆听李宇航这段“逆袭”的经历，也希望他的成长故事能为万千爱迪学子注入更多力量、灵感和信心。

Among the graduation cohort, Li Yuhang from Aidi GA12 is a perfect example of turning the table - from a normal boy carrying obesity to a budding talent who enrolled by the University and Manchester (QS #28) and lost 60 kilograms, he only used 1 year.

Li Yuhang is a late bloomer. Without a brilliant mind and great talent, his career seemed rather bleak 1 year ago. But it is never too late to start, and now he is a strong finisher and ready to jump on a boat that will take him to any distant shore.

He believes in starting small and growing over time. Success can be attributed to ambition, a great opportunity, or a vision for the future. But without solid effort, no one gets to the other side. So how did he make it in such a short time?

We tell his story in this article and hope it will encourage more Aidiers to strive for a better future.

普娃逆袭曼大，只要不停地走，

就会有数不尽的风光  
Persistence is the Vehicle | Arrive in



## 1 多元绽放：广泛兴趣发展

在这之前，你一定想象不到李宇航原来的状态：下了课就窝在宿舍里，学术成绩平平，个人也没有展现出特别的闪光点，时常暴饮暴食从不运动。

而思想的转变源自另一种突破。

44 高二的时候李宇航生了场大病，因为超重和不规律的生活习惯，身体出现了问题。医生说必须要瘦身。妈妈也这样告诉他：“以后不管你学习怎么样，你只要把身体管好就行了。”

那是李宇航第一次正视自己的身体状况，也是第一次意识到自己的人生状况是多么失败。他有一种无比的内疚感：“妈妈本来是对我寄予厚望的，但是自己却让她失望了。”

在医生的叮嘱下，李宇航开始减肥，每天规律作息，控制饮食，注意锻炼，不吃糖，不喝饮料，不吃零食。在六个月的时间里，李宇航从270斤减到150斤。

那时李宇航也在想，120斤都减下来了，还有什么做不到呢？那其他方面是不是也可以提升一下？

他报名参加了主持人俱乐部，锻炼自己更多元的能力。

为了把一整台节目完美衔接，每次上台前，他都会把每个节目名称、参演人员和主持串词默念无数遍，直至熟练到脱口而出。虽然从没有老师要求他不能拿着稿子上台，但他还是会于课余时间下狠功夫，并且在镜子前练习面部表情，只为尽好一个

主持人应承担的责任。而李宇航也在这一场场的历练中，收获着掌控全场的喜悦与成就感。

加入社团以来，李宇航共主持了2场大型活动、1场中小型校园活动，“虽然这不是真正面向大众的媒体舞台，但我还是十分珍惜成为主持人的机会，因为在主持过程中，不仅需要对自身语言表达抱有自信心，还需要锻炼反应能力，随时化解现场可能会出现特殊状况。”

现在的李宇航，已经是爱迪舞台上自信发声的优秀主持人，他出色的表达能力以及淡定的气质深深感染过许多人。

课余时间，他每天都会抽出时间运动。初中阶段的李宇航在体育方面表现平平，与现在的他「大不相同」，“我在初中时几乎不运动，现在每天会去打球。爱迪还是有浓厚的运动氛围的，在操场我可以找到很多志同道合的人一起打球。”

在一次又一次尝试中收获信心。此刻，在这个神采奕奕的青年人眼中，闪烁的是自信无畏的光芒，“一路以来的成长教会了我不要安于现状，做个有野心的人，我们的潜力要比我们想象的大得多。”

## 1 Develop Multiple Interests to Fulfill High School Life



It is hard to imagine a more despondent version of Li Yuhang - an introverted, overweight boy with poor academic performance. Every time class was over, he would rush back to his dormitory and never set foot outside.

This situation continued until disaster struck - he contracted a serious illness in Y11 due to his overweight and irregular lifestyle. The doctors advised him to lose weight immediately. That was when his mother told him, "Aside from the grades, the most important thing for you now is to be healthy."

For the first time, he could not help but examine his condition, and he realized that he was trapped by his own laziness, along with a sense of guilt rising from within: "I've let my mother down. She always has high expectations for me."

So he started here. With regular exercise, a strict diet, no sugar, drinks, or snacks, his weight dropped from 135 kilos to 75 kilos in 6 months.

This really boosted his confidence. He began to wonder if there was anything else he could achieve besides losing weight.

So he showed up at the host club, hoping to push his limits.

To make sure there were no "surprises", he went through the list of names and the host's script a thousand times before going on stage. Although it was not compulsory to go off-script, he memorized every line and practiced every facial expression in front of a mirror. His efforts did not fail him in the end, as evidenced by the thunderous applause that greeted him each time he left the stage.

Since joining the club, he has chaired 2 major events and 1 medium-sized event on campus. "I know that these are all school events, but I still appreciate these opportunities. I feel that they are great opportunities for me to practice my emergency

response capabilities. I should be agile and highly flexible to defuse any accidents that might happen on stage."

Now he has grown into a mature and confident host on stage who has influenced many people with his great skills and calm personality.

In his spare time, unlike in junior high when he failed to show any talent in sports, he tried multiple sports and fell in love with basketball. "Aidi just has this enabling and athletic atmosphere that prompts you to get going. I can always find my companions here to battle on the same ground."

Through all those trials and errors, he builds up his resiliency and confidence which are easily captured in his eyes. "I has been told to remain unsettled all the time by my own experience. Be ambitious and get going now, you are much bigger than you think."



## 2 弯道超车： 从成绩平平到曼大录取

李宇航提升最大的还是他的学术成绩，从成绩平平到被Top28曼彻斯特大学录取，这看似轻松的背后，是必然经历的无数黑夜。

十一年级时，由于A-Level较快的学习节奏和骤增的课程难度，李宇航决定从英高转至GA12年级，却没想到在这里实现升学上的弯道超车。

“当时想的是国际高阶的课程节奏会轻松些，也可以让自己更顺利地升入Top100大学。但后来还是想努力一把升入更好的大学。”李宇航就在这里结识了许多志同道合的朋友，“今年GA12包括我在内已有8枚曼彻斯特大学offer，积极向上的氛围也是我能取得现在成绩的一个关键。”

不过他坦言刚来GA12的时候确实度过了一段“适应期”，不过这个过程中他遇到了很多人

的帮助。

已经快第一次月考了，发现要考的东西还都不会，李宇航就努力跟随老师们的脚步，背知识点，做习题，早上背晚上也背，把书上所有的例题都做一遍……

“这里的任课老师们营造的课堂氛围总是轻松有趣、带有启发性，有助于我们发展思维的多样性。”李宇航回忆说，“对我来说很重要的一点是，他们会帮你培养自信，让你有信心去学。就像我之前学习不好，可能一次两次的考试都不理想，老师们仍然会鼓励我、支持我，让我有动力继续学下去。”

李宇航边回忆，边笑着说那时刷题刷到能让经济老师都“烦”，“老师把16年到20年所有题都发出来，我全刷了一遍，有不懂的就去问老师，老师都惊讶我竟然刷了这么多题。不过这样做的

结果就是，做模考的时候我碰到很多真题。有一段时间，我的作息调整至早上6:30起床听英语，一直学习整理到大概10点，即使吃饭也会戴着耳机学习。因为我清楚自己不是那种天才，我必须多练习多刷题，尽最大努力去达成最后想达到的成绩。”

经过一个学期的努力，他的学术水平取得了显著的提高，在之后的几次模考中稳步提升至年级前三名，直至最后一举斩获曼彻斯特大学offer。

李宇航从英高转到GA12后，还和英高的朋友们保持着联系，“他们有被帝国理工大学录取的、有被伦敦大学学院录取的、有被爱丁堡大学录取的。在我们眼里他们已经很优秀了，但他们仍然为自己的目标不断努力。这极大地激励了我。未来，希望能在英国和朋友们再次集合，重温奋斗的时光！”

## 2 From Average to the University of Manchester

What really impresses him is the improvement in his grades, which leads him straight to the University of Manchester. But his efforts behind the scenes are not to be overlooked.

In Y11, Yuhang decided to switch from the A-Level curriculum to GA 12 due to the difficulty of the course. Little did he know that this would be the turning point in his life.

“At first, I thought GA12 was an easier way to get into the QS Top100 universities, but later I started to wonder if I could do better. It was here that Yuhang met many of his peers who shared his ambition: “Our GA12 got a total of 8 offers from Manchester, including mine, so I suppose the trick here is the supportive environment, which is crucial for us to get better results.”

And he confessed that he did have an “adaptive phase” when he first joined GA12, but fortunately, he was helped by many others.

For example, when his first monthly exam approached, he realized that he could not retain all the knowledge he had acquired. For a tactile learner like him, there was no better shortcut but to stick to every bullet point in the books and do lots of exercises.

“The learning atmosphere created by our teachers is always inspiring and relaxing, allowing us to develop different ways of thinking,” he said. “and more importantly, they help you build your confidence. Like me, even though I failed the first two exams, my teachers never gave up on me and encouraged me to keep going.”

Memories are still vivid when he recalls the time of preparing exams. “My teachers gave me examination papers from 2016 to 2020, and I went through them one by one and consulted them every time I had questions, and you know, they were astonished seeing me complete all that. There was a time when I started learning from 6:30 in the morning until 10 at night. I know deeply that I’m not that kind of smart fella, so I have to work twice as hard to get there.”

In the end, he made immense progress in academics and entering the top 3 in the last examinations. God will never



### 3 关于未来： 远方还需更加努力

因为对商业解决现实问题的好奇以及家庭的熏陶，他最终定下了商务管理为大学专业。收到曼大录取offer后，李宇航无疑是激动的，这是对自己这段时间努力和选择的认可和肯定。但喜悦过后，他开始思考，被梦校录取不是结束，而是一个新的起点，“梦校录取只是开始，学习永无止境。”

他告诉我们，曼大正式录取的要求很高，相比其他人他至少要比别人多考二三十分。

不过在李宇航看来，压力并不是一件坏事。压力，同样也鼓舞着李宇航去拼搏。

“他是个懂得适当对自己施压的人，他愿意不断去挑战和磨砺自己。”所有人都发现了这个男孩的神奇蜕变，包括他自己。他从以往的迷茫敏感的小圈子里脱离，设立清晰的目标和规划，他整个人的精神状态焕然一新。

可能是自己走过弯路，他特别想用自己的亲身经历给予他人一些行之有效的建议和经验。他向我们坦诚地、毫无保留地分享了许多自己如何高效学习、如何做好时间管理、如何保持自律的秘诀，其中一段想要分享给大家，也许其中有些句子能与你产生共鸣：

“找到自己内心真正触动自己的点，而不是人云亦云，得过且过。当时因为自己各方面状态都不好，家里为我找了一些后路。但最后我都放弃了。我始终坚信：人生路漫漫，我们不应该一开始就走‘后路’，掌握自己



的生活、掌控自己的发展路径，这是我们作为‘人’所拥有的真正自由。

比如，想要提升自己的组织表达能力，我就去参加了主持人俱乐部；我尝试了A-Level课程发现不适合我，立刻转向了GA12；遇到难以解决的问题，随时就去问老师。只要你有想法，爱迪完全可以给你足够各式各样的机遇和丰富多元的资源来支持你。但是自我人生的意义终究是由我们自己创造。”

阳光、自信、责任感的光环在李宇航身上绽放的越发耀眼。从当初的成绩平平，到年级前三的巨大提升；从初中的“默默无闻”，到现在的表达能力多元实力并存；从过去的只愿躲在自己的小世界，到现在拥有一群共同进步的小伙伴……李宇航坦言自己在爱迪学校的成长路上收获了许多意想不到的转变，也“很喜欢现在这个不一样的自己”。

“如果你接触宇航，你会发现他的言行举止比同龄人更加成熟稳重，对自己的学业和生活规划非常明确。”李宇航的老师们欣慰地看到，这个平和、踏实、稳健、懂得自律的男孩一路逆袭、弯道超车，终于实现了他现阶段的目标。

取得成就很重要，但对学生成长培养来说，持续突破的抗压能力与自我韧性才是更重要的。在爱迪，他有来自家人、老师和朋友的关注与爱，帮助他直面挫折、重塑信心；他发展了多元的兴趣爱好，在台上台下不断试错、自由成长；他也培养出了极强的自我调节能力，通过运动、读书、倾诉来主动缓解负面情绪。

这一切的一切，都让李宇航在成长过程中不断树立心理韧性。这也让我们相信，他将有足够的底气、资源和韧性去面对未知的未来，勇往直前！

### 3 I May Never Cease the Steps to March Forward

Out of curiosity for the world of business and how it applies to real practice, Yuhang chose Business Administration as his major. He couldn't be happier after he knew his acceptance by the University of Manchester. But not long after that, he calmed down and planned for the path forward. "University acceptance is a starting button to unlock a venture forward."

He told us that the University of Manchester evaluated candidates much more strictly than other institutions, thus he had to strive to achieve 20 scores higher than others to guarantee a seat there. "He is a self-motivated person and brave enough to step out of his comfort zone." And he made it, he embraces a brand new self with clear goals now.

Drawing on his own experience, he candidly gave us some practical advice during the interview, including how to manage study and time effectively and how to stay self-motivated. A simple excerpt follows:

"Find your true passion instead of following others. My family made some backup plans for me during my low tide, but thank God I didn't choose those shortcuts in the end because I believe that life is a long journey, we shouldn't give up at the beginning. As human beings, we have every right to navigate our own lives in every way.

It depends on which parts you want to improve. As for me, I wanted to improve my ability of expression, so I joined the host club; I wanted to improve my academics but found that A-Level was no longer a good fit for me, so I turned to GA12. As for other problems beyond my capabilities, I would seek help from teachers. What

I mean is that you are always the master of your own destiny and the meaning of your life lies in how you make it."

Li Yuhang's aura of sunshine, self-confidence, and sense of responsibility has grown brighter and brighter. From a mediocre student to one of the top three in his class, from a "silent" junior high school student to an expressive and versatile performer, from being in his world alone in the past to having a group of partners working together to improve ..... Li Yuhang admits that he has undergone many unexpected transformations on his journey to adulthood at Aidi School and that he likes the different version of himself now.

"If you get to know him, you will find he is much more mature than other young lads. He knows exactly what he is doing now, both in life and in academics," his teachers once commented on him as so, and they are so glad that this calm and disciplined boy gets what he wants in the end.

At Aidi, we believe that developing resilience is even more important



than achieving high scores. For Yuhang, the encouragement and love of his family, friends and teachers helped to rebuild his confidence; the opportunities provided by extracurricular activities developed his strengths; the hardships and failures he experienced made him tougher and a more self-regulated person.

In light of all the mentioned factors, we believe he is well-prepared, both mentally and physically, to veer off to the realm of the unknown!





## 王嘉亦 Wang Jiayi

伦敦大学学院  
University College London

高效学习多元成长，全能学霸的探索之路  
A Future Economist Ready to Contribute to the Community

提起“学霸”我们往往会浮现出刻板印象——高度数眼镜、书不离手、堆积成山的试卷……其实这只是大众对于学霸的片面认知刻板印象。

北京爱迪学校英国高中优秀毕业生王嘉亦就是这样一个打破“刻板印象”的学生，他在学术上表现出色，成绩单上多个A\*，托福分数高达112（相当于雅思8.0+），被伦敦大学学院难度极大的经济学专业录取；他拥有开阔的眼界和出色的行动力，在不同的领域积极探索开拓；他有一颗心怀他人、乐于助人的心，帮助和影响周围的人；他践行着爱迪“成为兼容并蓄、具有中国心的国际化人才”的精神不断思考：如何为这个世界带来积极影响尽一己之力。

而这些，也仅仅只是他丰富多彩的生命中很小的一部分，更广阔的世界将在他面前徐徐展开。

Speaking of curve wreckers, stereotypes of a group of high-achieving students wearing thick bifocals with a book in their hands at all times arise, but after you know the story of a super scholar at Aidi, you may find the stereotypes rather rigid.

Wang Jiayi, an outstanding graduate of Beijing Aidi School British Senior Education, is the one who breaks through the ceiling - not only does he excel academically with most subjects ranked A\*, TOFEL scoring 112, and admission to UCL, but he also has a great vision for this world and a strong willingness to contribute to his motherland and other communities.

As he sails on, a future of mysterious unknown is ready to unfold.



## 2 股票、摄影、翻译 学业与兴趣全面发展



现在，你脑海里可能浮现出了一个专注、严谨、超迷经济的学霸形象，别急，我们的故事只讲了一半。

他执着，却并不狭隘，他专注却不固步，他学以致用、兴趣广泛到令人惊叹。

疫情居家上课期间，他决定开始尝试交易美国股票和期货，几次琢磨之后，他根据宏观经济基本面、资本流动和市场本身建立了自己的统计模型，这让他更准确地预测市场趋势，并相应地调整了投资组合，超越了标准普尔（Standard & Poor）500美元指数，在2020年实现了55%的利润，在2021年实现了40%的利润。

在经济与其他学科的跨学科方面，他喜欢探索数学和经济学之间的联系，如基于微分的利润最大化证明，统一的需求价格弹性，证明边际替代率是边际效用函数的比率。他也对数学和化学

之间的联系感到好奇，例如通过解决微分方程来推导反应速率方程的积分形式。他对数学应用的扎实理解帮助他在英国化学和澳大利亚科学奥林匹克竞赛中获奖。

初中的时候对计算机感兴趣，王嘉亦学习了C语言，建立和维护了一个网络游戏服务器和一些小型互联网项目。因为他深知，计算机知识的了解和掌握将有助于自己今后更便捷准确的数据分析和风险管理建模。

王嘉亦还用自己出色的英文能力，带领一个志愿团队翻译了YouTube视频，探索观众的习惯，以决定内容和发布时间，该频道在3年内吸引了超过50K的订阅者。

平时，他还喜欢摄影，通过照片寻常生活的碎片，把日常中美好的花鸟鱼虫、烟花、水波，或是微小生命的点点痕迹用摄影的方式呈现出来。

在成长路上，有的人选择循规蹈矩、按部就班，有的则选择不断调整、尝试人生的无限可能。王嘉亦就是后者。在别人看来，他超级“爱折腾”，但是对于他自己来说，这只是一个热爱尝试和探索的男孩恰好发现了自己心驰神往之地。

“任何我觉得有兴趣、有意义的事情，我都会去尝试一下。”王嘉亦这样说。

爱迪学校英国高中校长邹菁也高度赞扬他：“他总是时刻准备着接受更多的新知，迈入新的领域！”

兴趣、好奇心，这看似很常见，也往往被忽视的词语，却是人们保持学习和深究的源动力。引导并支持学生保持好奇心也是爱迪教育体系下培养学生主动学习、终身学习的极为重要品质之一，而王嘉亦，无疑是发扬这一品质的最好例证。

## 2 Stock management, photo-taking, and translation, Jiayi is determined to seek an all-round development.



Maybe now you think you are confident enough to frame him as a super scholar, but hold your horses, he may also surprise you in other ways.

Focused, but not single-minded; persistent, but never self-contained.

During the online study period due to the pandemic lockdown, he started to set foot in the US stocks and futures. After trial and error, he built his own statistical models based on macroeconomic fundamentals, capital flows, and the markets. The invention allowed him to predict the market and make adjustments afterward, and with no doubt, it worked. It worked so well that he even beat the Standard & Poor's \$500 index, achieving 55% and 40% profitability in 2020 and 2021 respectively.

In interdisciplinary studies, he likes to find connections between mathematics and economics, for example, proofs of profit maximization based on the differential, uniform price elasticity of demand, and proofs that the marginal rate of substitution is the ratio of the marginal utility function.

Besides, he also shares an interest in the link between math and chemistry, like using integrodifferential equations to infer the form of the reaction rate equation. His solid understanding of math has contributed to his winning in the UK Chemistry Olympiad and the Australian Science Olympiad.

His interest in learning the computer was “born” during junior high school when he started learning C programming language and built an online game server and some small Internet projects. Deep inside he knew it was essential to solidify computer knowledge to better serve the statistical analysis and risk-management model setting. He has also been involved in a video series translation program on YouTube, leading a team of volunteered translators. Through a well-planned publishing scheme, this channel has attracted more than 50 thousand subscribers in the last 3 years.

Apart from striving for academic excellence, he has also developed a keen interest in photography. The camera is a portal for him to record the fine moments and beautiful stuff

in life, either small animals, fireworks, ripples, or other minor beings, they are all captured by him.

As we grow up, some choose to stick to their original aspirations and follow the fixed routine, while others would never be framed and are always in pursuit of a life full of possibilities. No doubt Jiayi is the latter type. In the eyes of others, he is a “goer” who always wants to try new things, but only he knows that his “utopia” has been found, right there waiting for him.

“I would like to try anything that has a meaning or interests me,” he said.

Even Zoujing, principal of Beijing Aidi School British Senior Education resonated with him on this point: “Wang Jiayi is a great young adult always bracing for challenges in new territories.”

Curiosity is the original inspiration for a person to dive deeper into a field, although this human nature has often been overlooked. He is a walking testimony to Aidi's teaching philosophy: remain curious to embrace new knowledge.

### 3 以蓬勃成长凝聚影响 以积极影响带动周围

和熟悉王嘉亦的老师和同学聊了一圈，我们发现，大家感叹他提及最多的话语，并不是他在哪门科目取得了多高的分数，也不是他又获了什么奖项，而是他的习惯、素养和对他人对社区的积极影响力。

王嘉亦有做笔记的习惯，他将每节课的内容和笔记在OneNote上分类整理、做好标签，用不同颜色的记号笔标出强调的内容，提高下次寻找和学习效率。严谨、细致的学习态度也能从笔记中体现出来。

他告诉我们，这是他自己总结出适合自己的学习方式，他能从中找到学习的乐趣，他通过清晰的笔记，梳理、掌握、运用知识，扎实的基本功积累往往才能让一个人脱颖而出。

除了扎实的知识 and 严谨求真的态度，他还是一个关注时事、有社会责任感的人。一堂课堂讨论中，在亲眼目睹并仔细聆听了老师所讲的COVID-19大事件对全球造成的经济危机后，他总是很想为此做些什么，“在全球金融危机期间，美国使用了各种工具来维持经济，例如通过量化宽松为金融机构提供流动性和偿付能力支持，以及为系统重要性机构直接提供贷款。但是我觉得这些工具被证明在扭转COVID-19危机造成的经济放缓方面不太有效。”

在老师的推荐下，他参加了伦敦政治经济学院的论文竞赛中，并将这个问题作为自己的研究方向。他运用自己在课内课外学到的知识调查了大流行病后的世界高通货膨胀的原因，他根据多维调研和大量数据分析出的结论总结了数条可实行的缓解经济放缓的手段，然而他还是认为现有的知识储备和措施在扭转由COVID造成的经济放缓方面的效果有限，“大学阶段，我想要研究出更创新的、多层面的分析方法和更有效的措施。如果有可能，我希望能为世界经济带来重大而积极的影响。”

在品德和素养方面，在不了解王嘉亦的人看来，这是个很低调内敛的人，而在熟识他的朋友们眼中，王嘉亦总是散发一种积极的影响力。

“还在英高的时候我们就是很好的朋友，他时常会给我一些高效学习建议。在生活中，我也经常



去找他聊天，从成长、社交、到升学，几乎无话不谈。他是我的学习榜样，也是如灯塔般的存在，我很感谢他。”今年被曼彻斯特大学录取的李宇航分享道。

应该没人不愿意和这样的人做朋友。他是引领者，以自己的经验和学识激发周围人的动力和潜能；他是引导者，时常提出新见解，帮助周围人打破思想疆界，带领他们思考更深入的层面；他自身同样是个充满热情又具感染力的人，鼓励并带动更多同学参与学习项目中来。

这样一个懂得学习、享受学习、积极探索、心怀他人的“全能学霸”让我们连连感叹：原来，一名优秀的学生，最令人钦佩的，也最具分享价值的，除了那些成绩、名次、分数等等可量化的部分，更是他自身所带的积极而蓬勃的成长状态。这是任何数据都无法衡量的品质。

回首这几年在爱迪的日子，王嘉亦很感谢老师和同学的帮助，感谢这里包容开放的学习氛围。因为这样的土壤，自己才可以自由地探索，尽情地尝试。

一个人，要在适合自己的环境中，才能获得更好的成长和发展。事实确实如此。

对于这个笃定自己兴趣和方向的男孩，我们相信，这都只是他人生的蓄能点，他不会辜负自己的人生——个性里“斗士”的一面会推着他一路向前，也会让他执着地冲过生活当中原本的许多弯路和险滩。未来，他将会带来更多更精彩的故事！对此，我们充满信心！

### 3 To influence, to help, and to lead the community

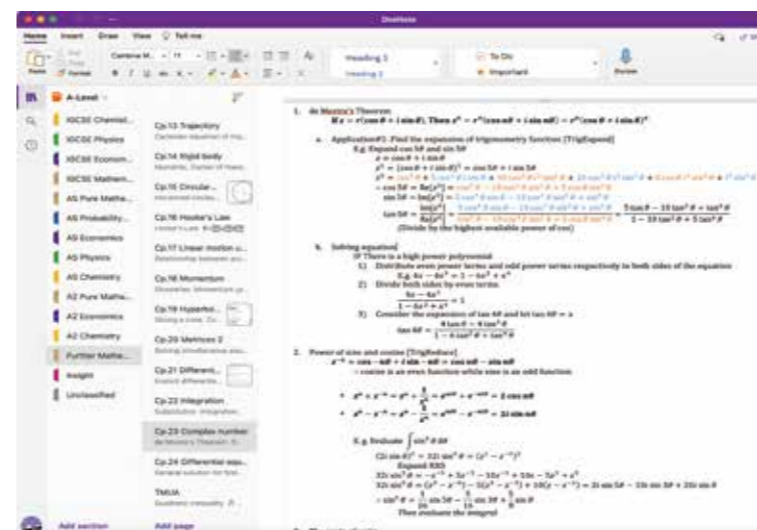
Speaking to the teachers and students who are acquainted with him, we found that the deepest impression he left on them is his great contributions to the community, rather than the academic scores.

Jiayi is used to taking notes and categorizing them on OneNote with different labels so that he can find them easily later. His discreetness in learning could be traced from this small act.

He told us the reason why he kept on note-taking was that the knowledge he gained through classes could be easily digested in a way like this. He forged his great competence in learning through mastering every knowledge point.

Besides his academic prowess, he is also a youngster who cares about our world and the society. In a class discussion about the COVID-19 impact and the global financial crisis caused because of it, he was eager to do something to help. “Amid the previous financial crisis, many measures were taken by the US to tackle it including providing excessive loans for financial institutions and government organizations, however, they have been proven no longer effective for the case related to COVID-19.”

As recommended by his teacher, he participated in an essay competition organized by the London School of Economics and Political Science with this subject as his research goal. He dived deeper into the cause of inflation after the global pandemic and leveraged many tools to find ways to ease the economic slump, however, he felt that his



Wang Jiayi's note



current knowledge base could no longer lead him further to a complete plan to tackle the crisis. “So in the university, I will come up with more innovative and multifaceted measures and if possible, I hope I could be a part of the contributors to the healthy development of our world economy.”

In terms of personality, he may seem a bit introverted to people who don't know him well, but the fact is quite the opposite - he always tries to help and influence others.

“We have been friends since I was in BSE, and he often illuminates me with his brilliant mind. In life, he is a great talker, we barely keep anything from each other. In fact, he is my role model, my beacon, and I remain thankful whenever I think of him,” said Li Yuhang, who was admitted by the University of Manchester this year.

We bet that no one could resist being his friend. Aside from his academic prowess, he is always willing and ready to help, and the impact he has on the community is immeasurable.

Looking back, Jiayi could not be more grateful to the teachers and students who have helped him. Most of all, he thanks Aidi for providing such an inclusive environment and rich soil for him to grow from a tiny seed into a towering tree.

Only in an environment that suits you can you achieve better growth and development. That's what he believes, and so do we. Besides, the tenacity which has been carved into his soul will lead him through countless obstacles in the future. For the future, we hope all is well for him, and we are sure that more brilliant stories are about to come!

## 王钰舜 Wang Yushun

爱丁堡大学  
The University of  
Edinburgh

时间飞逝，毕业悄悄来临。9 年级时从公立学校转学至爱迪的王钰舜，从没想到三年的时间里，自己拥有过如此丰富的经历：

在教室或宿舍里和同学们一起并肩作战，奋斗一个又一个作业、考试；在自己组建的社团里和社员们大开脑洞，撰写一个又一个曲折离奇故事情节；在夕阳朦胧的校园里悠闲散步，绕着操场漫步一圈又一圈；在竞赛场上一鸣惊人，领取一个又一个属于自己的荣誉；对着无人机散落的零件心无旁骛地调配、焊接，冒出的零星火花就像他不断四溢的创意灵感……

这个来自北京爱迪学校英国高中的优秀毕业生即将步入 QS 世界大学排名 Top15 爱丁堡大学开启新的篇章，而在爱迪三年的点点滴滴无疑都为他未来走向世界打下了更为坚实的基础，他也将由此走向更广阔的生活及未来。

Another year of graduation has come as time flies. Wang Yushun, who transferred from a public school to Aidi in Grade 9, never thought he would have such a rich experience in the past three years.

He fought side by side with his peers and finished tons of assignments and exams in the classroom and dormitory; he brainstormed with members of the club he founded and composed various bizarre storylines; he took strolls leisurely on the campus, enjoying the glorious view of the sunset, while acquired endless medals and honors in competitions; he was addicted to the deployment and welding of the scattered parts of the drone, with the sporadic sparks emerging like his overflowing creative inspiration...

This outstanding graduate of Beijing Aidi School is about to start a new chapter at the University of Edinburgh (Top15 in the QS World University Rankings). The three-year experience in Aidi undoubtedly laid a solid foundation for him while he moves towards a broader life and future.

立志成为面向未来的工程师，  
A future-oriented engineer determined

用科技带动“超级酷”的世界变革！  
to revolutionize the world with the force of technology!

## 1 从乐高搭建到自组无人机，成为自驱解决问题的动手达人

王钰舜很早就对电子设备感兴趣，尤其喜欢自己制作，他喜欢拼直升机、小轿车、起重机……在拼的过程中，他说自己对各种机器的内部构造会有大致的了解。当拼好的乐高车装上电池动起来的时候，王钰舜止不住地兴奋。

长大后，他有了更大的想法，他想要组装一架无人机。相比于全套无人机或是大疆，自组无人机性价比更高且能实现自己想要的性能。

说干就干，王钰舜在网上搜索了大量资料，开始对比搭配机架、电机、桨叶等各种零部件，但打开一扇门只是整个旅程中最容易的部分，他还要画接线图，学习如何焊接，如何使用调试相应的电子设备。在一次次枯燥、难度极大的学习实践中坚持下来，才是最考验王钰舜的地方。

“我要自己挑选搭配不同型号的无人机机身及元器件并自己搭建控制系统……在学习遥控器操控的基本原理时，因为涉

及到很多与物理和计算机相关的内容，所以理解起来有一定的困难。因此，我会尽可能地多看几遍资料，并自学连线与对码等相关知识，让我的学习能够顺利进行下去。”

成功组装一架无人机的过程比王钰舜想象的要艰难得多，“因为组装完成之后试飞也是一个大工程，你不知道自己组装的对不对，会不会有地方错误，试飞的时候可能无人机会一头摔在地上，它内部线路断了，但我从外部很难判断是哪里烧了，可能就要重新拆开排查故障再组装。过程很繁琐，但是遇到问题解决问题，也充满了攻克一道道难关的乐趣。”

随着无人机一点点的成型，他感受到自己一点点的进步，王钰舜也越来越有信心。

即使因为客观条件的限制，无人机达到王钰舜心中的功能还有很大一段距离。但他并不觉得自己现在所经历的过程没有价值，这个敢于尝试的过程本身就是突破，本身就具有意义。

“在不断动手实践的过程中，我慢慢认识到基本的电子设备和电路是如何构成复杂的系统并被用于日常生活的各个方面，这加深了我探索电子工程这门学科的兴趣。”王钰舜在自己的申请文书中这样写到，“有一次我看到一个视频，是说无人机在特殊时期帮助人们完成物流配送、高空观测、信息传递等多种任务。也正是在那时，我确立电子工程会为自己未来不断追求的领域。”



## 1 From LEGO construction to DIY drones, he becomes a self-driven problem-solver.

Wang Yushun has long been interested in electronic equipment, especially in building them by himself. He enjoyed the process of assembling models of helicopters, cars, and cranes, during which he learned the general internal structure of various machines. He got excited when the assembled Lego car loaded with batteries start moving.

As he grew up, a higher objective of assembling a drone arose. Self-made UAVs are more cost-effective and better at performance than a full set of UAVs or DJI drones.

Wang Yushun searched tons of information online, comparing and matching various parts. However, those were only the easiest parts of the journey. He also had to learn to draw wiring diagrams, solder, and debug electronic equipment. Beyond that, how to persist in the insipid and arduous learning process is the part

that tests Wang Yushun the most.

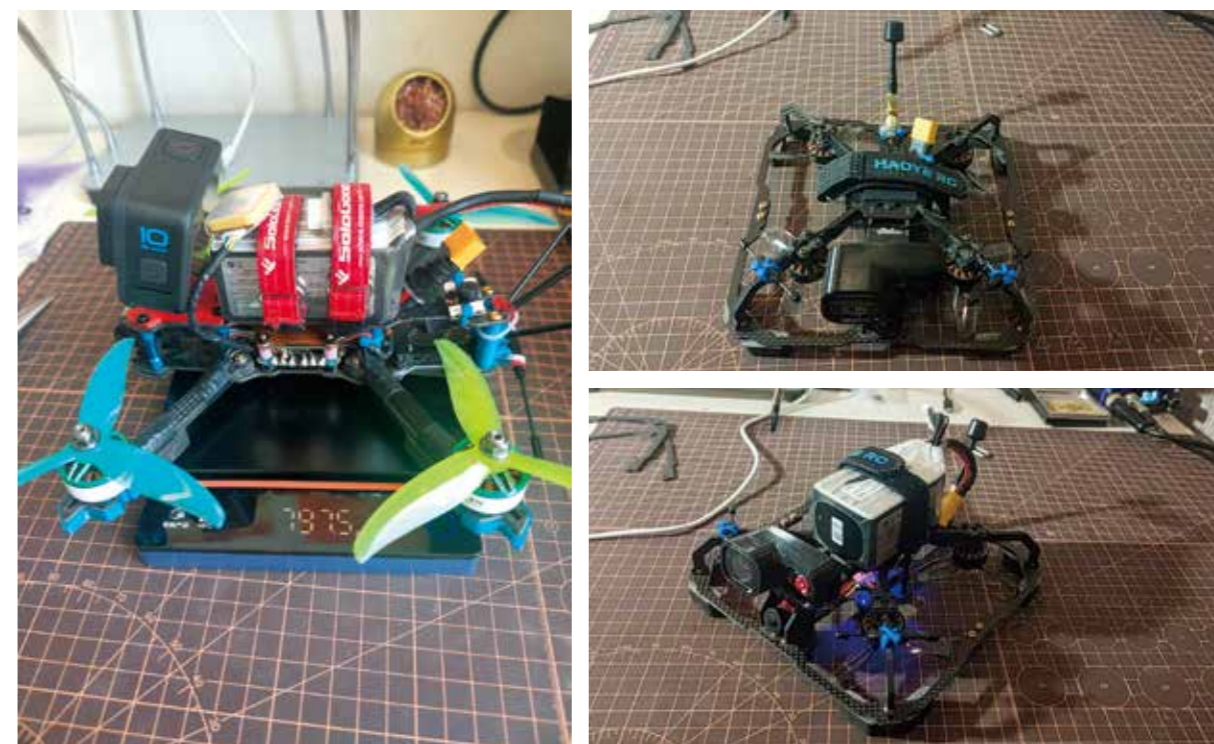
“I have to choose and match different types of UAV bodies and components and build the control system by myself. It's difficult to understand the basic principles of remote control which involves physics and computer-related content. Therefore, I read the materials thoroughly, and acquired related knowledge such as connection and code matching, so that my study can go on smoothly.”

Assembling a UAV successfully is much more difficult than Wang Yushun imagined. “The test flight is a big project. You don't know whether it's assembled correctly. The drone could fall to the ground, breaking its internal circuit, but it is difficult for me to judge the malfunction without disassembling it. The process is cumbersome, but it is also fulfilling to overcome obstacles encountered one after another.”

As the drone took shape gradually, Wang Yushun became increasingly confident.

Although the drone didn't meet the standard he imagined due to the limitation of objective conditions, it doesn't mean the experience is worthless. This process of trying is a breakthrough and meaningful in itself.

“I gradually realize how basic electronic devices and circuits form complex systems and are applied in various aspects of daily life through hands-on practice, which deepens my interest in exploring the discipline of electronic engineering.” Wang Yushun wrote in his application letter, “Once I saw a video about drones helping people complete various tasks such as logistics distribution, high-altitude observation, and information transmission during a special period. It was at that time that I determined to pursue electronic engineering in the future.”



## 2 数十项国际学术竞赛、横跨多个学科， 同学们眼中的“竞赛小金人”



不惧怕挑战并不断去挑战，或许是王钰舜能够不断进步的另一个重要特质。

高中三年里，他几乎将爱迪30余项国际学术竞赛都参加了一遍，包括但不限于数学、物理、化学、计算机，例如UKCHO、BPHO和ACSL他都取得了金奖，其中英国物理思维挑战赛更是获得全球金奖，只差0.7分就是超级金奖。老师同学们戏称他为“竞赛小金人”。

竞赛的意义不必多说：逐渐卓越的学术能力、逐渐提升的跨学科学习能力、创造性运用知识的能力、更多元的视角、更具深度和广度的思考方式和知识内容……而这些，我们都在这个一路过关斩将、一路斩获荣誉的男孩儿身上深切感受到了。

然而我们觉得王钰舜收获最多、成长最大的，还是主动学习、心怀天下的自驱力和责任感。

那是在伦敦国际青年科学论坛上的一次独立研究，也是王钰舜最有成就感的一次竞赛经历。

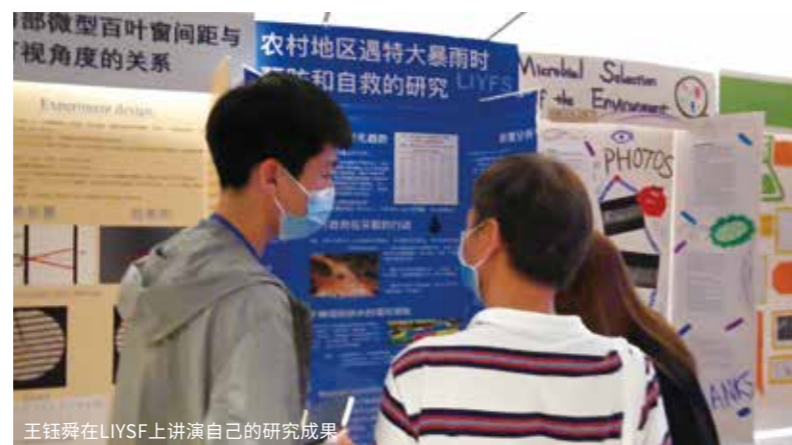
当时，由于拉尼娅效应和副

热带高压，郑州面临有史以来最严重的降水。那时他就在思考，如何防止山区暴雨对人们生活和安全的危害？

他独立做研究，策划方案，设计实验和使用统计方法来确定实验结果，模拟和比较雨水对不同房屋结构和布局的影响。

他的初衷是，近年来逐渐频繁的降水使得没有完备基础设施的农村地区变得越来越危险，人们在遇难后也无法及时得到救援，山林间的地形复杂多变，所以对可能发生的危机进行预防并设计一套面对普通村民的自救方法是十分必要的。

这不是一个纸上谈兵的项



王钰舜在LIYSF上讲演自己的研究成果

目，从农村房屋排列结构、极端气候预测、排水槽设计、环境地势利用等环节，王钰舜有一个完整而详细的可行性方案。

最终凭借详细的调研、有理有据的研究、完整的方案，王钰舜获得了伦敦青年国际论坛金奖。

王钰舜很清楚，要成为合格的工程师，不仅需要掌握构成工程基础的数学和物理学，还需要热力学、电磁学光学和狭义相对论等知识。“我期待着未来在各种工程背景下将它们融会贯通进行更深入的实验和研究。”

“他是一个脚踏实地又敢想敢做的人。”王钰舜的老师说，“他很想把自己学到的知识应用到现实世界中，所以，他一直在主动学习，思考如何用科技带来积极的影响。”

接到通知书的那一天，我们都知道他的未来不止于此。“王钰舜是那样沉稳、踏实，又敢于尝试”，北京爱迪学校英国高中部副校长邹菁同样对这个9年级就加入爱迪的学生印象深刻，“他有一颗愿意不断去挑战的、不断去突破的、充满朝气的心。”



## 2 The “competition prodigy” who won dozens of international academic competitions across multiple disciplines

Not being afraid of challenges and constantly challenging himself is another important characteristic that contributes to Wang Yushun's continuous improvement.

During high school, he almost participated in all 30+ international academic competitions of Aidi, including but not limited to mathematics, physics, chemistry, and computer, and won gold awards in UKCHO, BPHO (Global Gold Award), and ACSL. He was only 0.7 points away from winning the Super Gold Award in BPHO. Teachers and classmates jokingly called him the “competition prodigy”.

Those competitions are of profound significance in promoting academic and interdisciplinary learning ability, and the capacity to creatively utilize knowledge, as well as providing students with diverse perspectives and insightful thinking approaches. All the precious qualities have been fully demonstrated by Wang Yushun.

Among them, his biggest accomplishment is his self-driven enthusiasm to learn and the sense of responsibility he holds for the world.

Wang Yushun's most fulfilling competition experience was the independent research conducted at the London International Youth Science Forum.

At that time, Zhengzhou was facing the worst precipitation ever due to the Lania effect and subtropical high pressure. He explored ways to prevent heavy rain in mountainous areas from harming people's lives and safety.

He independently conducted research, planned schemes, designed experiments and used statistical methods to determine experimental results, in order to simulate and compare the impact of rainwater on different housing

structures and layouts.

The increasingly frequent precipitation in recent years has made rural areas without complete infrastructure facilities vulnerable, and people cannot be rescued in time because of the complicated terrain. He intended to prevent potential crises and design a set of self-rescue methods for villagers.

Wang Yushun was not an armchair strategist, instead, he had a complete and feasible plan covering aspects such as rural house arrangement structure, extreme climate prediction, drainage channel design, and environmental terrain utilization.

In the end, Wang Yushun won the Gold Award from the London International Youth Forum for his detailed survey, well-founded research, and impeccable plan.

Wang Yushun knows that he needs to master not only mathematics and physics, but also thermodynamics, electromagnetics, optics, and special relativity, to become a qualified engineer. “I look forward to conducting in-depth experiments and studies that integrate them in various engineering contexts.”

“He is down-to-earth while dares to practice.” One of his tutor said, “He intends to apply everything he learned to the real world, so he has been learning proactively and exploring ways to bring positive effects with technology.”

Accepted by one of the most prestigious universities in the world, his future is far beyond that. “Wang Yushun is so calm, surefooted, and courageous.” Zou Jing, the vice principal of Aidi BSE, was also impressed by him. “He is a vibrant young man willing to take challenges and make breakthroughs.”

### 3 “原来3年间，自己拥有如此丰富的经历”

上课、准备竞赛、自学组装、动手实践……王钰舜的档期被排得满满当当。

参加BPho英国物理奥赛时，王钰舜几乎每天都在做题。他还参加图灵社，学习算法结构等计算机知识。“整个英高都处在一种浓郁的学习氛围中，我们在思想上互相影响，在经验上互相借鉴，在学习中互相监督，互相解决难题，虽然学习的过程并不轻松，但这种集体学习互相促进并推动个体学习的感觉让我深刻怀念。”

但这并不是说，除了学习，王钰舜不参与任何娱乐。他喜欢玩桌游，他曾自创过一个桌上角色扮演游戏（Tabletop Role-playing game）俱乐部，虽然这个社团因为客观原因暂时停办，但有些事，最困难的部分，是不敢去想、不敢去行动。而王钰舜，就是那个敢想敢做的人。

有这个想法之后，他立刻写了千字社团申请书，和社员一起设计了社团LOGO，做了招新海报。当时来面试的学生人数多达60余人。

招募之后，王钰舜需要对每个社员进行详尽完整的培训。要知道，TRPG是一种规则十分复杂、入门门槛不低的游戏形式，要将这个新形式玩法传授给完全没接触过的人，使他们对规则和游戏整体有一个深刻的理解和认知是很不容易的。而王钰舜做到了。

社团成立后，他和社员们时常在一起讨论、分析游戏的策

略，并根据队友间的探讨，最终完成了一篇长达三万字的短篇故事。

分享时，王钰舜感慨：“原来3年间，自己拥有如此丰富的经历。”这是在公立学校无法想象的成长环境。“经历的这一切，无论是成功、失败，还是平坦、坎坷，都塑造了现在的我。”

采访过程中，王钰舜告诉我们他有三个兄弟姐妹，他们都在爱迪上学，哥哥比他大两岁，目前在帝国理工大学化学工程专业大二在读。（点击链接可跳转2021届优秀毕业生王钰涵：比“解释世界”更重要的，是参与“改变世界”）

王钰舜坦言，哥哥为他树立了榜样，激励他将很多心中的想法转化成行动。而今年作为优秀毕业生光荣毕业的王钰舜，也将传递他的榜样力量，为爱迪一届又一届学生带去无穷的积极影响！

从王钰舜的成长故事和他的状态中，我们能感受到他身上特有的品质——勤于实践、热衷探



爱迪RPaTC社招新海报

索、思维开阔、坦然面对。无论是高中还是大学，在学业之外，他有那么多真心热爱和擅长的事物，让自己的生活充满平衡和乐趣。他从不因为害怕失败而不敢去尝试和冒险，始终有明确的人生目标和奋斗方向，并且能够坚定、持续地为之付出努力。

这也正是我们为什么始终坚持：长期主义看教育。我们希望爱迪的学生不仅仅能获得优异的成绩毕业升学，更收获丰盈的生命和承担应用的使命担当，不仅要有卓越一生的实力，更有幸福一生的能力。



### 3 "Living a rich and rewarding life in the past three years."

Wang Yushun has been busy with classes, competitions, DIY drones, and other hands-on practices.

When participating in the BPhO competition, Wang Yushun did exercises every day while participating in the Turing Society to gain computer knowledge such as algorithm structure. "There is a strong learning atmosphere in the British High School. We influence each other in thinking, learn from each other in experience, supervise each other in learning, and solve problems for each other. Although the process is not easy, I deeply miss the feeling of collective learning where we influence each other and grow individually."

Apart from studying, Wang Yushun also enjoys entertainment. He is a fan of board games. He once organized a Tabletop Role-playing game club. Although this club is temporarily closed due to objective reasons, he has done the hardest part. He is the one who dares to dream and practice.

With this idea, he immediately wrote a club application letter, designed the club logo and made recruiting posters together with other members, and about 60 students came for the club interview.

After recruitment, Wang Yushun conducted thorough training for each member. TRPG is a game form with very complicated rules and a high entry threshold. It is not easy to impart the gameplay to people who have zero experience with it so that they have a deep understanding of the rules and the game. And Wang Yushun did it.

With the club established, he and the members often discussed and analyzed the strategy of the game, and ultimately completed a short story with a length of 30,000 words.

"I never thought I would have such a rich experience in the past three years." Wang Yushun said. This kind of learning environment is hard to imagine in public schools. "Everything I've experienced, whether it's success or failure, has shaped who I am now."

During the interview, Wang Yushun told us that he has three siblings who are all in Aidi. His elder brother is currently a sophomore in chemical engineering at Imperial College London.



Wang Yushun indicated that his brother set an example for him and inspired him to turn thoughts into actions. Wang Yushun, as an outstanding graduate this year, will also pass on the power and bring infinite positive influence to Aidi students!

Wang Yushun's growth story demonstrates his unique qualities - diligent in practice, keen on exploration, and open in mind. Whether in high school or college, there are so many things he truly loves and excels at aside from learning, making his life full of balance and fun. He always dares to try and take risks, and set clear objectives for his life that he'll firmly and continuously make efforts to achieve.

This is exactly why we always insist on looking at education from a long-term perspective. We hope that Aidi students can not only graduate with excellent academic results, but also reap a fruitful life and undertake their due missions. We wish them to have the strength to excel and at the same time live a happy life.



## 王冰煊 Wang Bingxuan

加州大学尔湾分校  
University of California,  
Irvine

初夏的空气里，王冰煊穿着简约的T恤，口罩摘下来，是一张爱笑的脸。她活泼开朗，表达爽利，思想有着远超同龄人的成熟独立，我们很容易在她身上感受到一种真实的生动。

王冰煊从幼儿园就来到爱迪，从双语小学到国际初中部到爱迪澳洲高中部，她在爱迪一路成长，这里有熟悉的老师、熟悉的同学、熟悉的红楼白瓦、熟悉的一草一木，这里就像她的另一个家。

### 王冰煊在爱迪的成长记录

在爱迪从小到大的学习生活，王冰煊带给我们的是持续的惊喜：她更加阳光自信，也收获了充满韧性的非凡成长，她成功申请到了加州大学尔湾分校、加州大学戴维斯分校、墨尔本大学、澳国立大学诸多名校录取……我们看到了她远超同龄人所具有的对学习的执着、对生活的热爱、对梦想的追求等等品质。

我们无法用寥寥数语描述她在爱迪的点点滴滴，那就暂且从这篇文章为起点，从几个切面走进这位从爱迪长大的女孩儿，走进她背后的闪亮故事……

We interviewed Wang Bingxuan in early summer, a girl wearing a plain T-shirt with a smiling face under the mask. She is energetic, outgoing and expressive, with a far more mature and independent mind than her peers. There is a feeling of realness and vividness in her.

Wang Bingxuan started her journey at Aidi since kindergarten. From primary school to Aidi WACE, she kept growing under the support of her dearest teachers and classmates. She knows every corner of Aidi School and this is like another home for her.

She has been bringing continuous surprises throughout her studying experience at Aidi. She has become more sunny and confident, and also gained extraordinary growth and success, receiving offers from multiple prestigious universities, including UC Irvine, UC Davis, University of Melbourne, and Australian National University. She demonstrates valuable qualities through her dedication to learning, love for life, and pursuit of dreams.

It's not possible to summarize her journey in a few words, so this article is dedicated to introducing the background story of her success from different perspectives.

12年快乐自信的成长，  
Fulfilling Dreams and Embracing the World

圆梦爱迪，走向世界！  
through 12 Years of Valuable Experience at Aidi!

## 1 自信、闪亮、大方 舞台上长大的京剧人

“猛听得金鼓响画角声震，唤起我破天门壮志凌云……番王小丑何足论，我一剑能挡百万的兵……”

闲聊起是否追剧、喜欢看的剧是什么时，王冰焯出乎意料地说自己最喜欢的是《穆桂英挂帅》，一部经典的京剧剧目。

在偶像剧和明星八卦纷飞的当下，京剧这门有一定欣赏门槛的艺术国粹渐渐被年轻人抛弃。然而这个年岁不大的“05后”却喜欢听，喜欢唱，每年春晚都守着电视等京剧节目。

这种兴趣源自小学时王冰焯在校本课程京剧课中受到的熏陶。从小学她就跟着爱迪学校京剧老师王力老师学习，课堂上除了教唱念做打、手眼身法等京剧技法，也会有传统文化知识的输入，还有脸谱、戏服等讲解。

这样一直学到初三，国粹的种子早已种进她的心里。

王冰焯带着些自豪说道：“京剧带给我的是审美的培养和文化素养全方位的提升，无论以后干什么、去到哪里，这份耳濡目染、潜移默化的熏陶始终会在我心里，让我永怀一颗‘中国心’。”

得益于京剧的学习，王冰焯从小就在舞台上闪闪发光，她扮过青衣、花旦，穿过华丽的戏服，挥舞着水袖饰演一个个经典角色。每年六一嘉年华、夏日嘉年华、20周年校庆、保利剧院演出的舞台上处处都有她的身影。



慢慢地，自信、闪亮、开朗等形容开始在这个女孩儿身上体现。

无论是在各大校园活动中完成一个个表演，还是在台上台下敢于发言、发表自己的观点；亦或是在商赛赛场上准确犀利地陈述决策的利弊、向外国来宾自信流畅地介绍中国文化、在游学研学中引领队伍读万卷书走万里路……她以优异的成绩、丰富的阅历、出色的表达能力和多元的发展向所有人证明，每一次体验都是有收获的。这些历练和机会为她打开了眼界，让她见识到更广阔的世界与人生更多的可能性，也最终助力她成长为了舞台上熠熠闪光的一颗星。

## 1 A Peking opera professional dazzling with confidence and grace



“Golden drums and painted bugles started pounding. Break the Fortress to Heaven! My soaring aspiration is to waken...The bandit chief and fighters are worthless dummy clowns. With one sword, I can block attacking soldiers a million....”

When chatting about whether she likes to binge-watch, Wang Bingxuan unexpectedly replied that her favorite is “Mu Guiying Takes Command”, a classic Peking Opera repertoire.

In the current era of trendy dramas and celebrity gossip, Peking Opera, a national art with a certain threshold of appreciation, is gradually abandoned by the young generation. However, this young “post-05” digs it, and she would wait to see the Peking opera programs every Spring Festival Gala.

Her interest in Peking Opera stems from Aidi’s Peking Opera courses. She has been studying with Peking Opera teacher Wang Li from Aidi since primary school. In addition to acquiring basic Peking Opera techniques, she also has access to traditional cultural knowledge, as well as explanations on facial makeup and costumes.

She kept taking courses until the third year of junior high school, and the seeds of national quintessence have already been planted in her heart.

“Peking opera enhances my aesthetics and all-around cultural literacy. No matter what I do or where I go in the future, I’m always under its profound influence, reminding me of my roots.” Wang Bingxuan said with pride.

Dressed in fancy costumes with water sleeves, Wang Bingxuan portrayed various classic characters as Qingyi and Huadan. She has been a shining star on the stage since she was a child, participating in performances in Children’s Day Carnival, Summer Carnival, Aidi’s 20th Anniversary Celebration, and Poly Theater every year.

Benefited from the experience of Peking Opera, she has gradually

grown into a confident, bright, and cheerful girl.

Whether it is performing in campus activities, expressing her own opinions on and off the stage, stating the pros and cons of strategies accurately and sharply at business competitions, introducing Chinese culture confidently and fluently to foreign guests, or acting as the team-leader in the study tour, she has proved that every experience is worthwhile with her excellent ability, and diversified development. These experiences and opportunities broadened her horizons, allowing her to embrace a wider world with more possibilities, and eventually making her a shining star on and off the stage.



## 2 拓局谋新，笃定前行 全球视野下面向未来的商业领袖

初中阶段，王冰焯就早早发现了自己对商科领域的兴趣和专注。

这种兴趣启蒙与初中商务老师张达的影响密不可分。那是王冰焯第一次接触到专业的、全面的、启蒙般的商务知识，让她获得了all-rounded development，也让她发现，原来看世界，还可以有这样的角度：“商务不只是学习交易是如何进行的、为什么财务报表中的数字反映了企业的运作情况，以及什么规则在指导企业家做出决定，更多的是，商务让我学会了从商务的角度、用商务的思维看许多事情。”

后来，在升学指导老师的专业指导下，王冰焯逐渐确定了自己的专业方向，将经济与会计视作奋斗目标。

升入爱迪澳洲高中部后，她选修了会计课程，学会了准确

记账，对企业中借方总额必须等于贷方总额有了更好的理解和掌握。

在10年级时，她以最高的面试分数被PBL项目录取，她希望通过结合经济学、商业、会计和计算机科学来建立一个可持续发展的企业。

她收集资料并阅读了大量文献，试图在项目正式启动前从更专业的角度分析全球经济形势。她自学了3D建模等计算机技能，决定用数据及模型呈现更精准快速的成品。

在最后的项目中，王冰焯设计并策划了一个坐落于斐济，可实现全智能化，从环境舒适度、安全性、护理可靠性等全方位考量的养老院搭建方案。在全球老龄化日益加剧的当下，王冰焯希望通过为老年人提供一个娱乐和放松的场所，弥补他们年轻时失去的自由时间，使他们能够在退

休后享受生活。这个项目所具有的社会意义得到了同学和老师的一致好评。

在WYEF全球青年经济论坛商赛中，她作为队长，带领六位小组成员披荆斩棘于商业战场之上，全面参与从产品设计到商业提案开发、制造、营销各环节。她拉赞助，谈合作，在近200个队伍中寻找双赢合作伙伴，她写演讲稿，做方案，带领队伍在路演环节获得全场满分的成绩。

“这些活动，让我学会如何真正成为领导者——不仅要懂得组织、策划、领导，更要担起身上的责任。”她笑着说起那段难忘的日子，“过程是难熬的，从天亮做到天黑，一天又一天，凌晨时分还带着队员一起改PPT、对演讲稿。但是收获也是巨大的，我接触到了更大的商业视野，我希望未来能用我的专业知识做出自己的积极贡献。”



## 2 A Future-oriented business leader with a global perspective, determined to seek new opportunities



Wang Bingxuan discovered her interest in business in junior high school.

This enlightenment of interest comes from the influence of her junior high school business teacher Zhang Da. That was the first time she got access to professional, comprehensive and enlightening business knowledge, allowing her to view the world from a whole new perspective. "Instead of just learning how transactions are carried out, why the figures in the financial statements reflect the operation of the enterprise, or what guides entrepreneurs to make decisions, it has taught me more to look at things with a business mindset."

Under the guidance of Aidi's admission advisor, Wang Bingxuan determined her professional direction in economics and accounting.

After entering Aidi WACE, she took accounting courses, learned to keep accounts accurately, and got a better understanding and mastery

of enterprise loan and debit related knowledge.

In Grade 10, she was accepted into the PBL program with the highest interview score, hoping to build a sustainable business by combining economics, business, accounting, and computer science.

She collected and read extensive document literature, trying to analyze the global economy from a more professional perspective before the official launch of the project. She also acquired computer skills like 3D modeling and decided to use data and models to present products more accurately and fast.

In the final project, Wang Bingxuan designed a fully intelligent nursing home construction plan located in Fiji, considering all aspects including environmental comfort, safety, and nursing reliability. Under the current circumstances of global aging, she hopes to provide a place for entertainment and relaxation for the elderly, letting them enjoy life after

retirement. The social significance of this project has been well-received by students and teachers.

In the WYEF business competition, she led six team members to overcome obstacles in the commercial battlefield, fully participating in aspects including product design, business proposal, manufacturing, and marketing. She solicited sponsorship and partnership among nearly 200 teams, composed speeches, made plans, and eventually led the team to winning in the roadshow.

"These activities taught me the essence of leadership which is not only to know how to organize, plan, and lead, but also to take responsibility." She mentioned those unforgettable days with a smile. "The process was tough. We worked hard from dawn to dusk, revising PPTs and speeches. But the harvest is also huge. I have gained a broader business vision, and I hope to make positive contributions with my professional knowledge in the future."



极向上、真诚待人……众多优秀品质在这个女孩儿身上焕发光彩。

王冰焯说自己最舍不得就是老师和同学们，“我们和老师们就像朋友一样，我们班整个氛围就像一个大家庭。不需要严格的管教，每个人都有着学习的主动性和目标，不需要时刻的监督，我们彼此给予力量。每个人的温暖汇成一股细流。”

还有一起奋斗、彼此给予力量的同学们，一直鼓励她激励她的班主任商震，耐心讲题的数学方法课老师张雪颖、专业数学课老师宋利娜，帮忙修改个人文书的会计老师黄琪、商务老师杨桂花……“感谢遇到的每个人，一路把我带过来。”少年的情谊，真挚又难得，王冰焯会永远铭记。

毕业典礼的尾声，随着清扬的背景音乐响起，毕业生们身披绶带，手拿鲜花并肩而立于典礼舞台，王冰焯作为毕业生代表领唱，与毕业生们一同送上高中生涯结束前的满怀的感恩和美好的祝愿。

一想到即将离开这座生活了数年的校园，王冰焯的心里满是不舍。可能许多年后，再次回忆起在爱迪的生活时，她依然还会记得那些美好的时光：在温馨明亮的教室里安静学习，在PBL项目式学习中的团结协作，与同学们的欢声笑语，与老师在课堂上的热烈讨论，在绿茵草地上挥洒的汗水，或是一起坐过山车、畅玩激流勇进的欢乐谷春游之旅……

在感恩的歌声与满满的祝福声中，2023届毕业典礼落下了帷幕。广阔的未来，将在王冰焯坚定的目光与美好的希冀中如约而至。启航吧，继续向前！

### 3 OFFER 全面开花， 好学、好问、好思的女孩儿

王冰焯坦言自己并不是天赋型学生，相比于商务、经济，数学不是她的强势学科。可能因为年纪较小，她学数学总有一种雾里看花的感觉。

但她的成绩单中两门数学方法和专业数学仍取得了极好的分数。

这是因为王冰焯很喜欢数学课堂上的轻松氛围。她说：“每个人都可以向老师当堂提问，课下也可以随时找老师提问答疑，这也是老师鼓励的。我们和老师的交流是直接的、接近一对一的，有什么问题都可以和老师谈，向老师求助，同学们也会一起讨论，有好的解题方法会为此分享。”

在被尊重的氛围里，她提问得到回应，发问被引导着更深入地思考，她对数学的学习热情被点燃，开始尝试从挫折和错误中一点点提升。渐渐地，她开始给别的同学讲题，又在讲解过程中获得更深入的理解。就这样，一个个疑难问题迎刃而解，王冰焯的数学成绩更是提升了三十分！

同时，她也是勤奋努力的。疫情期间，没有老师的提醒，她也严格遵守自己的时间计划表。做完两张难度较大的数学试卷后，她会以奖励自己做一套简单习题的方式激励自己。如此，她近乎刷完了三年内的所有模拟题。

最终的大学申请结果也印证了她的努力。她用较高的WACE国际高考成绩申到了美国“公立常春藤”加州大学尔湾分校、加州大学戴维斯分校、澳洲顶尖名校墨尔本大学、澳国立大学等诸多世界名校……为爱迪十二年的学习画上一个圆满的句号。

在老师们眼中，王冰焯无疑是优秀的：在学习上，她敏而好学，是班级乃至年级的榜样；她是班主任的得力助手，积极为班级服务，常主动为同学们讲题，虽然年纪比同班同学要小一岁，但总能和他们打成一片；她多才多艺且舞台经验丰富，常在各类校园活动中大放异彩……

最重要的是，老师们都觉得她身上透着一种“生动”气息，积

### 3 A studious, inquisitive, and thoughtful girl landing multiple offers

Wang Bingxuan doesn't think she is gifted. Compared with business and economics, mathematics always seems a bit obscure to her.

However, she still achieved excellent marks in Mathematical Methods and Specialized Mathematics.

She attributes her success to the relaxing learning atmosphere in math class. "Our math teacher encourages us to ask questions freely during and after class. Our communication is direct and individualized. We also frequently share, discuss, and exchange ideas with our peers, sharing good problem-solving methods." She said.

In an atmosphere of mutual respect, her enthusiasm for mathematics was ignited and she began to improve through setbacks and mistakes. She also actively helped other classmates, and in return gained a deeper understanding in the process of explaining. In this way, difficult problems were solved one by one, and her math score improved by 30 points!

At the same time, she is also hardworking. During the epidemic, she still strictly stuck to her time schedule. She would motivate herself by doing a set of simple exercises after finishing two difficult math papers. In this way, she almost finished all the mock test questions in three years.

The university application results are the rewards of her efforts. She landed multiple offers from world-renowned universities, including UC Irvine, UC Davis, University of Melbourne, and Australian National University, drawing a perfect conclusion for the 12 years of study at Aidi.

She is undoubtedly an extraordinary student in the eyes of her teachers. Sensitive and eager to learn, she is a role model for her peers; responsible and obliging, she actively serves and helps other students, even though she is one year younger than most of them; versatile and sophisticated, she shines in various campus activities...

Most importantly, she is positive and sincere, and there is a "lively" vibe exuded in her.

What she'll miss most at Aidi are her teachers and classmates. "We are like friends with teachers, and the whole class is like a big family. There is no need for strict discipline and constant supervision. Everyone has the initiative and goals of learning, and we support and warm each other."

"I'm grateful to everyone I met on the journey, for they brought me where I am now." There are classmates who

fought together and supported her, the head teacher Shang Zhen who encouraged and motivated her, the mathematics teacher Zhang Xueying and Song Lina who patiently lectured her, and teachers who helped revise her personal statement. The sincere friendship forged in youth will accompany her for life.

The graduation ceremony came to an end as the melodious music echoed in the auditorium, and the graduates stood side by side on the stage wearing ribbons and holding flowers. Wang Bingxuan, as the representative of the graduates, sang together with the others, sending their gratitude and best wishes.

Thinking of leaving the campus where she has lived for several years, Wang Bingxuan was full of reluctance. Maybe she will still remember the good times at Aidi many years later: studying in the warm and bright classroom, uniting and cooperating in PBL project-based learning, laughing with classmates, discussing heatedly with teachers, running and sweating at the playground, or riding the roller coaster at the spring trip at Happy Valley...

Surrounded by gratitude and blessings, the 2023 graduation ceremony came to an end. A brighter future will arrive as she hopes. Sail on by and keep moving forward!



## 查光昭 Zha Guangzhao

罗德岛设计学院  
Rhode Island School of Design

眼前这个内秀的女孩子，是北京爱迪学校美国高中的查光昭。她可能不是最擅长措辞言谈的，但她拥有独特而珍贵的艺术表达，她的艺术作品可能不是画得最像、绘得最准的，但她的创作具有独特风格和生命力。她的三年高中生涯都在疫情中渡过面对过极大的困难，但依然迈着笃定的步伐取得了自己梦校的录取——罗德岛设计学院。

她时刻保持着对生活的洞察力、新鲜感，善于发现，思考深刻，从人文学科获得的知识迁移让她的艺术表达更加广阔和多元。她的故事告诉我们，找到一件热爱的事情，坚持做下去，就会有一个闪亮的人生。

Zha Guangzhao, from Aidi ASE, is a diamond in the rough. She may not be the one that is most eloquent or with the best painting techniques, however, she has her own unique and precious way of artistic expression and her works have a unique style and vitality. She spent her three years of high school in the epidemic and faced great difficulties while still getting admitted to her dream school, Rhode Island School of Design.

She thinks profoundly with great insight into life and is always willing to discover and experience new things. The knowledge acquired from the humanities makes her artistic expression more broad and diverse. Her story demonstrates that if you find something you love and stick to it, you will harvest a wonderful life.

书页间、画笔下，走进宝藏女孩儿的奇幻世界  
A Versatile Girl Exploring the Fantasy World of Art with Brush and Color

## 1 自由有爱的环境 塑造灵动充沛的自我表达

绿茵草地旁，有一栏长长的学生艺术作品展，或五彩斑斓，或简约神似，或意义深远，一幅幅蕴含着生机的画展现着孩子们对生活中美好的观察及丰沛的自我表达。其中，有好几幅都是查光昭的作品。

初中就来到爱迪的她，六年时光中留下的艺术作品，已经满满地贴遍了校园的角落，为艺术爱迪的文化氛围更添一分浓郁。

查光昭从小就喜欢画画，她喜欢用画笔将自己内心里的丰富色彩与非凡幻想一一呈现，喜欢在那片自由乐园，用线条、色彩蜿蜒出一个缤纷的世界。

不过对她来说，艺术不只是一种视觉的技艺，更是一种重

新看待日常生活的观念和角度，一种将所见所闻以个性化、主体化理解表达出来的“语言”。

犹记得几年前画于疫情时的那一副画，细细描绘了那一段触动她成长的特殊时期。查光昭说：“那段时间，我从新闻报道中看到医护工作者的辛苦付出，他们眼神中的无畏给我留下了深刻印象，因此我拿起手中的画笔，希望表达我对他们的敬佩之情。”

很难想象这样一副英气十足的作品竟是出自一位看似柔弱的女孩子之手，当查光昭被新闻中的“抗疫”故事深深感动，便有感而发，将医务工作者的坚定信念通过眼神表达出来，她在细节的把控上花了不少工夫，心思之细腻可见一斑。这幅作品最终在

“爱迪校训助我正确面对疫情”征文活动中作为优秀作品展出。

另一个令人温暖的作品集的主题聚焦于“家人”，灵感来源于《城南旧事》的一句话：“爸爸的花落了，我也不再是小孩子。”这句话却给予了曾经对未知未来和即将离家充满忧虑的查光昭一些安慰，“离开是每个人都将要面对的。自己即将远航离开家人，就像这朵从花骨朵的待放、盛放，再到最终脱落枝桠将要独自漂泊一样。然而没什么可怕的，来自家人的爱与支持是我们最强大的盔甲、足以庇护我们开拓未知的未来。”由此，查光昭用简约的小插画、以花喻人，描绘了这一心路历程，希望给予同处境的年轻人一些安慰和力量：周围人的支持和爱护，即使相互不在身边，也将给予巨大的力量，所以，不要畏惧，勇往直前。

对于她喜欢的事，家里人也十分鼓励，“每个孩子都有自己的成长轨迹及节奏，孩子是成长的主体，我们相信她能做好自己的事情，给孩子成长的空间，家长只是那个陪伴她长大的角色。”查光昭的父母谈到。

这个尊重、自由的教育理念正与爱迪的教育理念相契合，无论是家庭环境还是校园环境，都充满尊重与欢笑，才得以让这个宝藏女孩学业与艺术并行，业余去参加社团、打打排球……也许正是在这样宽松而支持的家校氛围下成长的人，才会有更充沛的表达欲望和更灵动的创作语言，才能使得查光昭激发出如此优秀的艺术天赋。



## 1 Grow and express flexibly in a free and loving environment

There is an exhibition of students' artworks next to the green land on the campus. Some are colorful, some are simple, and some are of profound meanings. Those paintings are full of vitality, revealing students' observations of life and capacity for self-expression. Among them, several are Zha Guangzhao's works.

She came to Aidi in junior high school, and the artworks she created in the last 6 years have been posted all over the campus, making great contributions to the cultural atmosphere at Aidi.

Zha Guangzhao has shown interest in painting since she was a kid. She likes to use the brush to present the rich colors and extraordinary fantasies of her inner free paradise, creating a wonderful world with lines and colors.

However, for her, art is not just a visual skill, but also a concept and perspective to re-examine daily life, a "language" that expresses what she sees and hears in a personalized and subjective way.

She remembers the painting drawn during the epidemic a few years ago, which depicts the special period that influenced her deeply. "During that time, I saw the hard work of medical workers from news reports, and the fearlessness in their eyes impressed me, so I picked up the brush, hoping to express my admiration for them." Zha Guangzhao said.

It's hard to imagine this heroic work was created by such a gentle girl. Inspired by the "anti-epidemic" stories in the news, she demonstrated the firm belief of medical workers by focusing on portraying their eyes. She was attentive and scrupulous, making the painting exhibited as an excellent work in the "Aidi School Motto Helps Me Facing the Epidemic Correctly" event.

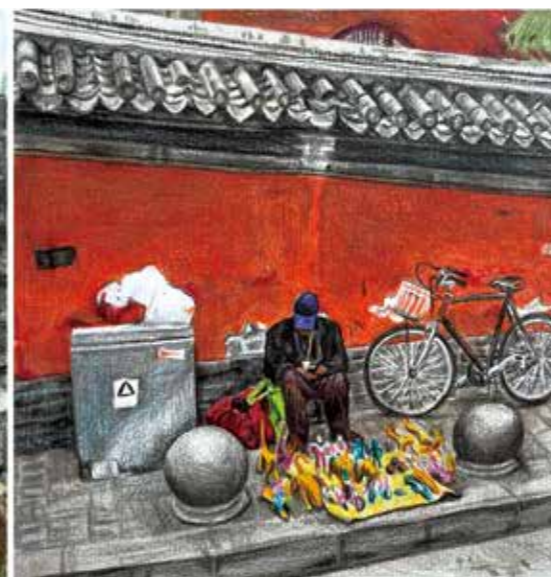
Another heartwarming portfolio of hers focuses on "family", inspired by the line "Dad's flower has fallen, and I am no longer a child" from My Memories of Old Beijing. The line comforted Zha Guangzhao when she was anxious about leaving home and the unknown future. "Separation is something everyone has to deal with. I am about to leave my family on a long voyage, just like this flower that will fall and drift alone after blooming. But there's nothing to be afraid of. The love and support from our family is our strongest armor, always accompanying us to exploring the unknown future." Zha Guangzhao used flowers to represent people in simple illustrations to depict this mental journey,



hoping to give solace and strength to young people in the same situation, telling them that the support and love of family have great strength even when they are not around, so don't be afraid and march forward courageously.

Her family encourages her to pursue her passion. "Every child has his own rhythm of growth and they are the ones to take control of it. We believe in her to manage her own stuff and give her space. Parents just need to be there for them." Zha Guangzhao's parents suggested.

This respectful and free educational concept is in line with that of Aidi. There is full of respect and laughter both in her family and at school, empowering this talented girl to thrive in both the fields of academics and art. Growing up in such a relaxed and supportive environment, her artistic talent has been stimulated, enabling her to express and create more freely and flexibly.



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## 2 人文的热爱，收获更多不同的文化表达

“民国近代艺术表现有何特点？”

“中国神话与希腊神话审美形象如何差异？”

这个喜欢人文学科的女孩子曾想象过自己未来会成为一位考古学家，在浩瀚长河中探索历史的走向。

对于渴望探索更多感兴趣学科的小伙伴们来说，爱迪美国高中数十门AP人文及数理课程的开设赋予他们极大的选择自由度和不同领域的知识深度。AP历史、AP地理、AP文学都是查光昭选修的课程，她喜欢从文化、社会、艺术、文学、心理等各个领域拓展自己人文领域知识和能力，从更多角度和切面，了解所处的世界。

尤其是文学课，每个同学要在老师的指导和帮助下进行世界文集的广泛阅读，并分析讨论。阅读、思考、讨论都让查光昭的思辨能力显著提升。

查光昭告诉我们她最喜欢的一本书是《麦田里的守望者》，这是一部关于理想与现实、纯真与成熟的文学作品，在查光昭彷徨、迷茫的时候让她产生了巨大的共鸣。

其实全英文阅读对于查光昭来说不是一件轻松的事。然而在老师的描述中，困难更激发了查光昭的兴趣。而在11年级时，课上讨论有关自由与开放的主题时，她对该话题进行了广泛且深入的资料阅读。她的每一步都踏实而坚定，对于社会知识的渴求，对于细节的极致苛求，都使她在学习和对社会的观察中不断提升自我。

基于兴趣，查光昭还修了难

度较大的AP历史。这门学科主要培养学生分析和批判能力，检验学生对不同时代和文化背景下的政治、经济、社会和文化问题的思考。还有AP地理，课程上讲了许多文化相关的内容，查光昭还独立做了许多调研然后写了一篇民国早期不同地域艺术发展研究报告。

人文学科长期被认为是中国学生申请国外大学过程中的短板，它带来的挑战不仅存在于学生的英文水平，更重要的是人文是承载文化的学科。然而查光昭学得很好，她善于探索自我、自我剖析之后进步，不想被大众的声音、符号化的现象所蒙蔽，人文学科可以带给她更多元的思维和视角，帮助她探求更多深层次的东西。

而查光昭也试图将人文历史与艺术联结起来，去创造更丰富的艺术文化表达和内容，尤其是了解事情的背景知识、梳理逻辑框架，从而制定研究计划。而不同学科带来的全新视角，也激发着查光昭对艺术全新的认识。在老师们的鼓励与关注中，查光昭正逐渐成长为一个会独立探究、会批判反思、会自我管理的未来艺术家。

## 2 Her passion for the humanities enables her to express from diverse perspectives

“What are the characteristics of modern artistic expression during the Republican period?”

“What are the differences between aesthetic images of Chinese mythology and Greek mythology?”

This girl who likes the humanities once imagined that she would become an archaeologist, exploring the flow of the vast river of history.

Aidi ASE offers dozens of AP humanities and mathematics courses, giving students eager to dabble in more subjects great freedom to choose and explore different fields. Zha Guangzhao took several elective courses including AP History, AP Geography, and AP Literature. She likes to gain more knowledge and promote her capacity in the humanities from various fields such as culture, society, art, literature, and psychology, thus understanding the world from more perspectives and layers.

She especially enjoys the literature class. Students read and discuss extensive world anthologies under the guidance and help of the teacher. Reading, analyzing, and discussing have significantly improved Zha Guangzhao's critical thinking ability.

Zha Guangzhao told us that her favorite book is *The Catcher in the Rye*, a literary work about ideals and reality, innocence and maturity. She resonated greatly with this book when she was hesitant and confused.

Reading in English is not an easy task for Zha Guangzhao, however, the difficulty aroused her interest even more. In grade 11, she did extensive and in-depth reading when discussing the topic of freedom and openness in class. Every step she takes is steadfast. Her thirst for social knowledge and her extreme demands on details enable her to continuously improve herself through learning and observing.

Zha Guangzhao also took AP History, a more demanding but interesting course. This subject cultivates students' analytical and critical abilities and tests students' understanding of political, economic, social, and cultural issues in different eras and cultural backgrounds. She also took AP Geography, which covers a lot of culture-related content. She did research independently and wrote a research report on the development of art in different regions in the early Republican period.

The humanities have long been considered a shortcoming in the process of Chinese students applying to foreign universities. The challenges not only exist in students' English proficiency, but also in the culture behind those subjects. However, she has done a good job and has been progressing through self-exploration and self-analysis. She refuses to be deceived by public voices and symbolic phenomena. The humanities bring diverse perspectives, enabling her to explore something deep.

And Zha Guangzhao also tries to connect human history and art to build diverse artistic and cultural expressions, especially to understand the background knowledge and sort out the logical framework, so as to formulate research plans. The new perspectives brought by different disciplines have also inspired her to understand art differently. With the encouragement and care of her teachers, Zha Guangzhao is growing into a future artist capable of independent exploration, critical reflection, and self-management.

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### 3 打破边界，用画笔描绘更精彩的故事

查光昭所录取的罗德岛设计学院的专业要求极高，查光昭虽然上过艺术课程、艺术类兴趣班，但是却从未专门精进素描、油画等技艺。她的艺术天赋亮点在创造性、多元性、思考性。

查光昭说，她挺喜欢画一些带剧情的小故事，比如来自六百年前的古人来到现代发生的小故事、逃离校园的奇幻冒险故事等等。

她设计了发生的人物和事件后，还精心设计了故事的场景。为此她还搜了一些自己喜欢的有趣的场景图做观察性绘画。这次的观察性绘画里她运用饱和的色彩上色、用圆滑的线条勾勒，给主角的形象和性格做匹配的设计，以突出人物的特性。

她将自己的奇思妙想在画笔下一一实现，创造全新的人物和情节，不受限于材料和技法，更多是关注自己想要表达的内核，并且插画可以和很多领域结合起来，包括装置、材料等多样媒介，这个探索的快乐，是她一直想要的。

她善于打破艺术的边界，将从历史课、文学课中学到的知识和思考迁移过来进行创作。其中的一个作品集灵感就来源于传统与创新。接触了历史与艺术



之后，查光昭越来越思考一个问题：这个时代的美学到底在哪？这个时代真正标志性的事物在哪？

“我们现在所接触的视觉图像上虽然好像一直在强调传统与复古元素，但是却一直没有属于这个时代的清晰的标志，一些真正创新的可以标志这个时代的东西。”

基于这个灵感，她设计了一个装置，外表以工具箱为壳象征着现代感，但是里面却是泥像陶土制作的工具人象征着古老传统，用错乱纠缠的线象征着无法摆脱的传统内容，借以寓意“历史有其需要借鉴学习的地方，但我们的时代也要有属于时代的创新和特色”。

“这正是查光昭在艺术创作

上能够独具一格的原因之一。”她的升学老师说道，“拥有这颗丰富、细腻、纯粹的心灵，拥有善于洞察世界的复杂与变化、人类情感的微妙与晦暗的敏锐触角，才让她的作品极具感染力，而这大概也是她受到‘设计界哈佛’罗德岛设计学院青睐的重要原因之一吧。”

内秀、文静、自由、奇思妙想……和她慢慢细谈的过程中，我们恍然这是遇到了一位宝藏女孩。与其说是她自己主动选择了艺术，更像是顺其自然走进了艺术，她从小在艺术的氛围中成长，之后也想继续在艺术之路上走下去。艺术之于她，不仅仅是一种兴趣，她用充满奇思妙想、擅用天马行空的创意与色彩斑斓的艺术去记录世界，表达自我。她也用执着与坚定证明，只有自由、真诚的艺术创作才能绽放出最美的色彩。

这样一个宝藏女孩，我们相信并期待她为我们带来更多美好纯粹的作品。



### 3 Go beyond the boundaries to create captivating stories with brushes

The Rhode Island School of Design has extremely high entry requirements. Although she hasn't specialized in sketching or oil painting, she still stands out because her works are creative, diverse and provoking.

Zha Guangzhao said that she enjoys illustrating short stories with painting, such as the short stories of the ancients from six hundred years ago who came to modern times, the fantasy adventure stories of escaping from the campus, and so on.

Apart from designing the characters and events, she also drew observational paintings based on some interesting scene pictures she collected to elaborately designed the scenes. In one of the observational paintings, she used saturated colors and smooth lines to match the protagonist's image and personality and highlight the characteristics of the characters.

She realizes her amazing ideas through the brush, creating brand-new characters and plots. She goes beyond the limitation of materials and techniques, focusing more on the core of what she wants to express. Illustrations can be combined with various media such as installations and materials, and the joy of exploration is what she has always wanted.

She is good at breaking the boundaries of art and applies the knowledge acquired from history and literature classes to create. One of her works is inspired by tradition and innovation. After getting a better understanding of history and art, Zha Guangzhao can't help thinking about questions, such as what is the aesthetics of this era, and what are the truly iconic things of this era.

“Although the visual images nowadays seem to emphasize traditional and retro elements, there have been no symbolic and innovative signs of this era.”

Based on this inspiration, she designed a device with a toolbox on the outside that symbolize modernity, but inside there are tools made of clay that symbolizes ancient traditions, and the tangled lines symbolize the connection between the past and present, in order

to imply that “we need to learn from history, but at the same time create something that is innovative and unique in our era.”

“This is one of the reasons why Zha Guangzhao's artistic creation is unique.” Her university tutor said, “She has a rich, delicate, and pure soul, with good insights into the complexity and changes of the world and the subtlety and obscurity of human emotions. That's what makes her works so contagious, and it is probably one of the important reasons why she is favored by the Rhode Island School of Design.”

During the interview, we realized that she is a talented girl with a gentle and free spirit. Instead of choosing the path of art deliberately, it is more like something meant to be. She grew up in the atmosphere of art, and she also wants to continue thriving in the world of art. Art is not just a hobby for her. She records the world and expresses herself with fresh ideas, unconstrained creativity, and colorful art. She has also proved with persistence and firmness that only free and sincere artistic creation can bloom and last long.

We believe in her and look forward to the fantastic and pure works she will bring in the future.



## 林子杉

Lin Zishan

## 蒋方繇

Jiang Fangyao

## 曹佳文

Cao Jiawen

纽约大学

New York University

爱迪硬核学霸宿舍，  
Aidi Straight-A Students Who Were Roommates

三人同获纽大 Offer!  
All Got Admitted by New York University!

“到了美国之后，我们再相聚。”23年刚开年，同来自北京爱迪学校美国高中甚至同一个宿舍的林子杉、蒋方繇、曹佳文三位同学先后收到录取率不足8%纽约大学的录取通知书，他们为美国的相聚作下约定。

对他们三个人来说，刚刚过去的这个申请季，注定是难忘的。不只是收获了梦寐以求的梦校录取，更是意味着，在即将前往的陌生国度，曾经互相鼓励、并肩而行的战友，有机会继续一同前行。

在很多老师眼中，以林子杉、蒋方繇和曹佳文等为代表的这一批爱迪学生们，是未来青年的代表模样，是这一届优秀毕业生的一个缩影，他们身上有诸多共同的品质——

他们成绩优异，在多项国际、全国赛事中屡获大奖；他们都坚持自我，较早确定了自己内心的热情并坚定地为之努力；都拥有独立、清晰的思维，侃侃而谈时语速轻快、真诚；他们各自有各自的兴趣爱好，并都从中汲取了巨大的积极影响然后赋能于其他领域。

不论是前沿的电子电气工程、机械工程，还是心理学等专业领域，他们都在爱迪所提供的足够广阔的平台上，用自己的方式，讲述着属于自己最独一无二的故事。

“We'll reunite in the United States.” At the beginning of 2023, Lin Zishan, Jiang Fangyao, and Cao Jiawen, who lived in the same dormitory at Aidi ASE, successively received admission letters from New York University where only 8% of applicants were offered admission.

The last winter was destined to be unforgettable and exciting. Not only did they get admitted to their dream school, but it also meant that the three of them who had supported each other and walked side by side would continue to do so in the future.

They are praised by teachers as the typical representatives of the young generation and the epitome of this year's outstanding graduates. Growing up in such a community, they have many valuable characteristics in common.

They are exceptional academically, winning awards in many international and national competitions; they are strong-willed, establishing their objectives and working towards them persistently; they think independently and logically and speak with fervor and assurance; they each have their hobbies, from which they acquired a lot and applied what they learned to other fields.

Whether it is cutting-edge electrical and electronic engineering, mechanical engineering, psychology, or other professional fields, they all had their unique experiences and stories, and thrived via the great platform provided by Aidi.

## 1 林子杉：“对我而言，运动是必不可少的”

6:00 闹铃响起，林子杉准时起床，他为自己设定的运动时间到了。今天计划比昨天再加一公斤的重量，手臂肌肉收缩、膨胀，连呼吸都变得高亢起来。

体育运动是很多爱迪学生都会在课后做的事情，在浓郁的氛围下，越来越多的学生从运动中找到了乐趣。纵然如此，林子杉一定还是其中最令人印象深刻的学生之一。

从小学开始，他每天都会去运动，无论是打球、游泳、滑冰还是健身，风雨不歇。即便申请、考试最紧张的时候，他也会每天抽出来至少半个小时做运动。

“怎么坚持的？”许多次，林子杉都被问过这样的问题，他很坦诚地讲出了自己的答案——“我感受到了运动对我巨大的积极影响”。

“其实，对于每个人而言，运动几乎是必不可少的，除了能够强健体魄外，更重要的其实是对人心性的锻炼。在经过长时间高强度的运动训练后，再去学习，我会觉得效率更高，坚持时间更长。现在我的睡眠时间只需要5、6个小时，但我仍感觉精力充沛，这就是运动带给我的积极作用。”

“除此之外，运动也让我勇于突破、善于坚持。”林子杉回忆自己刚开始健身的时候，笑着说，“在过去，拿上几公斤蹲腿可能一个都蹲不了，而练了一周后，可以连续蹲十几个不停歇，这就是一种突破，然后当你把这

种突破坚持一天、一周、一个月直至形成习惯后，这就会变成一种坚持。这种循环往复所带来的成就感让我在面对压力时能够保持冷静，遇到一些挫折与困难时，既有冷静判断的能力，也不缺乏尝试改变的勇气。”

老师们这样形容过林子杉：“他会为了一件事全力以赴，会不停地突破自己的时间，突破自己的能力。”

十年级，林子杉从美国转学来到爱迪，着实经历了一番适应期。然而他依靠自己的努力和老师的帮助，快速适应了爱迪的教学方式和学习氛围。

学业过渡适应完成后，这个男孩就对自己提出了更高的要求，也开始了一系列新的挑战：在AP系列课程中，林子杉选择了难度系数较高的科目，在老师的带领下，开始系统学习各种磁学电学专业理论，制作机械模型。

他延续了自己过去的运动习惯，同时大幅度提升了学习效率，始终保持年级前列的成绩。

生活中的他就是一个阳光帅气的大男孩，我们能够从他身上感受到一种朝气和活力。

他积极参加课外活动，无论是国际竞赛、篮球校队或是舞台表演，在夯实学习内容的基础上，锻炼了自己的组织能力、沟通能力和管理能力，同时，也更加确定了自己未来学习的方向。

对于未来，林子杉心中已经有了初步的规划，将随着时间的进程一点点完善。他设想或许自己有一天能够设计研发一个易于所有人的健身设备，带动更多人寻找到自己喜欢的运动方式；也曾构想或许自己未来能够学成归国，建立属于自己的事业……

但无论如何，运动都将成为他生活中的重要组成部分。



## 1 Lin Zishan: "For me, exercise is essential".

Lin Zishan got up at 6:00 sharp and it was time for exercise. He gradually increased the intensity of the exercise. During the exercise, his arm muscles contracted and swelled, and even his breathing became heavy.

Sports are well-liked among Aidi students, and an increasing number of students have been having fun in various sports activities. Among them, Lin Zishan is one of the most impressive students.

He has been doing exercise for at least half an hour every day since primary school, whether it is playing basketball, swimming, skating, or exercising, regardless of the weather. Even during busy times such as application season and exams, he still spared at least half an hour every day for exercise.

"How do you persist?" Lin Zishan has been asked this question many times, and he candidly stated his answer: "Sports have a great positive impact on me."

"Exercise is essential for everyone. In addition to improving fitness, it also contributes to your inner growth.

After a long period of high-intensity exercise, I feel more efficient and concentrated in study. I only need 5 or 6 hours of sleep, but I still feel energetic, and that is the positive effect exercise brings."

"In addition, exercise helps me to build characteristics such as persistence and courage to make breakthroughs." Lin Zishan recalled when he first started exercising and said with a smile: "In the past, dumbbell squat seems impossible for me. After a week of exercise, I did it. This is a kind of breakthrough, and it will become a habit when you persist for a day, a week, and a month. The sense of accomplishment brought by the cycle allows me to remain calm when faced with pressure and setbacks, and I can make wise judgments and deal with changes."

"He spares no pain to achieve his objectives, and keeps pushing beyond his limits." His teachers said.

In the tenth grade, Lin Zishan transferred from the United States to Aidi, and went through a period of adaptation. However, relying on his own efforts and the help of teachers, he quickly adapted to Aidi's teaching methods and learning atmosphere.

After the transition period, he set up higher goals for himself and

started to take on new challenges. He chose AP courses with a higher degree of difficulty and started to systematically study professional theories of magnetism and electricity and make mechanical models under the guidance of his teachers. He continued his habit of exercise, and at the same time greatly improved his learning efficiency, always ranking at the top.

In life, he is a sunny and handsome boy full of vigor and vitality.

He actively participated in extra-curricular activities, whether it is international competitions, basketball teams, or stage performances. He has also strengthened his organizational, communication, and management skills, apart from academic improvement.

For the future, Lin Zishan already has a preliminary plan in mind, which will be perfected over time. He imagined that one day he might be able to design and develop fitness equipment that is accessible to everyone, and encourage more people to find their favorite sports; he also imagined that he might be able to return to China after studying abroad and establish his own business.

But in any case, sports will be an essential part of his life.

## 2 蒋方繇：走出围城，走向自己

蒋方繇说自己的童年并不是十分圆满，可能物质上没有担忧，但是精神上他却感觉自己始终被困在一座庞大的围城之中。

从小被要求“优异”，报各种课程，争取在考试中获得好成绩，拼绩点，参加各种活动和竞赛，争取获得奖项和头衔，拼荣誉。他在殷切希望所带来的重压下“被迫”投入许多时间去挣得这些“外在的评价”。

而这对人的单一维度评价、而非一个人内心真正的所想所要的过度关注让蒋方繇心中很是迷茫：看不到自己的目的地，不知道自己究竟想要什么？难道自己以后就要遵循外界对成功的定义，学热门专业、上名校、挣钱、成为精英人士，如此按部就班地走下去吗？每个人都有每个人的思想，我们是不是应该慢下来、倾听一下自己的内心究竟想要什么？

让蒋方繇第一次改变的契机发生在十一年级的暑假，他做了一个关于家暴对儿童心理影响的研究，那也是他第一次正式接触到了心理学这门科学。源于对自我探寻的渴望，他对这门洞悉人心与疗愈伤口的学科十分感兴趣。在老师的鼓励下，他开始阅读一些心理文献，寻求破解过去启发未来的理论支撑。他清楚地记得其



中一个课程是“如何正确地认识自我”，这恰恰是他想要向内洞悉的。

他喜欢上了心理学，除了心理学的专业知识外，他还逐渐掌握了做调研、查文献、写报告、准备PPT、站在讲台上侃侃而谈的能力。一开始的蒋方繇还有些紧张、畏怯，到后一次面向老师

们的演讲时，他用感人肺腑的言辞发出呼吁：“关注学生的内心，让他们不要被外在评价所裹挟，成为一个更健全的人。”

如今蒋方繇也被梦校纽约大学心理学专业录取。他笑言，他希望自己也能像爱迪校训‘以爱启迪’所说的那般，帮助更多人寻找内心深处的“自己”。

## 2 Jiang Fangyao: Break through limitations and discover your true self

Jiang Fangyao said that his childhood was not very satisfactory. Although there was no need to worry about material matters, he felt mentally trapped.

He was required to be “excellent” since he was a child. He took various courses, striving to get good grades in exams; he participated in various activities and competitions, fighting for awards and titles. He was pressured to invest a lot of time to be highly rated.

The excessive attention and single-dimensional evaluation made him confused, for it was not what he really wanted. He couldn't find purpose for his life and he didn't want to be

defined by the traditional perception of success and live a mediocre life. Everyone is a unique individual. Why not slow down and listen to voices deep down from our hearts?

The opportunity that changed his life occurred during the summer vacation of the eleventh grade when he did research on the psychological impact of domestic violence on children, and that was the first time he was exposed to in-depth knowledge of psychology. Drove by interest and encouraged by his teacher, he began to read psychological literature, seeking theoretical support to decipher the past and enlighten the future. He clearly remembered that one of the courses was “How to Know Yourself Better”.

He fell in love with psychology. In addition to acquiring professional knowledge, he also gradually mastered skills to do research, look up literature, write reports, prepare presentations, and talk confidently in public. In his last speech to the teachers, he appealed: “Please pay attention to students' inner worlds. Don't let them be coerced by external evaluation, and help them become more well-rounded.”

Jiang Fangyao has been admitted to his dream school, New York University, majoring in psychology. He hopes that he can live up to Aidi's school motto “Enlighten with Love”, and help more people find their inner “selves”.





### 88 3 曹佳文：向着星辰大海的征途进发

调试完成，按下按钮。

“三二一，发射！”

随着“轰”的一声，曹佳文自制的火箭凌空飞起冲上天空。空中小火箭成功分离，降落伞同步打开，最后稳稳落地。

这是曹佳文在暑期个人项目中完成的工程作品，在反复试验后终于成功。

就跟很多男孩一样，曹佳文也是从小对乐高组装、电子设备拆拼感兴趣。上了高中后，他更是选了很多理工科领域的课程进一步深化自己的认识，AP物理力学、电学和磁学以及CS编程和原理课程等等。

虽然理科和工科同样出色，他仍在升学老师的指导下选择了电子工程作为自己大学申请的专业。“相比于理科的理论研究，我更喜欢工科的动手实践，我很想把自己学到的知识应用到现实世界中。”

火星车模型就是他的第一个尝试。

那个时候，曹佳文对火星探测器“祝融号”火星车惊叹不已，于是他用乐高积木做了一辆类似的汽车。为了模仿它特带的相机测量的功能，曹佳文在车上安装了一个智能自拍杆和一个智能手机，他还将在网上购买的太阳能电池板和引擎结合起来，如此便可以实现远程操控并模拟“相机测量”功能。

当我们问起，做实验会不会很枯燥、实验反复失败会不会很挫败时，曹佳文思考了下，回答说，“没有什么是容易的，但我很享受这个过程，无论是挫败还是喜悦。”

就如火箭升天实验中，他用数学方法对火箭轨道实现更精确地计算，他画了无数张零部件原理图的草图，反复实验了几次不同隔热材料，拼装了升空失败了许多次，现在他家里还放着七八个摔坏的火箭残品，他说“每一个摔坏的火箭，都是前进的动力。”

上了大学学习更专业的工程知识，没准儿能让自己的“火箭”飞得更高、更平稳。曹佳文将这个列为自己继续研究的list之一。但我们更期待着，没准儿未来在星辰大海的征途中就会有他的身影，将“航天梦”变成现实。

老师们也没想到同一个宿舍的三人会同时收到纽约大学的录取，但他们能够真切地感受到这个寝室中人与人之间团结、凝聚的力量。

当我们想了解更多他们在爱迪的寄宿生活时，他们说都是一些简单的日常：互相激励、共同成长，在忙碌的考试季一起并肩奋战；在静谧的夜晚，在宿舍里交心谈心，畅想未来；在悠闲吹着微风的傍晚，在篮球场上挥汗如雨；周末，一起去校外探店吃各种美食……

然而，就是这看似平实的故事中，潜移默化地引导这群青少年成长起来，在探知欲最强的年纪对自我、对他人、对当下、对未来渐渐生发了更为深刻的了解。

文章落笔之时，他们刚刚结束自己在爱迪的校内实习。如今，站在毕业的节点，谈起即将奔赴的未知未来，除了激动外，每个人更是满满的不舍。告别老师，告别校园，告别生活了三年的寝室之后，他们不约而同地做下约定，“到了美国之后，我们再一起去美食探店。”

### 3 Cao Jiawen: March forward to unveil the mystery of the sky and the sea

“Three, two, one, launch!”

The button was pressed, and with a rumbling sound, the self-made rocket by Cao Jiawen soared up into the sky. The small rocket was successfully separated in the air, with the parachute opening simultaneously, and finally landed steadily.

This was an engineering work completed by Cao Jiawen in his summer project, and it finally succeeded after trial and error.

Just like many kids, Cao Jiawen was interested in Lego and electronic equipment assembly. After entering high school, he took many courses in science and engineering to further his study in those areas, such as AP Mechanics, Electricity and Magnetism, CS programming, and so on.

Although good at both science and engineering, he still chose electronic engineering as his major for university application under the guidance of his college advisor. “Compared with theoretical research in science, I prefer the hands-on practice of engineering, and I want to apply the knowledge I have acquired to the real world.”

Building a rover model was his first attempt.

At that time, Cao Jiawen was amazed by the Mars rover “Zhurong”, so he made a similar model with Lego blocks. In order to imitate its function of photogrammetry, Cao Jiawen installed a smart selfie stick and a smartphone in the model. He also installed solar panels and engines purchased online, so that it can be controlled remotely and simulate the function of photogrammetry.

When asked whether it was boring or frustrating in the process of doing

experiments, Cao Jiawen thought for a while and replied: “Nothing is easy, but I enjoy this process, whether it is frustration or joy.”

In the rocket experiment, he used mathematical methods to calculate the rocket trajectory more accurately. He drew countless sketches of the schematic diagram of the parts, repeatedly experimented with different heat insulation materials, and experienced failures many times when assembling the rocket. Now there are still seven or eight broken rockets in his home. “They are the driving force for progress.” He said.

He'll continue his research in this area, and his rocket will fly higher and steadier with more professional engineering knowledge in the university. What's more, we expect him to unveil the mystery of the sky, turning the “space dream” into reality.

The teachers didn't expect they were all admitted to NYU at the same time, but they could really feel the strength of unity and cohesion among them.

When talking about their boarding life in Aidi, they all mentioned routines like motivating each other and fighting side by side during finals, talking heart-to-heart in the dormitory at night and imagining the future, playing on the basketball court in the leisurely evenings with the breeze blowing, going outside to enjoy delicious food at new restaurants...

However, it is this seemingly ordinary daily life that exerts a subtle but profound influence on them gradually and cumulatively, helping them build a deeper understanding of themselves, others, the present, and the future at the age when they have the strongest desire to explore.

When the article was written, they had

just finished their on-campus internship at Aidi. In the face of the unknown future they are gonna explore, they were excited but also full of reluctance. After saying farewell to the teachers and campus, they promised each other to explore great restaurants together in the United States.





## 田芮竹 Tian Ruizhu

帝国理工学院  
Imperial College London

当热爱成为专业，  
Turn Passion into Career and Manifest

在奇思妙想中彰显自我  
Personality Through Imagination and Innovation

田芮竹，北京爱迪学校英国高中优秀毕业生，被 QS 世界大学排名 Top6 帝国理工学院电子电气工程专业录取，即将在这所名校开启新的人生篇章。

这个内敛娴静的女孩儿，在学习上稳扎稳打，严于律己，是同学眼中的自律达人。在课外活动中涉猎广泛，乐高、魔方、篮球、足球、做音乐……只要是感兴趣的事，她总要试一试。

与众不同的是，田芮竹不惧失败，敢于尝试，她内心坚定，追求自己的梦想。她犹如一只展翅高飞的雏鹰，何惧天之大地之广，海之阔，山之高。她便是这样一个果敢坚毅的女孩儿。

当她的热爱成为专业，她又是如何在奇思妙想中彰显自我，逐步成长。通过本期系列访谈，让我们走近她的故事。

Tian Ruizhu, an outstanding graduate of Beijing Aidi BSE, was admitted to the electronics and electrical engineering major of Imperial College London ( Top6 in QS World University Rankings) and will soon start a new chapter in life.

This gentle and refined girl progresses steadily in terms of study and is regarded as a master of self-discipline. She has a wide range of extracurricular activities, such as LEGO, Rubik's Cube, basketball, football, and music. Whatever interests her, she always gives it a try.

What sets Tian Ruizhu apart is that she is not afraid of failure, always dares to try, and remains steadfast in her determination to pursue her dreams. She is such a resolute girl, like an eagle spreading its wings and soaring high, with nothing to fear.

Let's get a glimpse of her world and see how she turns her passion into a career and manifests her personality through imagination and innovation.

## 1 用热爱淬炼满腔热忱 梦想与专业并肩前行



“兴趣所在的地方，也就是你能力所在的地方。”

这座城堡是她耗时最久的一件成品，她说最难的是“地基”的搭建，这关乎整个成品是否稳固的关键，在搭建过程中还要时刻考虑如何通过一张薄薄的图纸来搭建一个立体的结构。从二维到三维，从几何图形到立体结构，她发现动手实践可以直观地感受到几何图形的魅力，更加激发起她想探究数学理论的原理，也逐渐形成一题多解的思维习惯和空间观念。

乐高的魅力就在于可以创造无限的可能，这正是田芮竹的想象力一步步转化为极具思维创造力的过程，因她充满对世界无限探索的好奇心和富于喜欢动手实操的体验性人格，让她在数学和物理学习中，融会贯通的运用数学概念和技巧，对物理学充满探索精神和创造力。

一年级就在爱迪成长的田芮竹，高中前曾去国外学习，而在十年级重新回到爱迪的她也曾有过一段难捱的“适应期”，音乐和物理便是陪她度过这一阶段的心灵调味剂。

在10年级，刚刚回国的她在生活和学习上还有些许不适，正巧通过学校举办的一些嘉年华和音乐沙龙活动让她接触到吉他演奏，慢慢她在音乐中找到属于自己情感倾诉的方式。

她开始加入乐队，尝试创作音乐，会在偶然间，脑海中突然灵感乍现，便在电脑或是一张白纸上开始编写，她的电脑上还保存着许多Demo，她说喜欢感受在创作时节奏节拍的律动、弹奏时吉他拨片与琴弦的碰撞，让她在释放情感的同时忍不住探究手中那把吉他的工作原理。

电吉他的发声原理与物理学当中的电磁学密切相关，而此时她发现爱迪英高的A-Level课程中就包含自己很感兴趣的电磁学，本着内心的好奇与求知，她迅速找到了学习的目标。

通过物理知识的积累和对音乐的热情，她开始尝试剖析电吉他的构造，拆卸并重新组装其主要部件，经过几次摸索后她对电吉他内部结构及基本的工作原理有了更清晰的认知，更加激发了她对物理应用的兴趣。



## 1 Realize ambition through hard work and integrate passion into the profession

“Where you are interested is where your ability lies.”

The castle above is the work that consumed the most of her time. The most difficult part was the construction of the “foundation”, which was crucial for the stability of the entire product. During the construction process, she kept researching how to build a three-dimensional structure based on a simple blueprint. From two-dimensional geometric figures to three-dimensional structures, she could intuitively feel the charm of geometric shapes through hands-on practice, which further stimulated her desire to explore mathematical theories.

The charm of LEGO lies in its ability to create infinite possibilities, through which Tian Ruizhu turns imagination into creativity. Due to her never-ending curiosity for exploration of the world and experiential personality, she can apply mathematical concepts and techniques comprehensively and is full of exploratory spirit and creativity in physics.

Tian Ruizhu has been studying at Aidi since first grade. She went abroad before high school and returned to Aidi in tenth grade, after which she had a difficult “adaptation period”, and music and physics accompanied her through that period.

In the 10th grade, she was not used to life and study since she had just returned to China. Coincidentally, through some carnivals and music salons organized by the school, she was exposed to guitar playing, and gradually found her way to express her feelings through music. She joined a band and tried to create music. Occasionally, inspiration suddenly came to her mind, and she started writing on a computer or a

piece of paper. There were many demos stored on her computer. She enjoyed feeling the rhythm of the creation and the collision between the guitar paddles and strings. While releasing her emotions, she couldn't help but explore the working principle of the guitar in her hand.

The sound-producing principle of the electric guitar is closely related to electromagnetism in physics. Then she found that the A-Level course of Aidi BSE included electromagnetism

which she was interested in. With curiosity and thirst for knowledge, she quickly found the objective of learning.

Through the accumulation of physical knowledge and enthusiasm for music, she began to analyze the structure of the electric guitar. After several experiments, she had a clearer understanding of its internal structure and basic working principles, which further stimulated her interest in physical application.



## 2 燃烧热爱的火焰 在自律中勇敢追寻自我闪耀之光

“能约束自己的人，最有威信。”

“她来到英高时成绩不是最顶尖的，但三年里，她做到了始终如一，做任何事情都有自己的计划和明确的目标，这让她的成绩逐步提高。所以我觉得把天道酬勤用在她身上最合适不过。”爱迪英国高中部的崔晓东主任曾这样评价她。

对于未来的电子电气工程学习她做足了准备，高中三年在爱迪的教学模式和老师的帮助下，让她在数学和物理方面早就打下了坚实的基础。

爱迪英高的A-Level数学让她对新技术有了新的认识，其中微积分是她最喜欢的数学之一，她发现把一个原本不可能解决的大问题划分成若干小问题，逐个击破的过程很有挑战性，也渐渐学会用微积分思维解决复杂的问题。

之后她开始有针对性地阅读相关书籍以增加知识储备，研究其复杂理论下朴实的原理，透过表象看本质，追其根本，逐渐形成系统的思维。其中Edward R. Scheinerman所著的《数学爱好者的伴侣：赠与每个人的杰作》一书被她反复翻阅无数次，每每都能有新的启发，她喜欢通过研究书中证明数学问题的方法来理解复杂的数学理论。

很多人第一次捧起这本入门书的时候总是感觉晦涩难懂，而她看到的第一眼就被书中对于证明数学问题方法的描述所深深吸引，所谓“柳暗花明又一村”，之前脑海里散乱的数学知识在读过此书后令她茅塞顿开，结合课堂中学习的数学知识，她渐渐建立起自己的数学系统思维。

她笑着说爱迪英高的A-Level数学让她找到了探究数学理论的乐趣，之后将理论与实

践结合，参加了很多相关竞赛并取得不错的成绩，这是很有成就感的事情，自己很享受研究数学证明时思考的乐趣，那些基本的数学理论原理在她的数学世界里渐渐有了雏形。在谈论数学时她双眼放光，侃侃而谈，她说喜欢数学的简洁纯粹，这让她忍不住多了解一些背后的原理。

她将在A-Level学习中慢慢建立起的数学思维应用于理解和运用物理。而物理不仅仅需要扎实的理论，还需要富有创造性的实践能力，田芮竹恰恰就是一个动手能力很强的孩子，她喜欢从实践中体验自我成就的感觉，认为只有将理论与实践结合才能真正对事物有更直观的感知。

田芮竹在团队中是一个打着“自律”标签的领头人。她能很好掌控自己的学习进度和方向，制定每一个学科的学习目标和时间安排，严格要求自己优先完成课业之后再考虑其他的事情。最难能可贵的是能在约束自己按时完成课业要求的同时，带领身边的同学一起以自律的态度严格计划学习时间，保证高效率的学习。

在课外活动中她加入了一个乐队并担任队长，在乐队担任队长的过程中，她越发的学会与队员沟通交流，及时鼓励成员练习，细心的关注到每一位成员，不断承担起团队领头人的责任与担当，偶尔还会跟团队一起打篮球促进感情，从中更加明白团队合作的价值。她在合作中不断自我成长，也在沟通交流中逐步学会表达。

## 2 Ignite the flame of love and bravely embark on a journey of self-exploration



“He who can restrain himself has the greatest prestige.”

“When she joined Aidi BSE, her grades were not at the top. However, in the past three years, she set up clear goals and with persistence, her grades gradually improved. Hard work pays off.” Cui Xiaodong, director of Aidi BSE, once commented.

She is well prepared for her future studies in electronic and electrical engineering, and has laid a solid foundation in mathematics and physics with the help of Aidi's teaching model and teachers during her three years in high school.

A-Level Mathematics gave her a new understanding of cutting-edge technologies, with calculus being one of her favorite courses. She found it challenging to break down a previously impossible big problem into several small problems, and gradually learned to use calculus to solve complex problems.

She began to read relevant books

to increase her knowledge reserve, study the simple principles underlying complex theories, see the essence through appearances, and gradually form systematic thinking. Among them, Edward R. Scheinerman's *The Mathematics Lover's Companion: Masterpieces for Everyone* has been repeatedly reviewed by her, each time with new insights. She likes to understand complex mathematical theories by studying the methods used to prove mathematical problems in the book.

People feel obscure when they hold this introductory book for the first time, while she was deeply attracted at first sight by the description of the method of proving mathematical problems. She was enlightened by the book, with the scattered mathematical knowledge in her mind began to make sense, helping her gradually establish her own mathematical system.

When discussing mathematics, her eyes lit up and she talked eloquently about how A-Level Mathematics helped her find the fun of exploring mathematical

theory. It was fulfilling that she had great achievements in many competitions by combining theory with practice. She enjoyed the fun of thinking when studying mathematics. Those basic mathematical principles gradually took shape in her mathematical world. She said she liked the simplicity of mathematics, which made her can't help but understand more about the principles behind it.

She applied the thinking approach established through A-Level to the learning of physics which not only requires solid theories, but also creative practical abilities. Tian Ruizhu is exactly a girl with strong hands-on abilities. She enjoys the feeling of self-achievement through practice, believing that only by combining theory with practice can she truly have a more intuitive perception of things.

Tian Ruizhu was a self-disciplined leader in her team. She had good control over her learning progress and direction, set goals and schedules for each subject, and strictly prioritized coursework over other things. Her most precious trait was disciplining herself while at the same time leading her classmates to strictly plan the study schedule and ensuring efficient learning.

In extracurricular activities, she joined a band and served as the leader. During the process, she took on the responsibility as the leader and became more patient in communication, paying close attention to each member and encouraging them to practice on time. Occasionally, she also played basketball with the team to bond with them. She has gained a better understanding of the value of teamwork and continuously improves her overall abilities such as communication and expression.



### 3 追求源于热爱 热爱成就追求

“知之者不如好之者，好之者不如乐之者。”

田芮竹即将踏入电子电气工程的探索世界，她希望未来的自己学有所成后能在人工智能领域不断探索深耕，而这一追求也源自她的热爱。

她很喜欢电影《钢铁侠》，喜欢这个庞大漫威宇宙中最受欢迎的英雄。而从钢铁侠的科技角度来看，不难发现不管是她的专业选择，还是未来人生方向，都有钢铁侠的影子，那种纯粹迷人的理工思维与她所追求的创新和探索未知的理念有着相似性，追求极致，不断探索。

钢铁侠身上强大的防御力、安全监测能力、以及完善的系统等人工智能的展现可以说是她灵感的触发点，让她对自动化和人工智能产生了极大的兴趣。

她希望未来通过电子电气工程的学习，可以研发出改变生活条件的人工智能，或是灾难的预测，或是改善老年人生活等。她相信钢铁侠中的某些技术，终将照进未来，照进现实。

在音乐创作的过程中，她一直对电吉他的演奏原理很感兴趣，正好有机会参与到学校的EPQ项目研究选题，经过一番思考后，她便应用了自己最喜欢的物理学领域中的电磁学，来研究电吉他演奏的物理原理，根据对振动和波浪的了解，研究不同厚度的拨片和拾音器位置对琴弦发声的影响，使她发现将物理学应用于音乐是那样有趣。

通过对数学和物理的深入理解和实践，在老师的帮助下，她了解到与之相关的电子电气工程专业，这个学科有悠久而深厚的历史，而英国在此领域上培养的人才更加具有创造思维和尖端技术的设计理念，她开始憧憬并且更加热衷于在此领域继续深造，期待将来参与更多的项目，对于自己未来的专业方向有了清晰的目标。

“人类的生命，不能以时间长短来衡量，心中充满爱时，刹那即为永恒！”

田芮竹喜欢探索一切未知，她毫不保留的热爱生命，敬畏生命，这都源自于她内在的人格强度。

得益于爱迪学校对学生公益意识和社会责任感的培养和教育，她在高中时期加入慈善俱乐部，每周都会去一次养老院，为老年人提供照顾和陪伴，在和养老院工作人员沟通和交流老人需求过程中，她慢慢发现目前老年人的生活存在诸多不便，在基础设施上还不够完善。

所以她也在思考如何在满足老人的精神需求之外，通过科技来提高老人们的生活质量和幸福感，所以在她未来的规划中，她希望通过电子电气工程的学习，可以洞察生命的意义，让人工智能的技术创新改变人类的生活条件，造福社会。

奇思妙想的乐高拼搭，灵感乍现的音乐创作……每一个精彩瞬间都是她独特自我的彰显。她喜欢数学，热爱物理，对人工智能有着极大的兴趣，未来也将在电子电气工程领域深造，当热爱成为专业，相信她会带给我们无限可能。

希望她可以继续热爱中不断探索，用坚持实现自我成长，寻找属于她的世界。热爱为帆，梦想做帆，不惧风雨，逐浪前行，去迎接充满挑战的未来吧！



### 3 Ambition comes from passion and passion contributes to ambition.

"In the pursuit of knowledge, curiosity is more important than knowledge itself, and interest is even more important than pure curiosity."

Tian Ruizhu is about to enter the world of electronic and electrical engineering. The ambition to continuously explore the field of artificial intelligence stems from her passion.

She loves Iron Man, which portrays the most popular hero in the Marvel universe and continuously influences her professional choice and future life direction. The charming and pure scientific thinking has similarities with her constant pursuit of innovation and exploration of the unknown.

Iron Man's powerful defense, security monitoring capabilities, and comprehensive systems greatly inspired her and sparked her great interest in automation and artificial intelligence.

She hopes to develop artificial intelligence that can change people's living conditions, predict disasters, or improve the lives of the elderly through electronic and electrical engineering. She believes that certain techniques in Iron Man will eventually shine into the future and reality.

In the process of music composition, she has always been interested in electric guitar. When having the opportunity to participate in the EPQ research project, she applied electromagnetism, her favorite field of physics, to study the physical principles of the electric guitar. Based on her understanding of vibration and waves, she studied the impact of different picks and pickup positions on the sound production of strings. It made her realize how interesting it was to apply physics to music.

Through the deep understanding and practice of mathematics and physics, and with the help of her teacher, she learned about the related field of electronic and electrical engineering. This discipline has a long and profound history, and the talents trained in the UK have more creative thinking and cutting-edge design concepts. She aspires to continue her studies in this field, looks forward to participating in more projects in the future, and has clear goals for her future professional direction.

"Human life cannot be measured by the length of time. When the heart is filled with love, the moment is eternal."

Tian Ruizhu enjoys exploring all unknowns, and her unreserved love and reverence for life all stem from her personality.

Thanks to Aidi's cultivation of students' sense of public welfare and social responsibility, she joined a charity club in high school and went to the nursing home once a week to provide care and companionship for the elderly. During the process of communicating with nursing home staff, she gradually

realized that there are many inconveniences for the elderly and that the infrastructure is not yet perfect.

So she has been thinking about how to improve the quality of life and happiness of the elderly through technology, in addition to meeting their spiritual needs. She hopes to gain insights into the meaning of life through her study and enable the innovation of artificial intelligence technology to change human living conditions and benefit society.

Lego collage with fantastic ideas, music composition with sudden inspiration... every wonderful moment is a manifestation of her uniqueness. She loves mathematics, physics, and artificial intelligence, and will also further her studies in the field of electronic and electrical engineering. When passion becomes a profession, infinite possibilities are awaiting her.

She'll continue to explore and grow through persistence and find the world that belongs to her. With love as the ship and dreams as the sails, may she be fearless of wind and rain, move forward with the waves, and embrace a challenging future!



